SYMPTOMS

A person's symptoms will give you a good clue as to the right remedy to use. However, many remedies can address the same symptom so you need to be like Sherlock Holmes when investigating for the right remedy.

There are many homeopathic search engines that can help. Some have a yearly fee and if you are a professional you may want to use those services.
However there are many free services on the internet to help you locate the right remedy.

A good way to learn homeopathy is to create your own homeopathic search remedy finder.

Start by opening a file for each letter of the alphabet and then accumulate alphabetically all the information about each problem.

Here is an example I did for acid reflux:

ACID REFLUX

Nux Vomica.

- **When there is stomach pains of all types (burning, bloating, gas, constipation, nausea, belching from overeating or eating hot and spicy foods).**
- **May be body aches of all kinds, feelings of weakness.**
- **Workaholics or indulge in appetite for excesses. Dictatorial, bossy, impatient and aggressive.**
- **when alcohol, fast food and caffeine cause indigestion. also chewing tobacco, smoking, spicy food**
- **for those senditary with no exercise**
- **complains of weight in stomach and heartburn after eating. sour, bitter belching, hiccough, pain in abdomen, nausea, retching, vomiting, obstructed flatus, rumbling, gurgling, constant ineffectual urge to pass stool.**
- **stool scanty, always insufficient, unsatisfactory**

Arsenicum Alb.

- **When caused by spoiled food or food poisoning. If severe burning pains from acid stomach, food backing up into throat with burning pain.**
- **Severe water, burning, yellow diarrhea with burning in rectum and anus.**
- **Better when drinking hot drinks or applying warm applications to abdomen.**
- **Likes small continual sips of cool water, restless, anxious, fearful.**
- **nausea worse from smell or sight of food**
- **dyspepsia from bad meat, vinegar, ice cream, fruit, alcohol, cheese.**

Pulsatilla.

- **Feels like digestive acid is burning a hole in lining of stomach. Gas. Feels over-stuffed after eating, wants to loosen best for relief after meal.**
- **Person is weepy, wants company. Usually woman's remedy. Not thirsty. Prefers open, cool, air.**
- **For persons who suffer from dryness in mouth, bad taste in mouth on waking up, a sensation of food lodged under the sternum, coated tongue with bitter taste while eating food, desire to keep the mouth moist all the time and acid reflux especially after eating fatty/greasy food, pastry and pork meat, milk.**

Carbo Veg:

- **For persons suffering from slow digestion, repelling sensation in the mouth, heaviness and burning in stomach, stomach cramps, and flatulence in the stomach and upper part of the abdomen**
- **sensitive to touch**
- **Flatulent colic, water brash (sour, bitter fluid in mouth from regurgitation of stomach acid)**
- **reflux, particularly when accompanied with indigestion, gastric disturbance with loss of fluids and fatigue.**
- **belching brings relief from bloating**
- **even simplest kind of food can bring on symptoms**

China:

- **flatulence in whole abdomen, sour taste in mouth, slow digestion, yellow diarrhea, burning sensation in chest and sleeping problems due to acid in the esophagus.**
- **whole abdomen feels bloated. Stomach remains bloated for a long time after eating. Passing gas does not relieve.**
- **Weight is felt in abdomen soon after eating even small amount of food.**
- **Abdominal colic may arise from flatulence**
- **Bending double helps relieve abdominal colic**
- **For indigestion that occurs from tea, milk, fish, fruits.**

Lycopodium:

- **If you are feeling flatulence in the lower part of the abdomen**
- **feeling of fullness in stomach, painful swelling in the stomach and excessive gas, gurgling, rumbling**
- **desire to eat sweets**
- **cramping, constrictive or burning pains in abdomen**
- **indigestion from eating bread, cabbage, beans, onions, gassy foodstuff.**

Anacardium:

- **For people who suffer from acid reflux even after hours of eating, dull pain in the stomach that may extend to the spine, tasteless or sour taste in mouth, bad taste in the mouth immediately after eating, chest pain and burning sensation in stomach.**

Phosphorus:

- **Some people feel nauseated, have continuous craving of cold food which they vomit as soon as it becomes hot in the stomach, burning in chest and esophagus, weak feeling in stomach, burning sensation while passing bowel.**

Robinia

- **burning sensation behind breastbone (heartburn) from regurgitation of stomach acid in food pipe.**
- **most marked during night upon lying down.**
- **sour, acrid belching, or sour vomiting may also be present.**

