GRIEF

Bach Flower Remedy test all to see which one applies

Homeopathic Ignatia - top remedy for grief and effects of grief, loss or disappointed love. For the aftereffects of any strong emotion. Silent brooding, much sighing, sometimes hysteria. Changeable moods - laughing then crying. Weeps when alone. Sensation of a lump in the throat, insomnia, or loss of appetite. Hysterical paralysis. Worse from warmth, coffee or the odor of tobacco. For physical ailments that began after grief or other strong emotions.