LATIN ….....COMMON

bulbus.....bulb
caulis ….....vine
concha.....shell
conquitae.....cooked
cortex.....bark
fermentata.....fermented
folia/ folium.....leaves
flos.....flower
fructus.....fruit
germma.....bud
germinatus.....sprout
glutinosae.....fresh
herba ….....herb
pericarpium ….....peel
radix.....root
semen.....seed
spica ….....spike
spina.....thorn
tuberosa .....tuber

A
Abelmoschus moschatus.....Musk Mallow, Ambrette Plant
Abrus precatorius, A. cantoniensis.....Licorice bean herb/root
Abutilon indicum.....Country mallow herb
Abutilon theophrastii.....China jute seed
Acacia catechu.....Catechu paste
Acacia senegal.....Acacia or gum arabic
Acanthopanacis, Cortex, Giraldi.....Acanthopanacis Stem Bark (Wujiapi)
….....Hong Mao Wu Jia
Achillea millefolium.....Yarrow
Achillea ptarmica.....Sneezewort
Achyranthes aspera.....Prickly Chaff Flower
Achyranthis Bidenthatae, radix.....Achyranthes root
….....Niu Xi
Aconitum napellus.....Aconite
Acori Graminei, rhizoma.....Sweetflag rhizome, acorus
….....Shi Chuang Pu
Acorus calamus.....Sweet flag rt
Actaea alba.....White Cohosh
….....A. arguta
Adhatoda zeylanica.....Malabar Nut, Vasaka
Aegle marmelos.....Bael Tree
Aesculus Alpposcastanum.....Horse chestnut
Aesculus hippocastaneum.....
Agaricus muscarius..... Agaricus mushroom/amanita

muscaria
Agate ….....Agate
Agave lecheguilla.....Agave
Agrimonia eupatoria.....Agrimony herb
Agrimoniae, germma.....Agrimonia bud
He cao ya.....
Agrophyon repens.....Couch grass Rhizome
Agyreia nervosa.....Elephant Creeper, Woolly Morning Glory
Ailanthi, cortex.....Ailanthus bark (Chunpi)
Albizia mimosaceae.....Silk Tree
Albizziae Julibrissin, flos.....Mimosa flower
He Huan Hua.....
Albizzia lebbek.....Woman's Tongue tree bark
Alchemilla arvensis.....Parsley Piert herb
Alchemilla vulgaris.....Ladies mantle herb
Aletris farinosa.....True Unicorn/stargrass
….....Unicorn root, Blazing Star
Alisma plantago.....Water Plantain
….....Ze Xie
Alismatis, rhizoma.....Alismatix rhizome
….....Ze xie
Aletris farinosa.....Unicorn root, True Unicorn rt.
Alium sativum.....Garlic
Alli tuberosi, semen.....Chinese chie seed
….....Jiu zi
Alnus rubra ….....Red Alder bark
Aloe africana.....Cape aloes
Aloe barbadensis.....Barbados Aloe, Curacao Aloe,
….....Indian Aloe, Jafarabad Aloe
Aloe capoe capensis.....Cape Aloes
Alpinia officinarum.....Galangal Rhizome
Alpinia Oxyphyllae fructus.....Black Cardamon/Bitter cardamom
….....Yi Zhi Ren
Althea officinialis herba.....Marshmallow herb
Althea officinalis radix.....Marshmallow rt.
Althea rosea.....Hollyhock
Ammi visnaga.....Khella fruits
Amomi Kravanth, Fructus.....White Cardamon Frui
….....Rpimd cardamom seed
….....Bai Dou Kou
Amomum subulatum.....Aindri, Brihatupakunchika
Amygadalus persica.....Peach leaves
Anacyclus pyrethrum.....Pellitory
Andrographitis paniculata.....Kalmegh, The Creat
….....Green chiretta
….....Chuan Xin Lian
….....Indian Ginseng, Indian Echinacea
Anemarrhenae Asphodeloidis, rhizoma.....Anemarrhena rhizome

….....Zhi Mu
Anemone hepatica.....Liverwort
Anemone pulsatilla.....Pulsatilla/pasque flower
Angelica archangelica herb, radix.....Angelica herb/root
Angelica atropurpurea.....Angelica
Angelicae Dahuricae, radix.....Chinese Angelica root
….....Bai Zhi
Angelicae Pubescentis, radix.....Angelica Duhuo root
….....Du Huo
Angelica sinensis.....Dong Quai rt
.....Tang Keui Root,
….....Dang Gui
Anhydrous lanalin ….....Wool fat
Angelica atropurpurea.....American Angelica
Angelica sylvestris.....Wild Angelica
Anthemis nobilis.....Camomile flowers
Anethum Graveolens.....Dill
Apium graveolens.....Celery seed
Apocynum cannabinum.....Dogbane
Apocynum androsaemifolium.....Bitter Root
Apocynum cannabinum.....Dogbane/Canadian Hemp/
" ….....Black Indian Hemp
Aralia mandshurica.....
Aralia racemosa.....Spikenard
Areca catechu.....Arecanut Palm, Betelnut Palm,
….....Areca Palm, Pinang Palm
Arcostaphylos uva ursi.....Uva Ursi/Bearberry
Arctii, fructus.....Artium fruit (Niubangzi)
Arctium lappa.....Burdock rt.
Argillaceous Earth.....Bentonite clay
Arisaematis, rhizoma.....Arisaema tuber
….....Tian nan xing
Aristlochiae, fructus.....Birthwort fruit
….....Madouling
Aristolochiae mollissimae, herba.....Hairy birthwort
….....Xun gu feng
Armoracia rusticana.....Horseradish rt
Arnebiae seu Lithospermi, radix.....Arnebia root, Lithospermum
….....Zi Cao
Arnica montana.....Arnica
Artemisia abrotanum.....Southernwood/Old man
Artemisia absinthium.....Wormwood
Artemisia annua.....Sweet Annie, Sweet wormwood
Artemisia campestris.....Field Southernwood
Artemisia santonica.....Santonica buds
Artemisia vulgaris.....Mugwort/Felon Herb
….....Ai Ye
Arctium lappa.....Burdock rt
Aristolochia setaria.....Virginia snake root

