The Breuss Cancer Treatment

(also can be done as cancer prevention, as regeneration treatment- take 1/1-1 cup a day and before eating always drink a small amount of the juice and sage tea and kidney tea); for losing weight; as a springtime elimination; to cleanse and improve the blood and for joint/arthritis improvements)

IMPORTANT NOTES:
Do not bother doing this treatment if:
you continue to smoke *
if you have poisons in the house (such as moth powder, insecticides, sprays, air fresheners).
Watch for
naphthalene, camphor, DDT, Fly spray, air cleansers.
avoid eating warmed up leftover food

If the cancer is far advanced, it is better to use organic vegetables and follow the juice mixture precisely. One to two bowls of onion broth should be taken every day (just the liquid, not the onion). If you have liver or gallbladder cancer, never eat a whole bowl of onion broth in one sitting. Take 10 tablespoons of the warm liquid every hour. In addition drink 1/2 (125ml) wormwood tea per day. To prepare tea for the first 5-6 days steep one small pinch wormwood in hot water for 10 seconds. After that steep only 3 seconds because otherwise it will be too strong. Breuss believes cancer is not a disease, but an independent growth and medication, even homeopathics can't help. The growth can only be starved off with the juice treatment. If heart support needed use 20-40 drops hawthorn tincture in the morning (according to body size).

In 1990 just before his death Breuss substituted calcium and potassium with a tea made from Plantago lanceolata, Plantago Major, Iceland Moss, Lungwort, Ground Ivy, Mullein and Meum mutellina (Ligusticum mutellina).

Breuss Vegetable Juice Mixture:
3-5 beets (9.6 oz)
1-5 carrots (3.2 oz)
1-5 celeriac (3.2 oz)
a little black radish
one potato (size of an egg)
It is not crucial to use potato juice unless you have cancer of the liver, then it is absolutely necessary. Instead of adding the potato to the juice mixture, you can drink a cup of potato peel tea each day. This tea is to be slowly sipped cold.
To prepare the tea, take a handful of potato peelings in one cup of water and boil for 2-4 minutes. If this tea does not taste good, then your liver does not need it, so you do not have to drink it.
Using a juicer,(or press the vegetables the old fashions way), then put the juices through a tea strainer or a linen towel. There is a tablespoon of sediment for each quarter liter of juice which must NOT be consumed. This sediment would made the

juice more difficult to drink and would serve as food for the cancer.

During this time you may lose 11-33 lb but should feel quite well during treatment. It is better if, a few days before starting this treatment, you drink approximately 1/4 liter (1 cup or 250 ml) of this juice a day Drink the juice slowly with the help of a spoon. Don't swallow it immediately but let the uric remain in the mouth for a few moments. Every now and again Breuss allowed a patient to have a mouthful of sauerkraut juice which was beneficial to the patient. This juice is now available on the market already made for you if you can find it.

Sage Tea:
If you use as a gargle, steep in hot water 10 minutes.
But to use as a drink, you must boil exactly 3 minutes.
Place 1-2 teaspoons of sage leaf bits in 2 cups (500 ml) of boiling water. Boil for 3 minutes, let cool. Sage contains a large amount of essential oils which are good for gargling, but for drinking these oils must be removed and after 3 minutes the oils are boiled away and the vital enzymes are released which are important for the health of all glands, the bone marrow and the spinal discs. Once the sage tea has been boiled, you should add 1 teaspoon each of St. John's Wort, Peppermint and Lemon Balm, then let everything steep for another 10 minutes. This tea is the most important of all the teas and should be drunk throughout your life.

Kidney Tea:
15g (.53 oz) Horsetail (equisetum)
10g (.35 oz) stinging nettle, best collected in springtime
8g (.28oz) knotgrass (polygonum aviculare)
6g (.21oz) St. John's Wort
This makes enough to last for 3 weeks. Place a pinch (the amount you can hold between your thumb and two fingers, for coarsely cut herb; if finely cut, take 1/2 a tablespoon) into 1/2 cup hot water, let step 10 minutes, then strain out the tea leaves, set aside the liquid. Add another cup of hot water to the strained tea leaves, then boil for 10 minutes. After this strain and pour the two liquids together. Why is the kidney tea prepared like this? Kidney tea contains 5 substances which must not be boiled away. But there is a sixth substance, silica, which dissolves only after 10 minutes of constant boiling. Kidney tea treatment is to be taken ONLY THREE WEEKS. One 1/4 cup (60ml) taken cold, should be sipped on an empty stomach first thing in the morning; take another quarter cup just before lunch and the last quarter cup at night before going to sleep. During this time all meat should be avoided. Kidney tea should be taken during every illness for a period of three weeks. It is especially important before surgery and when suffering from infections and inflammations. As a disease preventative, the kidney tea treatment can be taken 3-4 times a year, but allow intervals of at least 2-3 weeks between treatments.

