ANTI-PLAGUE

You can make this in a stainless steel pot in your kitchen – garlic smells strong, but this is very effective.
Take 1 – 3 tsp daily.
8 oz. Comfrey Leaf, cut, not powdered
8 oz. Mullein Leaf, cut
4 oz. White Oak Bark, cut
4 oz. Marshmallow Root, cut
4 oz. Black Walnut, cut
4 oz. Scull Cap, cut (process these together)
4 oz. Gravel Root, cut
4 oz. Lobelia, cut (process these together)
4 oz. Wormwood, cut
5 pounds of peeled or unpeeled, whole garlic cloves, minced (put in blender- peas size, not pureed)
2 Quarts Raw Apple Cider Vinegar
1 Gallon Raw Apple Cider Vinegar
1 Gallon Vegetable Glycerin
6 Cups Honey, Raw
7 Gallons Distilled Water

KEEP OUT OF SUN
1st Day: Put 4 large handfuls of garlic in blender and cover with 1 cup of apple cider vinegar (acv) & chop quickly to get the pea size chunks. DO NOT PUREE. Repeat until all garlic and 2 quarts of apple cider vinegar is processed in blender. Place in gallon jar for four days with a lid that allows airflow. Stir once a day using a wooden spoon. Because of the strong odor, you will want to keep this outside or in the storage room. On the fourth day, strain and wring garlic juice thoroughly through a cloth, eg. muslin. Keep the juice & discard the dry pulp. To this garlic mixture, add 1 gallon apple cider vinegar, honey, glycerin and stir with a wooden spoon.

3rd Night: Add 64 oz. Distilled water to each of the herbs. You will need 7 gallon glass jars to do this as each one is processed separately, except the herbs listed above that can be processed together. Soak herbs and distilled water overnight.

4th Day: Using glass or stainless steel cookware, boil each herb with water mixture separately on medium-high heat 15 minutes. Then simmer each mixture 15 minutes. Strain off liquid and pour into garlic mixture. Stir with wooden spoon. Cover herbs with another 64 oz. distilled water and repeat the boiling-simmering process one more time. After processing the herbs the second time, strain off liquid into garlic mixture and discard the herbs.

This Anti-Plague formula needs no refrigeration.

<u>Suggested Use:</u>
Maintenance:
Adults 1 T per day
Children (8-12) 2 tsp per day Children (3-7) 1 tsp per day Children (1-2) ½ tsp per day

Acute Symptoms:
Adults 1 T per hour
Children (8-12) 2 tsp per hour Children (3-7) 1 tsp per hour Children (1-2) ½ tsp per hour

Shake well before each use.
Store in dark, cool place. "Mother" may accumulate at the top of the bottle. This is normal because of the cider vinegar it contains. Do not remove it. Shaking the bottle well before each use will take care of the "mother".

Here is a different Anti-plague formula:

Mix these liquid ingredients:
8 parts apple cider vinegar
5 parts glycerine U.S.P.
5 parts honey
2 parts garlic juice fresh
2 parts comfrey root concentrate
1 part wormwood concentrate
1 part lobelia leaf or seed concentrate
1 part marshmallow root concentrate
1 part black walnut concentrate
1 part mullein leaf concentrate
1 part scullcap leaf concentrate
1 part uva ursi concentrate.

You could try and make this easier by using tinctures for the concentrates, however, to make concentrate: Each concentrate should be made individually. Start by soaking the herb for 4 hours or more in enough DISTILLED WATER to cover it completely. After soaking, add more distilled water so that the total added equals 16 oz (1/2 litre) water per 4 oz. (113 gr) herb. Use a multiple of these amounts for a larger quantity of formula. Using these amounts approximately one gallon (3.751) of the formula will be produced.

After adding the appropriate amount of distilled water to the soaked herb, simmer the herb on very low heat on a covered pan or double boiler for 30 minutes. Then strain the liquid into a clean pan. Put the liquid into a double boiler or on very low heat (uncovered) and simmer (steam) it down to 1/4 of the original volume (4 oz./125 ml). Only after all ingredients have been prepared should the liquids be mixed.

Do not use aluminum, teflon, or cracked porcelain. Glass, corning ware or stainless steel or whole porcelain are best.

Dosage: 1 tsp 3 times day or 1 tbsp every 1/2 hour if infected.