Artemisia abrotanum.....Southernwood herb
Artemesia absinthium..... ….....Wormwood herb
Artemesiae scopariae,herba.....Oriental wormwood
….....Yin chen hao
Artemesia vulgaris.....Mugwort herb
Artemisiae Yinchenhao, herba.....Capillaris
….....Yin Chen Hao
Arum triphyllum.....Indian turnip/wake robin
….....root/cormus
Asarum canadense.....Canadian wild ginger
Asclepias spp.....Milkweeds
Asclepias tuberosa.....Pleurisy root
Ascophyllum nodosum.....Kelp, Knotted wrack seaweed
Asparagus adscendens.....Asparagus
Asparagus officinalis.....Asparagus root/seed
Asperagus racemosus.....Asparagus
Asperula odorata.....Woodruff/Galium odoratum
Aspidium Filix-mas.....Male fern
Astragali, radix.....Astragalus root
….....Huang qi
Astragali complanati, semen.....Flattened milkvetch seed
….....Sha yuan zi
Astragalus membranceous.....Astragalus (milk vetch)
….....Huang Qi
Atropa belladonna herb/radix.....Belladonna herb/root
Atractylodis Macrocephalae Rhizoma.....White Atractylodes Rhizome
…..... ..Bai Zhu
Atractylodis, rhizoma.....Black Atractylodes Rhizome
….....Cang Zhu
Avena sativa.....Oats, Oatstraw
Azadirachta indica….....Neem Tree, Indian Lilac, Margosa Tree

B

Bacopa monnieri.....Thyme-leaved gratiola
Ballota nigrum.....Black Horehound herb
Balsamorhiza Sagittata.....Arrowleaf Balsam
Bambusae Textillis, concretio silicea.....Bamboo secretions
….....Tian Zhu Huang
Baptisia tinctoria.....Wild Indigo root
Barosma batulina.....Buchu leaf
Bauhinia variegata.....Orchid Tree, Buddhist Bauhinia,
….....Mountain Ebony
Bellis perennis.....Daisy
Berberis aquifolium.....Oregon grape
Berberis aristata.....Indian Barberry, Tree Turmeric
Berberis vulgaris.....Barberry
Betula alba.....Birch

Betula lenta.....Mountain mahogany or
….....Mohagon birch
Betula utilis ….....Himalyan Silver Birch,
….....Indian Paper Birch
Bidens tripartita.....Burr Marigold
Biotae Orientalis, semen ….....Arborvitae seed, Biota seed
….....Bai Zi Ren
Boerhavia diffusa.....Spreading Hogweed, Pigweed root
Borago officinialis ….....Borage herb
Bombax ceiba.....Silk Cotton Tree
Brassica alba/niger.....Mustard White/Black
Brassica oleacea.....White cabbage
Brayera anthelmintica.....Kousso
Hagenia abyssinica.....Kusso
Broussonetae, fructus.....Broussonetia fruit
….....Chu Shi Zi
Bryonia alba.....White bryony
Bryonia dioica.....White bryony root
Bupleuri, radix.....Bupleurum root
….....Chai hu
….....Thorowax root
Bupleurum falcatum.....Chinese throughwax,
….....Thoro wax, Sickle leaf, hare's
Bupleuri Radix.....Chai Hu
Butea monosperma.....Butea Gum Tree

C

Cactus grandiflorus.....Night Blooming Cactus
Calcitum.....Calcitum
….....Han Shu Shi
Calendula off.....Marigold flower
Calotropis procera.....Swallow-wort, Sedom Apple,
….....Dead Sea Apple
Camelia, Siensis, folium.....Green tea leaf
….....Lu Cha
Capparis spinosa ….....Caper Bush
Capsella bursa pastoris.....Shepherd's purse
Capsicum minimum or
Capsicum fastigiatum.....Cayenne
Carbenia benedicta.....Blessed thistle/ Holy thistle herb
Carduus marianus….....Milk Thistle Seed
Carlina acaulis; Radis Carlinae.....Carline Thistle
Carthami Tinctori, Flos.....Safflower, Carthamus flower
….....Hong Hua
Carum carvi.....Caraway
Carum copiticum.....Bishop's Weed, Carum, Lovage

Caryophyllus aromaticus.....Cloves
Cassia acutifolia/angustifolia.....Senna pod & leaf
Cassiae, semon.....Cassia seed
….....Jue Ming Zi
Cassia fistula.....Purging Cassia
Cassia marylandica.....American Senna/Wild Senna
Cassia obovata.....Wild Senna/Port Royal
Cassia occidentalis.....Coffee Senna, Foetid Cassia, Negro
….....Coffee, Rubbish Cassia, Stinking Weed
Castalia odorata.....White pond lily
Castanea vesca.....Chestnut leaves
Catharanthus roseus.....Periwinkle, Madagascar Periwinkle herb
Caulophyllum thalictroides.....Blue cohosh rt
….....Caulophyllus thalictroides
Ceanothus americanus.....Red root
Cedrus deodara.....Deodar, Himalayan Cedar, True cedar
Celastrus paniculatus.....Climbing Staff Tree, Intellect Tree,
….....Black oil plant
Celone glabra.....Balmony
Centaurea erythrea.....Centaury
Centella asiatica.....Indian Pennywort, Centella,
….....Gotu Kola
Cetraria Islandica ….....Iceland Moss
Chaenomelis, fructus.....Chaenomeles fruit
….....Mugua
Chamaelirium lutem.....False Unicorn Root
Chamaemelum nobile.....Roman Chamomile flower
Chelone glabra.....Balmony
Chelidonium majus.....Celandine major
Chenopodium anthelminticum.....Jerusalem oak, Wormseed herb
Chuanxiong, radix ….....Chuan xiong rizome
Chimaphila umbellata.....Prince's pine/Pipsissewa
Chinchona.....Peruvian bark
Chionanthus virginicus.....Fringetree bark
Chionanthus virginicus.....White Fringetree
Chondrus crispus.....Irish moss
Chrysanthemum parthenium.....Feverfew/Bachelor's Buttons
Chrysanthemi Morifolii, flos.....Chrysanthemum flower
….....Ju Hua
Cibotii, rhizoma.....Cibot rhizome
….....Gou ji
Cichorium intybus….....Chicory, Succory, Wild Endive
Cimicifugae, Rhimzoma.....Black Cohosh, Bugbane
….....Sheng Ma
Cimicifuga racemosa.....Black cohosh
Cinchona spp.....Peruvian bark, Cinchona bark
Cinnamonomum verum.....Cinnamon
Cinnamomum zeylanicum.....Cinnamon bark
Cortex Cinnamomi Cassiae.....Rou Gui

