MMS (Miracle Mineral Supplement) - aka Chlorine Dioxide

People are very curious about this remedy. It is basically a bleach using sodium chorite and citric acid. This was developed by Jim Humble. MMS has been taken off the market at this time, but it was on the market and used successfully for many years. You can still find information on the internet. It was approved for a while, the removed for sale on the market.

We are not recommending anything, we are an educational service.

Many people took MMS internally and noticed rope worms and intestinal lining shedding. Whenever you do anything internally, if it becomes uncomfortable or you have symptoms that are questionable, be careful, discontinue the remedy.

You can order sodium chorite from sodiumchloriteshop.com

If you want to experiment and make it yourself, you need 1 lb sodium chorite (flake 80%) and 1 lb citric acid. You should be able to get it online. At present time 2022), the cost was $79 U.S. plus shipping. Worked out to $152 U.S. The following information is mostly from Jim Humble.

1. **To make the citric acid solution: mix equal parts of citric acid and distilled water. Store in a glass bottle.**

2. **To make the MMS solution:**
   Mix with plastic long spoon.
   Weigh the amounts in grams.
   720 ml distilled water (scale will be 720 grams)
   250ml sodium chlorite powder or flakes (scale sals 280 grams)
   Mix well in a bowl until no sediment - about 5-10 min.
   Use funnel, store in a dark glass container.

3. **To use the formula:**
   Mix equal drops of each of the solutions 1. and 2. above. Swirl around in a glass and add water. Start with only taking 1 drop a day if you are sensitive. You can work up to the recommended 1000 protocol from Jim Humble which is 3 drops every hour for 8 hours.
   Jim Humble says to mix 8 drops of NACL02 with 8 drops Citric acid in a shot glass. Allow to mix 30 seconds, add to a plastic water bottle and divide it into 8 portions. Drink every hour for 8 hours.
   If 8 drops are too much go to 4 drops, then work up to where the body can handle a larger dose.

Mosquito bites: **30 drops citric acid and 6 drops MMS in glass, add 3 Tbsp water to ½ cup water. Put drop on finger and rub on area.**

Topically for skin cancer: **40 drops MMS and 40 drops citric acid in glass, swirl, Add just a little bit of water (2 Tbsp), then shake the bottle of DMSO, and add a capful of DMSO to the mixture. Dip cloth in mixture and apply to skin, just hold it on area for a minute.**
Or 15 drops MMS and 15 drops citric acid swirl for 20 seconds.

For tumors: **see The DMSO Handbook. DMSO helps detoxify the cells. It helps the MMS get deeper into the cells. 2 drops MMS and 2 drops DMSO in glass of water– don't take within an hour of other medications.**
Don't take with food, wait one hour after eating. This is also good for fungal problems. Not recommended to do more than 3 drops

Combine DMSO and MMS **and apply to cysts, even on eyelid (can use with q-tip). Use on any blemish, tooth pain.**

BATH: add 30 drops each into bath water and swirl it around. Clean the bath tub before. Use warm water, don't use shampoos or soaps.

Spray bottle Protocol. Use small glass spray bottle 120ml (4oz). Can use as underarm deodorant, spray in mouth to kill bacteria, insect bites, keep bottle out of the sun. Use approx. 40 drops (10 drops for every oz) of MMS in the bottle, then add same amount of activator, leave for a few minutes, them fill with water.

Standard Internal Protocol (Protocol 1000): work up to 3 drops of each MMS and acid every hour for 8 hr a day, for 3 weeks. Can start at 1 drop a day, then two drops a day and keep increasing. Put in lots of water until you are comfortable with the taste. Can prepare the whole amount for the day in a large bottle. Mark the outside of a litre (or bigger) bottle with 8 even lines so you know where to drink from each hour. You will be drinking 100ml of the finished product every hour. You can use juice instead of water but it can't have vit. C or ascorbic acid in it eg. Apple juice or pineapple juice without vitamin c. So if you do the whole thing at once, do 24 drops MMS, add 24 drops of Citric acid, swirl it around for 20 seconds, add the juice or water. Keep closed but you don't have to keep refrigerated.
If you start to feel nauseated, don't stop taking the formula, just cut back a little (say half as much each hour)

50 drops in small spray bottle of water on skin, helping to regrow hair on top of head. It does bleach your hair. Ho sho wu is chinese herb to bring back colour (Natures Way?) Fenugreek also helps restore hair. However it does kill bacteria and fungus so will help those problems too.

Has been used for Staph Infection – MRSA. Infection was in uterus, did the 1000 protocol and also doing douches twice a day. Took a couple of weeks.