Ipecac

- **nausea and vomiting**
- **nausea intense, constant, worsens from smell of food.**
- **pressing, cutting or cramping pain**

Natrum Phos

- **heartburn accompanied with sour vomiting**
- **heaviness, fullness in stomach, sour belching, noisy flatulence**
- **works well for dyspepsia related to peptic ulcers and GERD**

Antimonium Crudum

- **Constant belching. Belching tastes of the food just eating**
- **stomach feels overloaded, gets bloated after eating**
- **tongue has thick white coating**
- **indigestion from bread, pastries, pork, sour wine. also where child vomits milk (like curd) after nursing**
- **cases of indigestion from over eating**

Where do you get all this information? There are lots of websites to help you. Here are some that you can use:

ABC Homeopathy Remedy Finder: https://abchomeopathy.com/go.php
or
https://www.abchomeopathy.com/matmed.php

Materia Medica by John Henry Clarke:
https://www.materiamedica.info/en/materia-medica/john-henry-clarke/act-a-racemosa

Keynotes and Characteristics by HC Allen:
https://homeopathybooks.in/keynotes-homeopathic-remedies/actaea-racemosa/

James Tyler Kent – Homeopathy Books
https://homeopathybooks.in/lectures-on-homeopathic-materia-medica/actea-racemosa/

Materia Medica – National center for Homeopathy:
https://homeopathycenter.org/search-materia-medica/

Homeopathy Materia Medica by William Boericke
https://www.materiamedica.info/en/materia-medica/cyrus-maxwell-boger/index#A

Materia Medica by Cyrus Maxwell Boger:

https://www.materiamedica.info/en/materia-medica/cyrus-maxwell-boger/index#A

Here is a start that I grabbed from I don't remember where, but it gives you an idea. You will of course still have to investigate remedies to find the right one, but it gives you a selection out of the 10,000 remedies available.

When you make your own Remedy Catalogue you will be able to tailor it to your exact wishes.

(CLASSIC HOMEOPATHY SYMPTOMS (MESSAGES)

AIR

Being Out of Doors Improves	**Alumina**	**Argentum nit**	**Arsenicum**
	Cannabis ind	**Crocus**	**Kali iod**
	Magnesia carb	**Magnesia mur**	**Natrum sulph**
	Pulsatilla	**Rhus tox**	**Sabadilla**
	Sabina		
Being Out of Doors Makes Worse	**China**	**Cocculus**	**Guaiacum**
	Hepar sulph	**Kali carb**	**Mercurius**
	Nitric ac	**Nux**	**Nux mosch.**

	Rumex	Silicea	Sulphur
Desire to be in Open Air	Aurum Carbo veg Kali iod Pulsatilla	Aurum mur Crocus Kali sulph Sulphur	Calcarea iod. Iodum Lycopodium
Dislike of Open Air	Ammonium carb Calcarea phos Coffea Natrum carb Rumex	Baptisia Chamomilla Ignatia Nux Silicea	Calcarea Cocculus Kali carb Petroleum Sulphur
Becoming Warm in Open Air Makes Worse	Bryonia Pulsatilla	Iodum	Lycopodium
Being near sea makes worse	Mag Muriatica Tuberculinum	Nat Mur	Sepia

APPETITE

Easily satisfied:	China,	Lycopodium,	Platinum
Increase in Appetite:	Abies can. Arsenicum Cannabis ind Cinnabar Lycopodium Oleander Psorinum Sulphur	Ammonium carb. Calcarea China Graphites Natrum mur Petroleum Pulsatilla Veratrum	Argentum Calcarea sulph Cina Iodum Nux Phosphorus Sabadilla
Lack of Appetite	Arsenicum Chamomilla Cyclamen Kali bich. Nux Rhus tox	Asarum Chelidonium Digitalis Lycopodium Phosphorus Sepia	Calcarea Cocculus Ferrum Nat mur Pulsatilla Sulphur
Lack of Appetite, despite Hunger	Cocculus Nux	Lachesis	Nat mur
Lack of Appetite, accompanied by thirst	Calcarea Phosphorus Sulphur	Cholchicum Psorinum	Kali nit Spigelia
Lack of Appetite and lack of thirst	Argentum nit.		
Ravenous Appetite	Ammonium carb Arsenicum iod. Calcarea sulph. China Graphites Nat mur	Argentum Calcarea Cannabis ind. Cina Iodum Nux	Arsenicum Calcarea phos Carbon sulph Ferrum Lycopodium Oleander