Cirsii segeti, herba.....Small thistle
….....Xiao ji
Cissampelos Pareira.....Velvet Leaf, Abuta, Pereira Rt.,
….....Barbasco
Cistanches Salsa herba.....Broomrape, Cistanches
….....Rou Cong Rong
Citri, fructus.....Citron
….....Xiangyuan
Citri Aurantii, Fructus.....Ripe Bitter Orange Fruit
….....Chi Shao
Citri Auranti, Fructus Immaturus.....Immature Bitter Orange fruit
….....Zhi Shi
Citri Erythrocarpae, pericarpium.....Red Tangerine Peel
….....Ju Hong
Citri Reticulata Viride, Pericarpium.....Green Tangerine peel
….....Qing Pi
Citri sarcodactylis, fructus.....Finger citron
….....Foshou
Citrullus vulgaris.....Watermelon seeds
Citrus Aurantium.....Bigarade Orange, Bitter Orange,
….....Seville Orange(sweet),
….....Portugal Orange, Citrus Dulcis.
Claviceps purpurea.....Ergot fungus
Clematidis radix.....Clematis root
….....Wei Ling Xian
Codonopsis root.....Dang Shen
Coicis, semen.....Coix seed
….....Yi yi ren
Cola nitida.....….....Kola Nut
Collonsonia canadensis.....Stoneroot
Commiphora molmol.....Myrrh, gum
Commiphora Mukul.....Guggal gum
Commiphora wightii.....Indian Bdellium Tree
Convallaria magalis.....Lily of the valley herb
Convolvulus microphyllu.....Bindweed
Coptidis, rhizoma.....Coptis Rhizome
….....Huang Lian
Corallorhiza odonthrhiza….....Coral Root, Autumn Coralroot
Coriandri, herba.....Coriander
….....Hu sui
Cordyceps Sinesis.....Cordyceps Mycelium
….....Dong Chong Xia Cao
Corni, fructus.....Cornelian Cherry Frui/ Dogwood fruit
….....Shan Zhu Yu
Cornus florida.....American Dogwood
Corydalis, rhizoma.....Corydalis rhizome
….....Yan Hu Suo
Coryanthe yohimbe.....Yohimbe smilax bark
Coumarouna odorata.....Tonka beans

Cnicus benedictus.....Blessed Thistle
Crataegus oxyacanthoides.....Hawthorn(lf/bry)
Brataegi, fructus.....Hawthorn fruit/Crataegus
….....Shan Zha
Crocus sativus.....Saffron
Croton eluteria.....Cascarilla bark
Cucurbita citrullus.....Watermelon seeds
Cucurbitae moschatae, semen.....Pumpkin seed
….....Nan gua zi
Cucurbita pepa.....Pumpkin Seeds
Curculinginus radix.....Xian Mao
Curcumae, radix.....Curcuma root
….....Yu jin
Curcumae Ezhu, rhizoma.....Zedoaria Rhizome
….....E Zhu
Curcuma longa.....Turmeric
Curcumae, Tuber.....Turmeric Tuber, Curcuma
….....Yu Jin
Cuscutae, chinensis, semen.....Chinese Dodder Seed
….....Cuscuta
….....Tu Si Zi
Cynanchi paniculati, radix.....Paniculate swallowwort root
….....Xu chang qing
Cyathulae Radix, ….....Off.Sischuan Ox Knee Root
….....Chuan Niu Xi
Cymbopogon citratus.....Lemon grass leaf
Cynara scolymus.....Artichoke
Cynodon dactylon.....Dhub grass, Bermuda/Bahama Grass
Cyperi rotundi, rhizoma.....Nut grass rhizome, cyperus
….....Xiang Fu
Cyperus scariosus.....Umbrella's Edge
Cypripedium pubescens.....Lady's Slipper
Cytisus scoparius.....Scotch broom

D

Daphne mezereum.....Mezereon
Daqingye, folium.....Isatis Leaf
….....Woad Leaf
….....Da Qing Ye
Datura stramonium OG.....Thorn Apple Leaf
Datura metal.....Thorn Apple
Daucus carota.....Wild Carrot, Queen Anne Lace
Desmodium Styracifolium.....Guang Jin Qian Cao
Dianthi.....Dianthis (pinks/carnations)
….....Qu Mai
Dictamni Dasycarpi Radicis, cortex.....Dictamnus root bark

….....(Dittany bark) Baixianpi
….....Bai Xian Pi
Dichroae, radix.....Dichroa root
….....Chang shan
Dipsaci, radix.....Teasel root
….....Xu duan
Discorae Hypoglaucae, rhizomaokoro.....Yam Rizome
….....Bei Xie
Didymocarpus.....Shilapushpa
Dioscorea villosa.....Wild Yam rt
….....Shan Yao
Dioscoreae hypoglaucae, rhizoma.....Hypoglauca yam
….....Bi xie
Diospyros virginiana.....Persimmon bark
Dipsaci Asperi, radix.....Japanese Teasel root, Dipsacus
….....Xu Duan
Dipsacus silvestris.....Teasel root
Dolichoris, semen ….....Hyacinth bean
….....Bian dou
Draconis, Os.....Dragon Bone, Fossilized bone
….....Long Gu
Drynariae, rhizoma.....Drynaria Rhizome
….....Gu Sui Bu
Dryopteris crassirhizomae, rhizoma.....Basket fern
….....Guan zhong
Dulacia Inopiflora.....Muira puama

E

Echinacea angustifolia.....….....Coneflower rt.
Echinacea purpurea.....Purple coneflower
Eclipta Prostrata.....Thistles - Eclipta
….....Han Lian Cao
Elettaria cardamomum.....Cardamom, Lesser
Eleutherococcus senticosis.....Sib. Ginseng
….....Wu Jia Shen
Elsholtziae, herba ….....Elsholtzia
….....Xian gru
Embelica ribes.....False Pepper, False Black Pepper
Emblica officinalis.....Indian Gooseberry,
….....Emblic Myrobalan
Ephedra sinica.....Ephedra stems, Joint Fir
….....Ma Huang
….....Ma huang gen
Ephorbia pilulifera.....Asthma weed
Epilobium angustifolium ….....Rosebay Willowherb, Fireweed
Epilobium parviflorum.....Willow, small flower
….....Yin Yang Huo

