IRIDOLOGY
LESSON 4

MARKS IN THE IRIS

Transversals:

- little lines running crosswise
- represent different levels of inflammation in the body eg. if many transversals in back area it means there is a low grade infection in the back area
- basically mean overall congestion rather than specific to one area

Adhesions:

- transversal scarring type of mark
- common after surgery
- areas of pain, identified by transversal scarring type mark

Radii Solaris:

- spokes radiating from interior of iris out
- two types:
  - major: from ANW outward
  - minor: from ANW inward



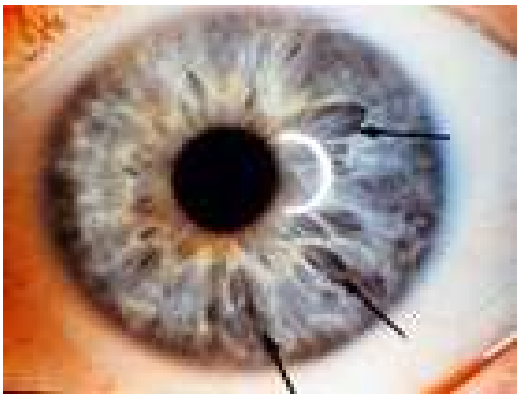
What they can mean:

- It is thought that when they originate inside the stomach or bowel zone and penetrate the ANW it is more serious
- there is a lot of conflict as to what they mean but they do mean there is a large amount of toxins in the area they represent. Most common area is sinus area.
- another theory says it represents bad past karma
- another theory says it represents parasites throughout the body.
- it has been thought that if contraction/nerve rings are also present, it is harder to rebuild health
- they will always be there, they will never completely go away, however as health improves they fade.

Lacunas

- this is from the German system, represent different shapes of lesions, not to be taken as gospel

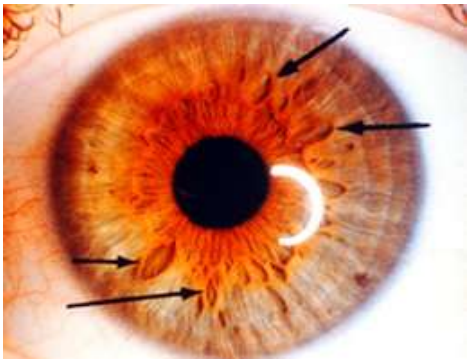




Open: see above. Normal lesion with active open blood supply, can be in any level of inflammation. Can be fixed up easily.

Closed Lacuna: closed itself of major blood supply (smaller nutrients to area). Chronic or sub-acute problems, occasionally acute inflammations. If darkened, chronic. Harder to work on. Often can be associated with cysts, tumors.





Pear Lacuna: closed, pear shaped. Precursor for cancer perhaps, definitely more serious anyhow.

Lance Lacuna: Leaning towards cancer.

Torpedo Lacuna: can be genetic weakness, tumor, cyst. Not as bad as lance.

Step Lacuna: Weakness in pancreas no matter where it appears in body. Usually shown at four corners of eye: 4:30 7:30 10:30 1:30 and some believe if you see a step lacuna in all four of those locations that person has severe cancer, whether it is true or not???

Shingle Lacuna: same as step lacuna, only tipped over in shape.

Honeycomb Lacuna: Hormone imbalance somewhere, deficiency of minerals in body usually micro-nutrients. Endocrine imbalance.

Rhomboid (diamond) Lacuna: Find it over heart area, indicates heart problem.

Asparagus Lacuna: Person has strong chance of cancer. However it has shown up when person only has cyst so???

Psora:

There has been much controversy over these marks. Some feel they are drug deposits, some feel they are just tissue of poorer quality, however this is the latest finding after much study on cadavers in Germany

It is also said they are deposits of enzymes associated with organ cell damage. See the organ they are situated on, was it the organ that caused this?



The colours give some clue:

- **dark brown: liver involvement**
- **reddish brown: blood**
- **orange: pancreas**
- **yellow: kidneys**

Large area of different colour in iris:

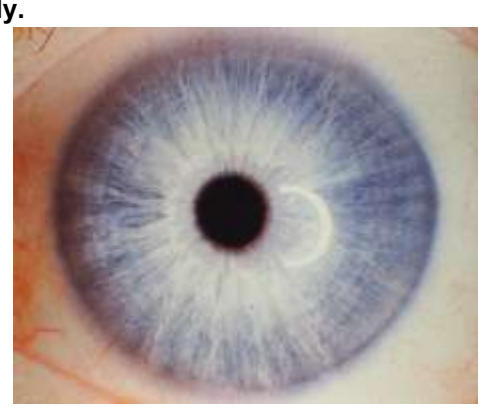
It you see a large area that is a different colour than the rest of the iris, it could be an area where a drug, heavy metal, or inorganic substance has settled.

Where the affected area shows discoloration, as an actual part of the fibers and in some cases it will be so entrenched in the tissue that the iris fibers themselves will not be discernable in that area.

Check the person's gum line as an indication of lead or mercury poisoning. Doing a hair/mineral analysis helps identify exactly which metal is involved if in fact a metal has been deposited.

Increased Tissue Acidity: (White fibers over eye)

This can be the end product of metabolism $C0^2$ and water so almost everything we eat ends up as acid in body.



Simple carbos/sugars are extremely acid forming foods, so are meats, coffee, tea, alcohol, spices, fruit not vine ripened.

The body uses sodium to neutralize this acidic condition and most people are deficient in natural sodium (kelp, celery, parsley) therefore body is forced to draw upon its storehouse of this mineral which it takes from the stomach and joints.

The stomach gives up its supply of sodium which encourages acid-stomach. If we take anti-acid at this stage it may begin a gastric ulcer.

