FACIAL MASK (for blackheads etc)

4 Tbsp baking soda
Add enough water to form a paste
Brush thinly on the area you want to extract blackheads.
Leave on 15 min then rinse off with warm water.
Cleanse hands, cover fingertips and proceed to extract the blackhead or use 2 q-tips to extract. The mask softens the blackhead so it comes out easy.