Epemidi ….....Xian Ling Pi
Epimedium sagittatum.....Yin Yan Huo herb
Equisetum arvense.....Horsetail herb
Equisetum hiemale.....Shavegrass/Scouring Rush
Eriodictyon glutinosum.....Yerba santa
Eryngium campestre..... ….....Eryngo
Erythraea centaurium.....Centuary/European centaury
Erythrinae, cortex ….....Erythrina bark (Haitongpi)
Eschscholtzia california ….....California Poppy
Eucalyptus globulus.....Eucalyptus leaf
Eucommiae Ulmoidis, cortex.....Eucommia Bark
….....Du Zhong
Eugenia aromatica.....Cloves
Euonymous americanus.....Strawberry Bush
Euonymus artopurpureus.....Wahoo rt & bark, Burning Bush
Euonymus atropurpureus.....Wahoo
Eupatorii, herba.....Eupatorium
….....Pei lan
Eupatorium alternifolium.....False Boneset
Eupatorium perfoliatum.....Boneset herb
Eupatorium purpureum.....Gravel root
Eupatorium verbenaefolium.....Rough Boneset/Wild Horehound
Euphorbiae seu knoxiae, radix ….....Peking spurge root
….....Da ji
Euphorbia hirta.....Euphorbia herb
Euphrasia officinalis.....Eyebright herb
Evodiae, Fructus ….....Evodia fruit
….....Wuzhu yu
Evodiae Pteleaefoliae radix.....Evodia root
….....San Ya Ku
Evolvulus alsinoides.....Vishnugrandi, Vishnukrantha

F

Fagopyrum esculentum.....Buckwheat
Filipendula ulmari.....Meadowsweet herb
Ferula assafoetida.....Asafetida
F. foetida.....Devil's Dung
Filipendula ulmaria.....Spirea
Foeniculum vulgare.....Fennel, Indian Sweet Fennel
….....Xiao Hui Xiang
Folium Pyrrosiae.....Pyrrosia Leaf
….....Shi Wei
Forsythiae Suspensae, fructus.....Forsythia fruit
….....Lian Qiao
Fraxinus Ornus.....Mann
Fritillariae Thunbergii, bulbus.....Fritillaria bulb

….....Zhe Bei Mu
Fructus hordei germinatus.....Germinated barley
….....Mai ya
Jujubae, fructus.....Jujube
….....Dazao
Fructus Ziziphi Jujubae.....Chinese Red Date, Jujube
….....Hong Zao, Da Zao
Fucus vesiculosis.....Kelp
Fucus vesiculosus.....Bladderwrack
Fumaria off.....Fumitory

G

Galega officinalis.....Galega/European Goat Rue
Galium aparine.....Cleavers herb
Ganoderma lucidum.....Reishi mushroom
….....Ling Zhi
Garcinia cambogia.....Garcinia
Gardeniae Jasminoidis, fructis ….....Gardenia fruit
….....Zhi Zi
Gastrodia Rhizome..... Elatae, rhizomaTian Ma
Gaultheria procumbens.....Wintergreen
Ge GenRadix ….....Puerariae Lobatae
Gelsemium sempivirens.....Yellow jasmine rt
Gentiana lutea.....Gentian rt.
….....Gentianae Quinjiao, radixGentiana rt
….....Qin JiaoGeranium maculatum
….....Cranesbill
Gentiana Chirata.....Clearing Nut Tree, Bitter Stick
….....Chirette Indien, Dowa I Pechish,
….....Indian Gentian
Geranium robertianum.....Herb Robert, Red Cranesbill
Geum urbanum.....Avens herb
Ginkgo biloba.....Maidenhair tree leaf
Ginkgo, semen.....Ginkgo seed
….....Gai guo
Glehniae, radix.....Glehnia root
….....Sha shen
Glechoma hederacea.....Ground Ivy
Glycyrrhiza glabra ….....Licorice rt.
….....Gan Cao
Glycyrrhizae Uralensis,.....honey-toasted radixBaked Licorice rt zhi Gan Cao.....
Gnaphalium uliginosum.....Mouse ear/Cudweed herb
Grindelia camporum.....….....Grindelia/Gumweed
Guaiacum off.....Lignum-vitae resin,
….....Guaiac chips/Guaiacum

Gymnema sylvestre.....Gymnema
Gypsum.....Gypsum
Shi Gao.....

H

Haliotidis Concha.....Abalone shell
….....Shi Jue Ming
Hamamelis virginiana.....Witch Hazel
Harpagophytum procumbens.....Devil's Claw tuber
Hedeoma pulegiodes.....Pennyroyal
Hedyotidis Diffusae, herb.....….....Oldeniandia
….....Bai HuaShe She Cao
Helleborus niger.....Black hellebore root
Helonias dioica.....Helonias, False Unicorn rt.
Hemidesmus indicus.....Indian Sarsaparilla
Hepatica americana.....Liverwort
Heuchera.....Alum Root, American Sanicle
Holarrhena antidysenteric.....Connessi Bark, Coneru, Tellicherry Bk
Homalomenae, rhizoma.....Homalomena rhizome
….....Qian nian jian
Hordeum distichon.....Barley
Hordei vulgaria Germinantus, fructus…....Barley Sprout
….....Mai Ya
Humulus lupulus.....Hop (strobiles)
Hydrangea aborescens.....Hydrangea
Hydrastis canadensis.....Golden Seal (rt)
Hygrophila auriculata.....no english name
….....Hindi: Talimakhana
Hypscyamus niger.....Henbane
Hypericum perforatum.....St. John's Wort herb
Hyssopus officinalis.....Hyssop herb

I

Ilex paraguariensis.....Yerba Mate leafInula
helenium.....Elecampane
Ilicis Pubescentis Radix.....Ilex Root
….....Mao Dong Qing
Imperatae Cylindricae Rhizoma.....Imperata rhizome
….....Bai Mao Gen
Inula Helenium.....Elecampane
Inula Racemosa.....Inula (himilaya)
Ipomoea digitata.....Vidarikanda
Ipomoea purga.....Jalap root
Iris flantina.....Spanish iris/orris root

Iris versicolor.....Blue flag (rhizome)
Isatidis seu Baphicacanthi radix.....Isatis root/Woad root
….....Ban Lan Gen

J

Jateorhiza palmata.....Calumba root
Jixueten ….....Millettia
….....Ji Zue Teng
Juglandis, semen ….....Walnut seed
….....Hu tao ren
Juglans cinerea.....Butternut Bark/White Walnut
Juglans nigra.....Black walnut
Juniperus communis.....Juniper berries