Cranesbill Tea:
Steep a pinch of leaves of herb Robert (Geranium robertianum) also known as red cranesbill, in one half cup of hot water for 10 minutes. Slowly sip one half cupful of cold tea each day. If you notice any side effects, consult your naturopathic doctor.

Cranesbill tea is vital for all malignancies, especially if you have received radiation treatment, because the tea contains a small amount of radium.

Onion Broth:
Cut an onion the size of a lemon into small pieces without removing the outer brown skin. Roast the onion golden brown in a little olive oil, then add 1/2 liter (2 cups or 500ml) cold water. Cook until onion is soft, then stir in a vegetable bouillon cube. Pass the broth through a sieve taking only the clear liquid without the onion. You will find the broth very tasty.

THE TREATMENT:
Follow it exactly. No you can't eat a little bread, honey, eggs or vegetables, or drink juices unless it is stipulated.

The juices mentioned are to be taken as indicated. A little lemon juice can be added, but never apple juice. Freshly squeezed apple juice is allowed in between by itself, but never nixed with other juices. You can drink as much sage tea with St. John's Wort, peppermint and lemon balm as you want, but do not add any sugar.

It is preferable not to eat anything. The only medication Breuss recommended was insulin for diabetes. He said if you don't solely rely upon the vegetable juices and teas he recommended, the treatment would not work. He said 40,000 cancer patients recovered from his treatment.

What about exercise and fresh air? Yes, that is good. Do a little work to take the mind off eating and the illness rather than rest in bed most of the time

1. **First thing in the morning, slowly drink 1/4 cup (60ml) of cold kidney tea. 30-60 minutes after, sip 1/2 - 1 cup warm sage tea with St. John's Wort, peppermint and lemonbalm.**
   30-60 minutes later take a small mouthful of the juice mixture - don't swallow it right away, allow it to get thoroughly mixed with saliva in the mouth. 15-30 minutes later take another small mouthful of vegetable juice or wait until hungry again.
   During the morning take the juice approximately 10-15 times but only if you crave it. In between drink sage tea which can now be taken cold and in any desired quantity. Never add sugar during the juice treatment.
2. **At noon drink another 1/4 cup kidney tea.**
   In the afternoon the patient will frequently need a mouthful of the juice. No more than 1/2 liter (2 cups or 500ml) of juice per day is allowed, but less may be taken
3. **Before going to sleep drink another 1/4 cup kidney tea.**

Remember to drink the kidney tea only during the first 3 treatment weeks. When following the Total Cancer Treatment (6 weeks) and the Half Treatment (3 weeks), the vegetable juice must be taken as specified and in conjunction with the teas. Do not drink the vegetable juice alone.

Take it only by the mouthful and mix with saliva.

Take 1/2 cup cold cranesbill tea a day, sipping it by the mouthful, mixing it with saliva which aids in the digestion. Special Treatments Besides the kidney tea and sage tea, some special cases (cancer in different areas of the body) require additional teas:

For Constipation:
If this becomes bothersome, start a series of enemas using camomile tea or drink a mild laxative tea or gently insert a piece of hard butter into the anus. Because of the juice treatment, the blood in the portal vein becomes so stimulated that whatever is in the intestines is fully utilized by the body, therefore there may be hardly any bowel movements or even none.

Cerebral Tumor:
1/2 - 1 cup lemon balm tea a day. Swallow it slowly when cold. Place a pinch of lemon balm in one half cup very hot water and let steep 10 minutes.

For all Cancers:
A tea rich in calcium such as the ones recommended for bone and lung cancer, are also good for other types of cancer. The patient will not experience any lack of calcium or potassium while drinking this tea for treatment.

Cancer of Eyes:
1/2 cup cold eyebright tea a day, swallowed slowly. Steep pinch of the herb in 1/2 cup very hot water 10 minutes, strain and let cool.

Cancer of the Stomach:
One cup of cold wormwood tea or lesser centaury tea, swallowed daily. To make: small pinch for only 3 seconds in a cup of very very hot water to draw. Should your stomach still feel jumpy, then also drink a cup of valerian tea with wormwood every day: 1/2 tsp of valerian root in a cup of water and cook for 3 minutes, then in 3 seconds pour over a small pinch of wormwood.

Cancer of Spleen or Pancreas:
Drink a least 1 liter of warm or cold sage tea per day.

Bone and Lung Cancer and Lung Tuberculosis:
Drink tea made from plantain lanceolata or broadleaved plantain (major), Iceland Moss, Lungwort, Ground Ivy, Mullein and Meum mutellina herb. These teas are rich in calcium. Put the herbs together in very hot water and steep for 10 minutes. Not all the herbs need to be included in the tea. Drink as much of this tea as you want, the more the better. For TB swallow one teaspoonful of broad plantain lance per day with some water or tea.