This person will need a very low acidic diet, above all no red meat or pork but fish and fowl, coffee, pop, sugar. They should start feeling better in 30 days.

Hyper Alkaline Tissues (White fibers over eye)

- too much alkaline can also be damaging.

- cause is usually taking high quantities of anti-acids (rolaids, tums, alka seltzer, white flour products, baking soda etc).

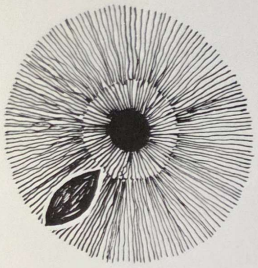
- high alkalinity is usually of sodium but of the inorganic type. It displaces potassium which is crucial for normal nerve and brain function, also for muscles esp. cardiac muscle

- Potassium is stored in the intestinal tract and gets depleted if diarrhea persists. It is not uncommon for an elderly person to die from a heart attach after a long bout of diarrhea.

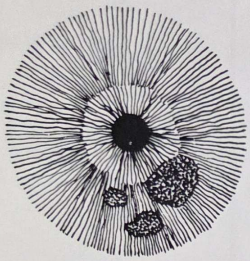
- Hair analysis can show whether there is a high amount of sodium or potassium condition.

Suggestion is to avoid salt and inorganic sodium incl. diet foods or drinks. For natural sodium you can have kelp, alfalfa, parsley, celery. Include potassium foods such as bananas (if vine ripened), avocado, raisins, prunes, cantaloupe, black beans, kelp, figs.

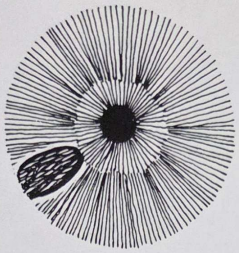
MARKINGS IN THE IRIS



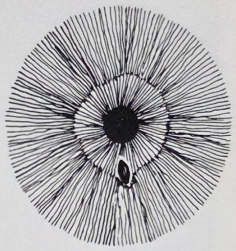
Closed lesion



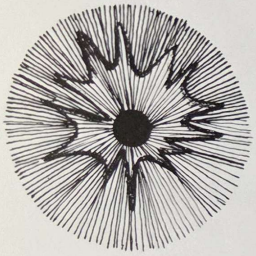
Psora



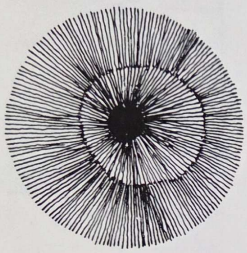
Open lesion



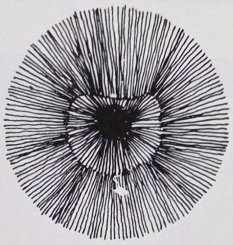
Bowel pocket



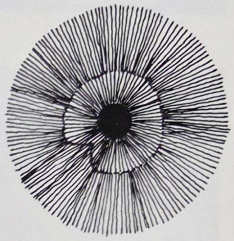
Spastic bowel



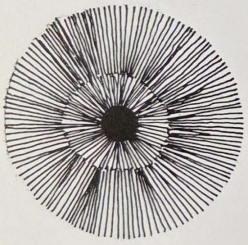
Ballooned bowel



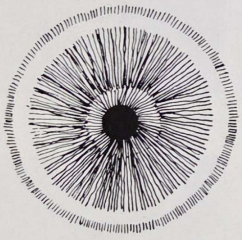
Prolapsus



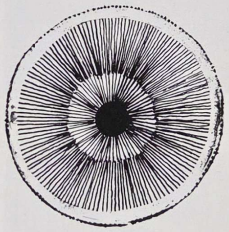
Stricture



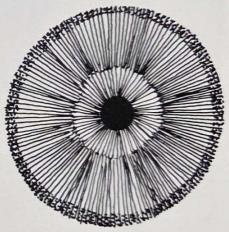
Venous congestion



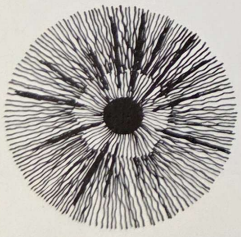
Sodium ring



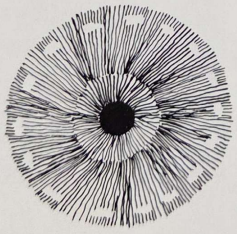
Anemia in extremities



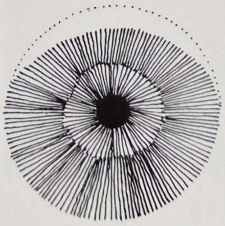
Scurf rim



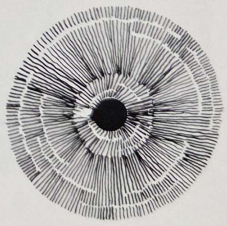
Radii solaris



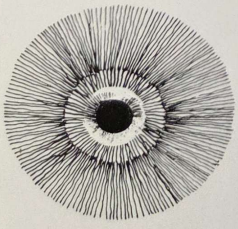
Lymphatic rosary



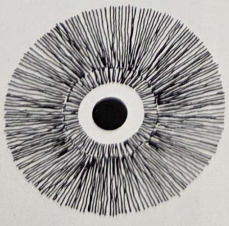
Arcus senilis



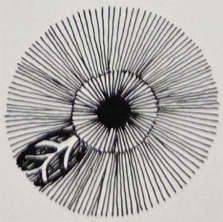
Nerve rings



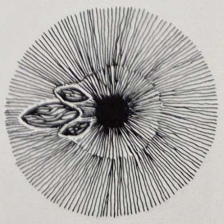
Underacid stomach



Overacid stomach



Healing lines



Butterfly lesion