K

Kalmegh.....see Andrographis Paniculata
Kochiae, fructus.....Broom cypress fruit
….....Difuzi

L

Labiatae.....Sage/Ivy
Lactuca virosa.....Wild Lettuce leaf
Lachryma-jobi semen, coicis.....Job's Tears Seed, coix
….....Yi Yi Ren
Lamium album.....White dead nettle
Larrea divaricata/tridentata.....Chapparal
Larrea mexicana.....Chapparal herb
Lavandula off.....Lavender flower
Ledebouriellae Divaricatae, radix.....Siler root
….....Fang feng
Lens culinaris.....Lentil
Lentinas edodes.....Shiitake
Leontadon taraxacum.....Dandelion root
Leonurus cardiaca.....Motherwort herb
Leonuri Heterophylli/Chinese ….....Motherwort Yi Mu Cao
Lepiddi seu descurainiae, semen.....Lepidium seed
….....Ting lizi
Leptadenia reticulata.....no english name
….....Hindi: Dori
Leptandra virginica.....Culver's root
Levisticum officinalis.....Lovage root
Ligustri lucidi, fructus.....Grossy privet fruit

….....Nuzhenzi
Ligustici, Radix.....Sezechuan Lovage Root, Cnidium
….....Chuan Xiong
Ligustici, rhizoma ….....Ligusticum root
….....Gao ben
Ligustrum ….....Privet fruit
….....Nu Zhen Zi
Lilii, bulbus ….....Lily Bulb
….....Bai He
Linderae Strychnifoliae, radix ….....Lindera Root
….....Wu Yao
Linum catharticum.....Mountain Flax
Linum usitatissiumum.....Flax/linseed
Ligusticum porterii.....Osha
Lippa dulcis….....Lippa
Lithospermi seu arnebiae, radix.....Arnebia
….....Zi cao
Lobaria pulmonaria.....Lungwort lichen
Lobelia inflata.....Lobelia herb
Longanae, Arillus Euphoriae.....Longan fruit
….....Long Yan Rou
Lonicerae.....Lonicera
Lonicerae Japonicae.....Honeysuckle, Lonicera
….....Jin Yin Hua
Lophatheri Gracilis, herba.....Lophatherum stems & leaves
….....Dan Zhu Ye
Lycii, fructus.....Chinese Wolfberry
….....Gou Qi Zi
Lycopodium, Herba.....Lycopodium
….....Shen Jin Cao
Lycopus Virginicus.....Bugleweed herb
Lysimachiae, herba.....Lysimachia
….....Jin Qian Cao
Lycopi, herba.....Bugleweed
….....Zelan
Lygodii Japonici(lycodium spores) ….....Hai Jin Sha

M

Magnoliae Offi. Cortex.....Magnolia Bark
….....Hou Po
Mahoria aquifolia.....Mountain grape (oregon gr.)
Malva rotunditolia.....Low Mallow
Malva sylvestris.....High Mallow flowers/cheesies
Malva vulgaris.....Mallow
Malvae, semen.....Abutilon
….....Dong kui zi
Margarita ….....Pearl

….....Zhen Zhu
Marrubium vulgare.....Horehound, White Horehound hrb.
Massa, fermentata.....Fermented Leaven
….....Shen Qu
Marsdenia condurango.....Condurango bark
Matricaria chamomile.....German chamomile
Matricaria recutita ….....German Chamomile flwr
Medicago sativa.....Alfalfa/Lucerne Herb
Melaleuca alternifolia.....Tea tree oil
Menthae Haplocalycis, herba.....Field Mint
….....Bo He
Melaleuca leucodendron ….....Cajuput Tree, Tea tree
Meliae radicis cortex.....Chinaberry bark (Kulianpi)
Melilotus off.....Melilot herb, Yellow Clover herb
Melissa off. ….....Lemon balm herb
Menispermura candense ….....Yellow parilla rt
Mentha piperita.....Peppermint herb
Mentha Pulegium.....Pennyroyal
Mentha spicata.....Spearmint
Mentha viridis.....Spearmint
Menyanthes trifoliata.....Buckbean/bogbean (leaf)
Mesua ferrea.....Ironwood Tree
Mimosa pudica.....Sensitive Plant
Mitchella repens.....Squaw vine
Momordica charantia.....Bitter Gourd, Carilla Fruit
Monarda punctata.....Horsemint
Mori Albae Cortex & Radicis.....Mulberry Root, bark
….....Sang Bai Pi
Mori Albae Fructus.....Bud of Mulberry fruit
….....Sang Shen
Morindae off., radix.....Morinda root
….....Ba Ji Tian
Moringa Oleifera ….....
Moringa pterygosperma.....Horse Radish, Drumstick
Morus Alba ….....White mulberry
Moutan, cortex, radicis.....Tree Peony Root Bark
….....Mu Dan Pi
Mucuna pruriens ….....Cow-itch Plant, Cowhage
Mume, fructus frunus ….....Mume fruit/Black plum
….....Wu Mei
Muscari racemonsum.....Grape Hyacinth
Myrica cerifera ….....Bayberry bark/root
Myristica fragrans.....Nutmeg, mace
Myristicae, semen ….....Nutmeg
….....Rou dou kou
Myrrha / Myrica ….....Myrrh
….....Mo Yao
Myrorel ….....Myrorel
Myrtus communis.....Myrtle

N

Nardostachys jatamansi ….....Musk rt, Indian Spikenard,
….....Indian Nard
Nardostachytis, Chinesis rhizoma.....Chinese Nardostachytis
….....Gan Song Xiang
Nasturium off.....Watercress
Nelumbinis Nuciferae, folium.....Lotus leaf
….....He Ye
Nelumbinis, semen.....Lotus seed
….....Lian zi
Nepeta cataria.....Catnip leaf/tops
Nepeta glechoma ….....Ground Ivy
Nerium indicum ….....Sweet-scented Oleander,
….....Indian Oleander
Nerium oleander.....Oleander
Notoginseng radix….....Notoginseng root
….....San Qi
Pseudoginseng root.....Tian Qi
Nymphaea odorata.....White Pond Lily root