	Petroleum	Phosphorus	Psorinum
	Pulsatilla	Sabadilla	Silica
	Sulphur	Veratrum	

BAD BREATH

General	Arnica	Arsenicum	Carbo veg
	Chamomilla	Chelidonium	Lachesis
	Mercurius	Nat mur	Sulphur

BLOOD

Clot, Hemorrhage	Arnica

BODY ODOR (also see perspiration)

Sickly	Allium	Arnica	Arsenicum
	Belladonna	Bryonia	Carbo veg
	Chamomilla	Gelsemium	Hepar sulph.
	Mercurius	Pulsatilla	Sulphur
Sour	Arsenicum	Bryonia	Colchicum
	Hep. Sulph.	Iodum	Lycopodium
	Magnesia carb.	Mercurius	Nitric ac.
	Psorinum	Sepia	Silicea
	Sulphur	Veratrum	
Sweet	Apis	Mercurius	Pulsatilla
	Thuja		

BONES

Nodes in palms, fibrous growths from overuse	Ruta

BREATHING

Difficult, labored	Anacardium	Antimonium	Apis
	Arsenicum	Bryonia	Carbo veg.
	Causticum	Chelidonium	China
	Hepar sulf	Ipecac	Kali carb.
	Lachesis	Lycopodium	Nat sulph
	Opium	Phosphorus	Pulsatilla
	Silicea	Spongia	Sulphur
	Veratrum		
Gasping for Breath	Antimonium tart	Apis	Colocynth
	Hypericum	Ipecac	Lycopodium
	Phosphorus	Spongia	
Irregular	Arsenicum	Belladonna	Chamomilla
	Ignatia	Nux	Opium

	Pulsatilla		
Rapid	**Aconite** **Belladonna** **Chelidonium** **Lycopodium** **Sulphur**	**Antimonium** **Bryonia** **Gelsemium** **Phosphorus**	**Arsenicum** **Carbo veg.** **Ipecac** **Sepia**
Sighing Frequently	**Bryonia** **Ipecac**	**Carbo veg.** **Opium**	**Ignatia veg.**
Wheezy or Asthmatic	**Argentum** **Kali carb** **Spongia**	**Arsenicum** **Pulsatilla** **Sulphur**	**Ipecac** **Silicea**

BRUISING

Superficial bruising	**Arnica**
Deep internal bruising incl. Organs, muscles	**Bellis**
Aversion to being touched	**Arnica**
Illness results from emotional trauma	**Arnica**
Offensive discharge	**Arnica**
Worse becoming chilled with cold baths	**Bellis**
Worse with cold, dampness	**Arnica**
Use immediately after shock, trauma, injury, fright	**Arnica**
If using arnica and swelling remains after treatment	**Bellis**
After major surgical work	**Bellis**
For labourers, gardeners	**Bellis**

CLOTHING

Intolerance of clothing	**Argentum nit** **Lycopodium** **Spongia**	**Calcarea** **Nux**	**Lachesis** **Onosmodium**
Intolerant anything around neck	**Lachesis**		
Wanting to Loosen Clothing	**Calcarea** **Nitric ac.**	**Lachesis** **Nux**	**Lycopodium**
Undressing makes symptoms	**Arsenicum**	**Hep sulph**	**Kali ars.**

worse	**Kali carb**	**Lycopodium**	**Magnesia phos.**
	Nux mosch.	**Nux**	**Rhododendron**
	Rhus tox	**Sambucus**	**Silicea**
	Squilla	**Zinc**	

