ASPIRIN OR TYLENOL OVERDOSE

Symptoms may include nausea, vomiting, rapid breathing, stomach ache, disoriented. In severe overdoses there may be convulsions and coma.

Take 1-5 tablespoons charcoal powder in water, then for the next hour drink an 1 teaspoon of charcoal in an 8 ounce glass of water every 10 minutes.

Then drink 1 teaspoon charcoal in a glass of water every two hours for the next 12 hours.