O

Occimum sanctum.....Holy basil
Occimum tenuiflorum.....Holy basil, Sacred basil
Olea europea.....Olive leaves
Oleum Ricini.....Castor oil
Olibanum, gummi ….....Frankincense
….....Ru Xiang
Ononis spinosa ….....Rest harrow rt
Operculina turpethum.....Trivruth, Triputa, Nishotra
Ophiopogonis, japonici tuber.....Ophiopogon Tuber
….....Mai Men Dong
Origanum majorana..... ….....Sweet marjoram
Origanum vulgare ….....Wild marjoram
Ornithogalum umbellatum.....Star of Bethlehem
Oroxylumm IndicumIndian ….....Trumpet Tree
Orthosiphon.....Orthosiphon
….....Hua Shi Cao
Oryzae Sativae Germinatus, fructus.....Rice Sprout
….....Gu Ya
Osmorrhiza longistylis..... ….....Anise Root/Sweet Cicely
Ostreae, choncha ….....Oyster shell
….....Mu Li
Oxyphyllae, Alpiniae, fructus.....Alpina Fruit
….....Black Cardamon
….....Yi Zhi Ren

P

Panax ginseng.....Korean Ginseng rt
Paeonia offincinalis.....Peony root
Paeoniae, ruba, radix.....Red peony
….....Chi shao
Paeoniae Lactiflorae.....White Peony root
….....Bai Shao
Paeoniae Rubrae, radix.....Red Peony Root
….....Chi Shao
Papaver somniferum..... ….....Red poppy/Popeye
Paridis, rhizoma ….....Paris Rizome
….....Zao Xiu
Parietaria officinalis.....Pellitory-of-the-wall hrb
Parmelia Perlata.....Stone flower, Lichen
Passiflora incarnata.....Passion flora hrb
Patriniae Heterophyllae, herba.....Thiaspi, Patrinia
….....Bai JiangCao
Pericarpium Citri Reticulatae.....Tangerine Peel
….....Chen Pi
Perillae Frutescentis, folium.....Perilla leaf
….....Zi Su Ye
Persicae, Semen ….....Peach Kernel, Persica seed
….....Tao Ren
Petasites vulgaris.....Butterbur
Petroselinum sativum.....Parsley
Petroselinum crispum..... ….....Parsley
Peucedani, radix ….....Hogfennel root,
….....Peucedanum root
….....Zian Hu
Peumus boldo ….....Boldo leaf
Pfaffia paniculata ….....Suma root
Phaseoli, semen ….....Phaseolus seed
….....Chi xiao dou
Phaseoli Calcarati, semen.....Aduki bean
….....Chi Xiao Dou
Phellodendri, cortex.....Phellodendron bark
….....Huang Bai
Phoradendron.....Mistletoe
Phragmitis Communis,rhizoma….....Reed Rhizome
….....Lu Gen
Phragmitis, rhizoma.....Reed root
….....Lu gen
Phyllanthes amarus.....no english
….....Hindi: Jar-Amia
Phytolacca spp.....Pokeweed
Phytolacca decandra.....Poke root
P. americana.....Pokeweed

Picrasma excelsa.....Quassia/Quassia amara
Pimenta officinals.....Allspice (Pimenta)
Pimpinella anisum.....Anise/aniseed
Pinelliae Ternatae, rhizoma.....Prepared pinellia Rhizome
….....Ban Xia
Pinus spp. ….....Pine needle
Pinus Roxburghi ….....Chir Pine, Three Leaved Pine
….....Himalayan Long Leaved Pine
Piper Cubeba ….....Cubeb, Java Pepper, Tailed Cubebs
Piper longum ….....Indian Long Pepper
Piper methysticum.....Kava kava rt
Piper nigrum.....Black Pepper
Piscidia erythrina.....Jamaican Dogwood
Pinus palustris.....Broom
Pinus strobus.....White pine bark
Piscidia erythrina.....Jamaica dogwood bark
Plantago.....….....Plantain
Plantago lanceolata.....Plantain-lanceolata, Ribwort leaf
Plantago psyllium.....Psyllium seeds
Plantaginis, semen.....Plantago seed
….....Che Qian Zi
Platcodon Grandiflorum ….....Balloon
Platycodi Grandiflori, radix.....Balloon Flower root,Platycodon
Platycodi, radix.....Platycodon root
….....Jie geng
Plumbago Indica.....Fire plant, Rosy-flowered Leadwort
Podophyllum Emodia.....Indian Podophyllum
Podophyllus peltatum..... ….....Mandrake/May Apple
Pogostemi, Agastaches, herba.....Patchouli, Agastache
….....Huo Xiang
Polygala senega.....Senega
Polygalae Tenuifoliae, radix.....Chinese senega root
….....Yuan Zhi
Polygonatum multiflorum.....Solomon Seal root
Polygonati Odorati, Rhizoma.....Solomen's Seal rhizome/ polygonatu
….....Qu Zhu
Polygonati, rhizome.....Siberian solomon seal
….....Huang jing
Polygoni avicularis, herba.....Common knotgrass
….....Bian xu
Polygonum bistorta.....Bistort/Snakeweed
Polygonum Multiflorum.....Fo Ti Tieng
….....He Shou Wu
Polygonum punctatum.....Water Pepper
Polypori Umbeellati Sclerotium.....Polyporus Sclerotium
….....Zhu Ling
Polytrichium juniperum.....Haircap moss
Populus candicans.....Balm of Gilead
Populus tremuloides.....White poplar or quaking aspen brk

Poulus balsamifera.....Poplar Balsam/Balm of Gilead
Poriae Cocos Paradicis, Sclerotium ….....Poria cocus
….....Fu Shen
Portulacae, herba ….....Portulaca
….....Ma chi xian
Potentilla tormentilla.....Tormentil
Prunellae spica, vulgaris….....Selfheal spike, prunella
….....Xia Ku Cao
Pruni, semen ….....Bush cherry seed
….....Yu Li ren
Pruni Armeniacae, semen.....Apricot seed
….....Zing Ren
Prunus amygdalus.....Almond
Prunus persica.....Peach leaves, Peach bark
Prunus serotina.....Wild or choke cherry bark
Prunus verticillastus.....Black Alder
Psoraleae Corylifoliae, fructus ….....Psoralea fruit
….....Bu Gu Zhi
Pseudoginseng radix ….....Pseudoginseng root
….....San Qi Tian Qi
Pseudostellariae, radix ….....Pseudostellaria root
….....Tai Zi Shen
Pterocarpus marsupium ….....Indian Kino Tree
Ptychopetalum ….....Puira-puama root
Pueraria lobata ….....Kudzu root
….....Ge Gen
Pulicaria dysenterica.....Fleawort
Pulmonaria off. ….....Lungwort leaf
Punica Granatum.....Pomegranate
Pygeum africanum.....Pygeum bark
Pyritum ….....Pyrite
….....Zi Ran Tong
Pyrrosiae Folium ….....Pyrrosia Leaf
….....Shi Wei

