KIDNEY CLEANSE

If minor kidney problem, drink 6-8 oz cranberry juice (or take caps) for 30-90 days to clean out kidney. If really in bad shape - get a can of Budweiser (has to be non-formaldehyde beer).

Open can in the morning, pour into sauce pan, cover with a towel and at bedtime drink 8 oz of the flat beer. When it comes out the next morning it will come out thick, stinky and green, but it goes through and cleans out the gunk and dirt from the kidney.