MOSQUITOS

Keep them away:

- **Listerine - spray it around the area generously**
- **Combination of essential oils for the body: citronella, lemon grass, eucalyptus, lavender, vetiver. Put in spray bottle, use on skin, clothes.**

If you get a bite:

- **dab on hydrogen peroxide to neutralize the sting**
- **if you have no hydrogen peroxide, try using apple cider vinegar or rubbing alcohol or try a touch of toothpaste to the area.**