Q

Quercus alba.....White oak bark/Oak bark
Quisqualis, fructus.....Quisqualis fruit
….....Shi jun zi

R

Rabdosia Rucescens ….....Rabdosia
….....Dong Ling Cao
Ranunculus ficaria.....Pilewort herb

Raphanus sativus ….....Radish seed
Raphani Sativi, semen.....Radish seed
….....Lai Fu Zi
Rauvolfia serpentina.....Sarpaganda
Rauwolfia serpentina..... ….....Snake Root
Rehmannia glutinosa.....Rehmannia root
….....Sheng Di Huang
Rehmanniae Glutinosa Conquitae, radix.....Cooked Rehmannia root
Rhamnus cathartica.....Buckthorn
Rhamnus frangula.....Alder Buckthorn
Rhamnus purshiana.....Cascara sagrada bk
Rhapontici seu echinopsis, radix.....Globethistle
….....Lou lu
Ramulus Sangjisheng.....Mulberry Mistletoe Stems, Loranthus
….....Sang Ji Sheng
Raphani, semen.....Radish seed
….....Lai fu zi
Rauwolfia serpentina.....Snakeroot
Rhaponticum carthamoides.....
Rhei, radix & Rhizoma.....Rhubarb root & rhizome
….....Da Huang
Rheum off. ….....Rhubarb rt.
Rheum palmatum ….....Turkey rhubarb
Rhodiola rosea.....
Rhus glabrum/ Rhus glabra.....Sumac, / Sumac berries
Rhodiola rosea.....Rhodiola rt
Rhodiola, herb.....Rhodiola
….....Hong JingTian
Rhubus idaeus.....Raspberry leaves
Rhus Aromatica.....Sweet Sumac
Rhus Cariaria ….....Mountain Sumac
Ricinus communis.....Castor oil
Romarinus off.....Rosemary
Rosa spp. ….....Rosehips
Rosa majalis.....
Rosemarinus off. ….....Rosemary tops
Rubia cordifolia ….....Indian Madder
Rubiae, radix ….....Rubia root
….....Zian cao
Rubus idaeus ….....Raspberry leaf
Rumex crispus ….....Yellowdock rt
Ruscus aculeatus.....Butcher's Broom
Ruta graveolens.....Rue

S

Saccharum Granorum ….....Barley Malt Sugar

….....Yi Yang
Sanguisorbae, off. Radix.....Burnet-Bloodwort root, Sanguisorba
….....Di Yu
Sargentodoxae Caulis, cuneatae.....Sargentodoxa Caulis
….....HongTeng
Salix spp..... ….....Willow
Salix alba ….....White willow brk
Salix nigra.....….....Black Willow
Salviae Miltiorrhizae, radix.....Salvia root
….....Dan Shen
Salvia off. ….....Sage leaf;Garden sage/red sage
Salvia miltiorrhiza ….....Red sage root
Salvia polystachya.....Chia seed
Salvia pratensis.....Meadow sage
Sambucus.....Elder
Sambucus ebulus ….....Dwarf elder root
Sanicula europea ….....Sanicle leaf
Santalum album.....Sandalwood, Sandal tree
Saraca asoca.....Ashoka
Sarothamnus scoparius ….....Broom tops
Sassafras off.....Sassafras
Schizandra chinensis.....Schisandra fruits
Scilla maritima.....Squill herb
Schisandrae Chinesis Fructus ….....Schisandra Fruit
….....Wu Wei Zi
Sclerotium Poriae Cocus.....Hoelen, Tuckahoe, Poria Sclerotium
….....Fu Ling
Sclerotium ….....Poriae Cocos Paradicis Poria Spirit
Scrophularia nodosa.....Figwort hrb
….....Zuan Shen/Xuan shen
Scutalleria baicalensis.....Chinese scullcap
Scutellariae Baicalensis radix ….....Skullcap root
….....Huang Qin
Scutellaria lateriflora.....Scullcap hrb
Selenicereus grandiflorus.....Cactus Grandiflorus or
….....Night Blooming Cereus
Semecarpus Anacardium.....Marking Nut, Oriental Cashew
Senecio aureus.....Life Root/Ragwort
Senecio aurea.....Ragwort or Squaw weed
Serenoa repens (Sabal), fructus.....Saw Palmetto Berries
….....Serenoa serrulata
Sesami, semen.....Black sesame seed
….....Hei zhi ma
Seu flos schizonepetae, herba ….....Schizonepeta
….....Jing jie
Sida cordifolia.....Country Mallow
Siegesbeckiae, herba.....Siegesbeckia
….....Xi Xian cao

Silybum marianum.....Milk Thistle seed
Sinapsis seu brassicae, semen.....White mustard seed
….....Bai jie zi
Smilacis Glabrae, rhizoma.....SmilaxRhizome
….....Tu Fu Ling
Smilax aristolochiaefolis.....Sarsaparilla rt
….....S. regelii/S. febriguga/S. ornata
Similax off., S. ornata, S. medica.....Sarsaparilla rt
Snaphalium obstusefulium.....Cudweed
Solanum dulcamara..... ….....Bittersweet/Nightshade
Solanum nigrum ….....Black Night Shade
Solanum xanthocarpum ….....Yellow Berried Nightshade
Solidago odora ….....Golden rod herb
….....S. virgaurea
Sophorae, flavescentis, radix.....Sophora root
….....Ku Shen
Sparganii Stoloniferi, rhizoma.....Bur-Reed Rhizome, Scirpus
….....San Leng
Spatholobus, Radix & Caulis.....Spatholobus root & vine
….....Ji Xue Teng
Speranskia tuberculata.....Speranskia
….....Tou Gu Cao
Spigelia marilandica.....Pink root
Spirodelae, herba ….....Spirodela
….....Fu ping
Solidago virgaurea.....European golden root
Sparganii, rhizoma.....Bur-reed Rhizome, Scirpus
….....San Leng
Speranskia Tuberculata, herba ….....Speranskia
….....Tou Gu Cao
Spilanthes acmella.....Toothache plant
Spirea Ulmaria.....Meadowsweet
Stachys betonica ….....Wood betony hrb
Stauntoni, radix et rhizome.....Swallowwrot rhizome
….....Bai qian
Stellariae, radix ….....Stellaria root
….....Yin chai hu
Stellaria media.....Chickweed herb
Stephaniae Tetrandrae, radix.....Stephania root
….....Han Fang Ji
Stevia rebaudiana ….....Stevia, Sweet leaf, Sugar leaf
Sticta pulmonaria ….....Lungwort
Stillingia sylvatica.....Queen's delight
Strychnous nux-vomica ….....Snakewood, Nux-vomica,
….....Strychnous Tree
Succinum ….....Amber
….....Hu Po
Swertia chirayita ….....Chiretta
Symplocos racemosa.....Lodh Tree