COLD

Wears lots clothing to keep warm	**Arsenicum**

COMPLEXION

Bluish	**Arsenicum**	**Asafoetida**	**Baptisia**
	Belladonna	**Bryonia**	**Camphor**
	Cannabis ind.	**Carbo. veg.**	**Conium**
	Cuprum	**Digitalis**	**Hyoscyamus**
	Ipecac	**Lachesis**	**Morphine**
	Opium	**Veratrum**	**Veratrum vir.**
Dirty Looking	**Argentum nit**	**Lycopodium**	**Psorinum**
	Sulphur		
Earthy	**China**	**Ferrum**	**Ferrum iod.**
	Ferrum phos.	**Graphites**	**Mercurius**
	Opium	**Sepia**	
Pale	**Anacardium**	**Antimonium tart.**	**Argentum nit.**
	Arsenicum	**Berberis**	**Calcarea**
	Calcarea phos.	**Camphora**	**Carbon sulph.**
	Carbo veg.	**China**	**China sulph.**
	Cina	**Clematis**	**Cuprum**
	Digitalis	**Ferrum**	**Ferrum phos.**
	Graphites	**Lobelia**	**Lycopodium**
	Manganum	**Medorrhinum**	**Natrum ars.**
	Natrum mur.	**Natrum phos.**	**Opium**
	Plumbum	**Secale**	**Sepia**
	Sulphur	**Tabacum**	**Tuberculinum**
	Veratrum	**Zinc**	
Red	**Aconite**	**Apis**	**Baptisia**
	Belladonna	**Bryonia**	**Capsicum**
	Chamomilla	**Chelidonium**	**China**
	Cicuta	**Cina**	**Ferrum**
	Glonoinum	**Hyoscyamus**	**Lachesis**
	Melilotus	**Mezereum**	**Nux**
	Opium	**Phosphorus**	**Rhus tox**
	Sanguinaria	**Stramonium**	**Veratrum vir.**
Sallow	**Argentum nit**	**Carbo veg**	**Chelidonium**
	Medorrhinum	**Nat mur**	**Plumbum**
	Sulphur		
Yellow	**Argentum**	**Argentum nit**	**Arsenicum**
	Calcarea	**Calcarea phos.**	**Carduus**
	Causticum	**Conium**	**Ferrum**
	Ferrum iod.	**Gelsenium**	**Lachesis**
	Lycopodium	**Mercurius**	**Nat suph**

	Nux	**Plumbum**	**Sepia**
	Sulphur		

CONCENTRATION

Difficult	**Arg-n**	**Bapt.**	**Bar-c**
	Bar-m	**Belladonna**	**Bryonia**
	Calc	**Calc-p**	**Calc-a**
	Carb-v	**Gelsemium**	**Graphites**
	Guaj.	**Hell**	**Kali br**
	Kali c	**Lachesis**	**Laur**
	Lycopodium	**Nat-a**	**Nat c**
	Nat-m	**Nux-m**	**Opium**
	Phos. acid	**Phosphorus**	**Seneg**
	Sepia	**Silicea**	**Staph.**
	Sulph	**Tuberculinum**	**Zinc**
Dull in morning	**Anac**	**China**	

CONSTIPATION

After mechanical injury	**Ruta**	
Dryness of bowel	**Bryonia**	**Nat Mur**
Dryness in rectum	**Bryonia**	
Bowel relaxed	**Calc Fluor**	
Chronic	**Nat Phos alternate with Nat Sulph**	
Obstinate constipation	**Calc Carb**	
White chalk-like stools	**Calc Carb**	
Stable when constipated, after BM uncomfortable	**Calc Carb**	
Stool hard to pass, painful straining.	**Causticum**	
Stools like sheep dung with balls stuck together with mucus.	**Graphites**	
Aching in anus after BM	**Graphites**	
Wants to but can't, impatient to wait.	**Nux**	
Frequent indigestion, gas, bloating. Rubbing abdomen helps	**Lycopodium**	
After BM heavy sensation in rectum. Stools can be hard, difficult to pass even	**Sepia**	

though small			
Strains with no success, then produces bashful starts out, retreats	**Silicea**		

COUGHING

Coughing makes symptoms worse	**Aconite** **Arsenicum** **Calcarea** **Drosera** **Veratrum**	**Argentum nit** **Belladonna** **China** **Ipecac**	**Arnica** **Bryonia** **Cina** **Rhus tox**
Dry cough	**Aconite** **Phosphorus** **Sticta**	**Bryonia** **Rhus tox**	**Nux** **Spongia**
Loose cough, phlegm	**Hepar sulph**	**Ipecac**	**Kali bichrom**
Cough dry or loose, depends on time of day	**Pulsatilla**	**Stannum**	
Worse in evening	**Belladonna**		
Worse at Night	**Drosera** **Spongia**	**Rhus tox** **Sticta**	**Rumex**
Worse around midnight	**Arsenicum**		
Worse between 3-5 am	**Kali carb**		
Worse by cold, dry wind	**Aconite** **Rumex**	**Bryonia**	**Hepar sulph**
Worse in cold, damp	**Rhus Tox**		
Worse by Change in Temp.	**Phosphorus**		
Worse by Drafts	**Hepar sulph.**		
Worse after eating	**Nux**		
Worse by Exertion	**Belladonna**	**Ipecac**	
Worse by Slightest Movement	**Bryonia**		
Worse by Laughing/talking	**Phosphorus**	**Rumex**	**Stannum**
Worse when head is down	**Spongia**		
Worse by being in warm room	**Bryonia**	**Pulsatilla**	
Better covering head with blanket	**Rumux**		

