CUTS, SCRAPES

- **Honey feeds bees and protects the hive, and it does the same for us. It is antibacterial, antifungal and you can smear it on a cut or scrape to help the skin heal and protect itself.**

- **Keep the area clean, bandage if you need to protect the area from dirt.**

- **Hydrogen peroxide (the 3% you get from the drugstore) will kill bacteria infections, dab or spray it on the area and if it bubbles, the infection is still present.**