Symphytum off.....Comfrey
Symplocarpus foetida..... ….....Skunk cabbage
Syzygium aromaticum ….....Clove
Syzygium cuminiii Java Plum, ….....Jaman, Jambolan,
….....Black Plum
Zyzgium jambolana.....Jambul fruit/seeds

T

Tabebula impeteginosa ….....Lapacho, Pau d'arco bark, Taheebo
Tamarix gallica ….....Tamarisk
Tanacetum vulgare.....Tansy hrb
Taraxaci, herba ….....Dandelion herb
….....Pu gong ying
Taraxacum ….....Dandelion
Taxus baccata.....Yew
Taxus brevifolia ….....Pacific Yew bark
Tea tree oil ….....Melaleuca alternifolia
Terminalia arjuna ….....Arjuna
Terminalia bellirica.....Belliric Myrobalan
Terminalia chebula.....Chebulic myrobalan, Ink Nut
Teucrium chamaedrys ….....Germander herb
Thuja occidentalis.....Yellow Cedar/Arbor vitae
Thuja plicata.....Western Cedar tips, Red Cedar
Thymus citriodorus.....Lemon thyme
Thymus serphyllum.....Mother of Thyme/Wild Thyme
Thymus vulgaris ….....Thyme hrb
Tilia americana.....Basswood
Tilia europea.....Linden, Lime flower
Tillandsia ….....Irish Moss
Tinospora cordifolia.....Gulancha Tinospora
Tormentilla potentilla.....Tormentil rt.
Tribuli, fructus ….....Tribulus fruit
….....Bai ji li
Tribulus terrestris ….....Small Caltrops, Land Caltrops,
….....Puncture Vine
….....Bai Ji Li
Trichosanthis, radix ….....Trichosanthes root
….....Tian hua fen
Trifolium pratense.....Red Clover flwr
Trillium erectum.....Birthroot
T. pendulum.....Bethroot
Tritici levis, fructus.....Light wheat
….....Fu Xiao mai
Triticum repens.....Couch grass
Tsaoko, fructus ….....Tsaoko
….....Cao guo

Turnera aphrodisiaca.....Mexican Damiana
Turnera diffusa.....Damiana leaf
Tussilago farafara.....Coltsfoot lf
Tussilaginis Farfarae Flos.....Coltsfoot Flower, Tussilago
….....Kwan Dong Hua

U

Ulmus campestries.....English elm/European elm
Ulmus effusa.....Black elm
Ulmus fulva ….....Slippery elm bark
Ulmus glutinosa.....Alder
Uncariae, Ramulus cum Uncis ….....Gambir Vine, Stems & Thorns
….....Gou Teng
Uraria Picta Dabra ….....
Urginea maritima.....Squill
Urtica dioica.....Nettle, Stinging Nettle
Usnea spp..….....Lichen, Old Man's Beard lichen
Uva Ursi.....Uva Ursi, Bearberry

V

Vaccariae, semen ….....Vaccaria seed
….....Wang bu liu xing
Vaccinum ….....Blueberry
Vacciniium myrtillus.....Blueberries
Vaccinum myrtillus.....Huckleberry
Valerina off. ….....Valerian rt
Vanda roxburghii ….....Vanda Orchid
Venraria islandica ….....Iceland Moss
Veratrum album ….....White/European Hellebore
Veratrum album ….....Green/American Hellebore
Verbena off. ….....Vervain
Berbenae, herba ….....Vervain leaf
….....Mai Bian Cao
Verbena officinalis….....Wild Hyssop/European Vervaine
Verbascum thapsiforme ….....Mullein
Verbascum thapsus ….....Mullein leaf
Veronica officinalis ….....Common Speedwell/Veronica
Vetiveria zizanioides ….....Vetiver, Khas-Khas, Khus-Khus
Viburnum opulus ….....Crampbark
Viburnum prunifolium ….....Black haw(bark)/Sweet Viburnum
Vinca major ….....Greater Periwinkle herb
Vinca minor ….....Lesser periwinkle
Vincamine/vinca ….....Periwinkle

Violae, herba ….....**Viloa**
….....**Zi hua di ding**
Viola Odorata/V.pedapa ….....**Sweet Violet leaf, Violet herb**
Viola tricolor ….....**Wild Pansy, Heartsease herb**
Viscum flavescens ….....**Mistletoe twigs**
Viticis, fructus ….....**Vitex Fruit/ Chastetree fruit**
….....**Man Jing Zi**
Vitex agnus-castus ….....**Chaste berry fruits**
Vitex negundo ….....**Five leaved Chaste tree**
Vladimiriae, radix ….....**Vladimiria root**
….....**Chuan Mu Xiang**

W

Withania somnifera ….....**Winter Cherry, Ashwaganda**
Woodfordia fruticosa ….....**Fire Flame Bush, Shiranjitea**

X-Y-Z

Xanthii Sibirici, ructus ….....**Cocklebur fruit, Xanthium**
….....**Cang Er Zi**
Xanthoxylum americanum ….....**Prickly Ash**
Yucca spp. ….....**Yucca root**

Zanthoxylum americanum ….....**Prickly ash (bark)**
….....**Zanthoxylum species**
Zea mays ….....**Cornsilk (stigmata)**
Zedoaria Rhizome ….....**Curcumae Ezhu**
….....**E Zhu**
Zingiber officinale ….....**Ginger root**
Rhizoma Zingiberis Off. Recens.....**Fresh Ginger Rhizome**
….....**Sheng Jiang**
Ziziphi Jujubae, Fructus ….....**Chinese Red Date**
….....**Hong Zao, Da Zao**
Zizyphi spinosae, semen….....**Wild jujube seed**
….....**Suan za oren**
Zizphi Spinosae, semen ….....**Sour Date seed**
….....**Suan Zao Ren**
Zizyphpus vulgaris.....**Jujibe berries**