Better by Drinking	**Causticum**		
Better by Eating/drinking	**Spongia**		
Cough associated w/headache	**Belladonna**	**Bryonia**	**Nux**
Causes Incontinence	**Causticum**	**Pulsatilla**	
Produces stringy sputum	**Kali bichrom.**		
Accompanied by thirst	**Arsenicum** **Hepar sulph**	**Belladonna** **Phosphorus**	**Bryonia**
Associated with Lack of thirst	**Pulsatilla**		
Accompanied by Vomiting	**Drosera**	**Ipecac**	
Associated with Weak chest	**Kali carb**	**Stannum**	

CRAVINGS

typically use 30c once a day for 6-12 months or longer

Acidic foods	**Hepar Sulph, Sepia**
Alcohol	**Syphilinum, Sepia, Sulphur**
Butter	**Carcinosin**
Chalk, lime, plaster	**Calc Carb**
Candy	**Tuberculinum, Medorrhinum**
Chocolate	**Lycopodium, Carcinosin, Sepia, Phosphorus**
Cold drinks	**Belladonna Chamomilla Mercurius Sulphur**
Cold drinks, cold food	**Merc Corr**
Icy Cold drinks, ice cream	**Phosphorus Veratrum alb.**
Fats	**Sulphur**
Fatty foods	**Carcinosin**
Fish	**Medorrhinum**
Fruit and juicy foods	**Phosphoric acid**
Ice cold drinks, ice cream	**Phosphorus**
Ice cubes	**Phosphorus**
Illegal drugs	**Avena Sativa tincture 20-30 drops in little water or juice TID**
Lemonade	**Belladonna**
Meat	**Crotalus, Medorrhinum**
Milk, cold	**Rhus tox, Tuberculinum**
Pork	**Crotalus**
Prescription drugs	**Avena Sativa tincture 20-30 drops in little water or juice TID**
Unripe foods	**Medorrhinum**
Salt	**Nat mur, Phosphorus, Medorrhinum**
Smoked meats	**Tuberculinum**
Spices	**Sulphur**
Spicy foods, coffee, beer, tobacco	**Nux vomica, Phosphorus**
Sour foods	**Sepia**
Sweet foods	**Sepia, Sulphur, Calc carb, Mag Mur**
Sweets which make them belch	**Argentum nitricum**
Tobacco	**Staphysagria**
Vegetables	**Mag Mur**

DISCHARGES FROM EYES

Heavily infected	**Argentum nit.**	**Calcarea**	**Hepar sulph**
	Lycopodium	**Mercurius**	**Pulsatilla**
Irritating, itchy discharge	**Carbon sulph**	**Chamomilla**	**Euphrasia**
	Graphites	**Hepar sulph**	**Sulphur**
Mucus or Pus	**Calcarea**	**Calcarea sulph**	**Causticum**
	Mercurius	**Pulsatilla**	**Pyrogeneum**
	Tellurium		
Tears	**Allium**	**Belladonna**	**Calcarea**
	Euphrasia	**Fluoric ac.**	**Lycopodium**
	Mercurius	**Nat mur**	**Nitric ac**
	Opium	**Phosphorus**	**Pulsatilla**
	Rhus tox	**Sulphur**	

DISCHARGES FROM THROAT AND CHEST (phlegm, sputum)