Breast, Ovarian and Uterine Cancers:
Drink 1/2 cup cold silvery lady's mantle tea and white dead nettle aka blind nettle. Swallow slowly. To prepare take a pinch of silvery lady's mantle tea, add a small pinch

of white dead nettle and steep in one half cup very hot water 10 minutes. Leukemia Breuss feels leukemias are not cancer of the blood but a decomposition of blood because the portal vein circulation is diseased. He also believes that Leukemia is an emotional disease and feels the disease is caused by mental depression. Hanna Kroeger also found Leukemia to be an emotional disease and when she examined the homes of the children with leukemia, she found the parents were fighting and causing emotional upset in the child. Watch your frame of mind. Depression can be caused by a simple thing - find the cause of your depression, try to eliminate it through deep relaxation.

For the Leukemia treatment:
Each day drink 1 cup (1/4 liter) of the Breuss vegetable juice for at least 42 days but do not do the complete treatment.
Aside from drinking the juice you can eat what you enjoy except no beef soup and no pork.
Drink the vegetable juice by swallowing it slowly. Use it throughout the day but especially shortly before meals. It is also important to take careful note of the information on kidney tea, sage tea.
Avoid warmed up meals and poisons (such as moth powder, insecticides, sprays, air fresheners in the house).

Prostate/Testicular Cancer:
Daily sip one cup of cold tea made from the small flowering willow herb (epilobrium parviflorum). Put a pinch into very hot water and steep for 10 minutes.

Liver or Gall Cancer:
Never eat a whole bowl of onion broth in one sitting. Take 10 tablespoons of the warm liquid every hour. In addition drink 1/2 (125ml) wormwood tea per day. To prepare tea for the first 5-6 days steep one small pinch wormwood in very hot water for 10 seconds. After that steep only 3 seconds because otherwise it will be too strong.

In 1990 Breuss said those with liver or gallbladder problems should drink a broth of bean pods instead of onion broth. For cancer of the Liver drink 1 very hot or cold cup of potato peeling tea a day. Put a handful of raw potato peelings in one cup of very hot water, boil for 2-4 minutes. If this tea tastes agreeable, then the liver needs it. If it tastes disagreeable, you do not need it.

If you suffer from cancer of the liver, prepare cabbage packs or compresses, then rub the affected areas with olive oil or oil of St. John's Wort(St. John's Wort steeped in olive oil). These cabbage packs or compresses are to be recommended to treat all forms of cancer and are best applied to the small of the back. For instructions preparing cabbage compress/pack, see later in these instructions.

Cancer of the Gums, Lips, Tongue, Neck Glands and Larynx:
Use pimpernel tea (pimpinella magna - Greater Burnet Saxifrage) as in diphtheria but drink throughout the entire 42 day treatment. Put a tablespoonful of this tea into your mouth, rinse your mouth with it or gargle and then spit it out again. Do the same with

the second tablespoonful. With the third tablespoonful do the same, but this time swallow. Do this several times per day. To prepare, put one teaspoonful of pimpernel herb into one half cup of water and boil for three minutes.

<u>Skin Cancer (approx 1/2 - 1 cm in diameter)</u>
Swab the affected part several times daily with fresh Greater Celandine juice (chelidonium majus). The herb yields a yellow, bitter juice when plucked. If the spot is quite large, swab only around the part touching the healthy skin. In winter use Greater Celandine herb tea for swabbing or washing but only around the affected area. Put a pinch of Greater Celandine herb into one half cup of very hot water and let steep for 10 minutes. Apply still lukewarm. Do not apply this solution to open wounds!

AFTER OPERATIONS:

Immediately following an operation, you must not start the Breuss Cancer Treatment. Wait at least 2-5 months, depending on how you feel. During the waiting period drink 1/4-1/2 cup a day of vegetable juice, and eat food such as gruel soup, vegetable soup, vegetables and maybe organic chicken or veal or other light foods.

Before each meal, sip the juice and drink the teas recommended earlier (sage tea and kidney tea). Only start the Breuss Treatment when you feel well and strong enough.

AFTER DOING THE 42 DAY TREATMENT

It is important to SLOWLY start to eat light food again. The food should be low in salt. For a 2-4 week period after the treatment continue to take 1/4 cup of vegetable juice a day, taking one mouthful at a time prior to eating your meals. To feel must better faster, three times daily take a tsp of BIO-Strath Elixir or 2 Bio-Strath Yeast Tablets.

These natural remedies can be taken for a few months or until you feel well again