HAIR

HAIR REMEDY FOR GROWTH

1 Tbsp rice put in small pot
Add 2 teabags of either black or black tea
Add a cup of water, mix around a little.
Boil for 10 minutes. Cool. Strain.
Store in small jar. Can keep up to 2 weeks in the refrigerator.
Apply well to your scalp using a spray bottle. Massage for 2 minutes, cover with plastic wrap or shower cap and leave for 2 hours..
Now wash your hair with shampoo.
Repeat twice a week.

Alternative remedy:
Put ½ cup fine chopped onion into jar. Add 2 tea bags.
Add 150ml olive oil
Close tightly, leave in dark place for 7 days.
Strain, discard onion and teabag.
Heat the oil in a hot water bath before using, then apply to scalp and massage well into the scalp.
Cover with shower cap or plastic wrap. Leave for 1 hour, then wash hair with shampoo.

HAIR REMOVAL

Mix: 1 Tablespoon of white flour, 1 Tbsp coke, 1 Tbsp lemon juice, 1 Tbsp Colgate or similar toothpaste, 1 tsp white vinegar. Make into paste, spread on hairy skin, leave 5 min, then rub off with rough tissue.

To keep hair away:

4 tsp coke mixed with 1 tsp baking soda. Stir, add 1 tsp white vinegar, stir, add 2 tsp lemon juice. Stir, dip a tissue or similar into mixture, apply to skin after hair has been removed. Leave on for 2 hr and then wash off.