Clinging, Difficult to cough up	**Causticum**	**Pulsatilla**	**Senega**
Copious	**Amonium carb.**	**Arsenicum**	**Cactus**
	Calcarea	**Calcarea phos.**	**Coccus**
	Euphrasia	**Hepar sulph.**	**Lycopodium**
	Phosphorus	**Pulsatilla**	**Sepia**
	Stannum		
Foul-Smelling	**Arsenicum**	**Borax**	**Calcarea**
	Guaiacum	**Lycopodium**	**Natrum ars.**
	Natrum carb.	**Phellandrium**	**Sanguinaria**
	Stannum		
Frothy	**Arsenicum**		
Greenish	**Calcarea**	**Carbo veg.**	**Kali iod.**
	Lycopodium	**Mercurius**	**Nat sulph**
	Paris	**Phosphorus**	**Psorinum**
	Pulsatilla	**Stannum**	**Sulphur**
Heavily infected	**Calcarea**	**China**	**Conium**
	Kali carb.	**Lycopodium**	**Natrum ars.**
	Phosphorus	**Sepia**	**Silica**
Rusty-looking	**Bryonia**	**Lycopodium**	
Scanty	**Phosphorus**	**Stannum**	
Sticky	**Alumina**	**Argentum nit.**	**Coccus**
	Hepar Sulph	**Hydrastis**	**Kali bichrom.**
	Phosphorus	**Pulsatilla**	**Sambucus**
	Senega	**Stannum**	

Stringy, Ropy	**Kali bichrom.**		
Thick	**Argentum nit.** **Kali bichrom.**	**Hepar sulph.** **Silicea**	**Hydrastis** **Tuberculinum**
White, Milky-Looking	**Lycopodium** **Senega**	**Nat mur** **Sepia**	**Phosphorus**
Yellow	**Calcarea** **Hepar sulph** **Phosphorus** **Stannum**	**Calcarea phos.** **Hydrastis** **Sepia** **Tuberculinum**	**Calcearea sulph** **Lycopodium** **Silicea**

DISCHARGES FROM URETHRA

Burning, scalding	**Argentum nit.**	**Mercurius**	
Greenish	**Mercurius**		
Jelly-like	**Agnus** **Benzoic ac.** **Petroselinum** **Sulphur**	**Alum** **Kali iod.** **Selenium** **Thuja**	**Alumina** **Nat mur** **Sepia**
Contains pus	**Calcarea sulph**	**Nitric ac**	**Pyrogeneum**
White, Milky-looking	**Natrum mur**	**Sepia**	
Yellowish	**Mercurius**	**Nat sulph**	**Pulsatilla**

DISLIKE/AVERSION TO:

Pork	**Sepia**
Slimy foods eg. oysters	**Medorrhinum**
Drinking anything	**Cantharis**

DIARRHEA (DISCHARGE FROM BOWEL)

Stools acrid, burn anus	**Arsenicum**	**Sulphur**
Aggravated from eating, drinking	**Arsenicum**	**Podophyllum**
Gurgling in abdomen, then sudden urge to have stool	**Podophyllum**	
Stools profuse, offensive smelly	**Chamomilla**	**Podophyllum**
Don’t feel completely done	**Mercurius**	
Flatulence	**Argentum nit**	
Offensive, green, slimy (like chopped grass)	**Chamomilla**	
Green, mucous, + food particles	**Phosphorus**	**Calcarea**

Sudden explosion of diarrhea (may think it is just gas)	**Sulphur**		
Smells like rotten eggs	**Chamomilla**	**Sulphur**	
May have vomiting	**Arsenicum** **Veratrum alb.**	**Podophyllum**	**Phosphorus**
Thirsty for cold drinks	**Podophyllum** **Sulphur**	**Chamomilla**	**Mercurius**
Blood in stool	**Mercurius**		
Watery	**Veratrum**		
If stressed or eating too much sugar	**Argentum nit.**		
Happens immediately after eating or drinking	**Argentum nit.**		
Cadaverous odor	**Cinchona**		
Painless	**Cinchona**		
Slimy, blackish, bits undigested food	**Cinchona**		
After eating fruit	**Cinchona**		
Worse 4-5 am	**Sulphur**		
During flu when overheated then drinks lots of cold wataer	**Bryonia**		
Runs out like a tap	**Phosphorus**		
Exhaustion	**Cinchona**	**Phosphorus**	

