BITES (eg. Mosquitoes, bees, spiders)

Remove any stinger left in the skin by gently scraping it out (don't pull out with fingers or tweezers) but use your fingernail or the edge of a credit card if nothing else is available. Don't squeeze the stinger or attached venom sac which can inject more poison into the skin.

If you have an allergic reaction in the past, you probably have an epi-pen to use. If not, you can go to the hospital if you have any reaction.

For the poison, swelling - dab area with either 3% hydrogen peroxide (can get at any drug store) or rubbing alcohol. If you don't have them, you can make a paste of baking soda and water to apply to the sting to stop any itching. Other people have used oil of oregano or tea tree oil on the area.

Other options are to take some charcoal powder and place it on a cotton ball, putting it on the affected area, cover with a bandage.

Apply an ice cube to the area can also bring relief.

Homeopathic Apis is homeopathic bee venom. It is good to keep a number of different options at home in case you need. Even when a product is expired, it is still usable for many years. 6X or 30C is fine for strength. Take 60 drops internally (adult dose) a few times a day (half that dose for child)

Homeopathic Belladonna helps with intense pain. 6X or 30C is fine for strength. Take 60 drops internally (adult dose) a few times a day (half that dose for child)