# CYSTS

**Dr. Tennant says any cyst in the body is because of a lack of iodine. You can get food grade iodine in health stores, and if not available, can use kelp, seaweeds, dulse etc.**

**Dr. Christopher treated cysts like boils. He changed the person's diet to vegetarian, no fried foods, no junk foods, no dairy and he found the body healed itself.**