DISCHARGES FROM EYES

Heavily infected	**Argentum nit.** **Lycopodium**	**Calcarea** **Mercurius**	**Hepar sulph** **Pulsatilla**
Irritating, itchy discharge	**Carbon sulph** **Graphites**	**Chamomilla** **Hepar sulph**	**Euphrasia** **Sulphur**
Mucus or Pus	**Calcarea** **Mercurius** **Tellurium**	**Calcarea sulph** **Pulsatilla**	**Causticum** **Pyrogeneum**
Tears	**Allium** **Euphrasia** **Mercurius** **Opium** **Rhus tox**	**Belladonna** **Fluoric ac.** **Nat mur** **Phosphorus** **Sulphur**	**Calcarea** **Lycopodium** **Nitric ac** **Pulsatilla**

DISCHARGES FROM THROAT AND CHEST (phlegm, sputum)

Clinging, Difficult to cough up	**Causticum**	**Pulsatilla**	**Senega**
Copious	**Amonium carb.** **Calcarea** **Euphrasia** **Phosphorus** **Stannum**	**Arsenicum** **Calcarea phos.** **Hepar sulph.** **Pulsatilla**	**Cactus** **Coccus** **Lycopodium** **Sepia**
Foul-Smelling	**Arsenicum** **Guaiacum** **Natrum carb.** **Stannum**	**Borax** **Lycopodium** **Phellandrium**	**Calcarea** **Natrum ars.** **Sanguinaria**
Frothy	**Arsenicum**		
Greenish	**Calcarea** **Lycopodium** **Paris** **Pulsatilla**	**Carbo veg.** **Mercurius** **Phosphorus** **Stannum**	**Kali iod.** **Nat sulph** **Psorinum** **Sulphur**
Heavily infected	**Calcarea** **Kali carb.** **Phosphorus**	**China** **Lycopodium** **Sepia**	**Conium** **Natrum ars.** **Silica**
Rusty-looking	**Bryonia**	**Lycopodium**	
Scanty	**Phosphorus**	**Stannum**	
Sticky	**Alumina** **Hepar Sulph** **Phosphorus** **Senega**	**Argentum nit.** **Hydrastis** **Pulsatilla** **Stannum**	**Coccus** **Kali bichrom.** **Sambucus**
Stringy, Ropy	**Kali bichrom.**		
Thick	**Argentum nit.** **Kali bichrom.**	**Hepar sulph.** **Silicea**	**Hydrastis** **Tuberculinum**
White, Milky-Looking	**Lycopodium** **Senega**	**Nat mur** **Sepia**	**Phosphorus**
Yellow	**Calcarea** **Hepar sulph** **Phosphorus** **Stannum**	**Calcarea phos.** **Hydrastis** **Sepia** **Tuberculinum**	**Calcearea sulph** **Lycopodium** **Silicea**

DISCHARGES FROM URETHRA

Burning, scalding	**Argentum nit.**	**Mercurius**

Greenish	**Mercurius**		
Jelly-like	**Agnus** **Benzoic ac.** **Petroselinum** **Sulphur**	**Alum** **Kali iod.** **Selenium** **Thuja**	**Alumina** **Nat mur** **Sepia**
Contains pus	**Calcarea sulph**	**Nitric ac**	**Pyrogeneum**
White, Milky-looking	**Natrum mur**	**Sepia**	
Yellowish	**Mercurius**	**Nat sulph**	**Pulsatilla**

DRAFTS

Drafts make worse	**Belladonna** **Kali carb** **Silicea**	**Calcarea** **Rhus tox** **Sulphur**	**Calcarea phos** **Selenium**
Being fanned alleviates	**Apis**	**Carbo veg**	**Sulphur**

DRINK

Cold drinks alleviate	**Bismuth** **Phosphorus**	**Bryonia** **Sepia**	**Causticum**
Cold drinks make worse	**Cantharis**	**Ferrum**	**Rhus tox**
Warm/hot drinks alleviate	**Alumina** **Carbo sulph** **Lycopodium** **Rhus tox**	**Arsenicum** **Chelidonium** **Manganum** **Sulphur**	**Bryonia** **Graphites** **Nux**
Coffee alleviates	**Chamomilla**		
Coffee makes worse	**Cantharis** **Ignatia**	**Causticum** **Nux**	**Chamomilla**
Tea makes worse	**Aesculus** **Selenium**	**China** **Thuja**	**Ferrum**
Vinegar Improves	**Antimonium** **Ferrum** **Sulphur**	**Arsenicum** **Natrum phos**	**Belladonna** **Sepia**
Aversion to drinks in general	**Ferrum**	**Hyoscyamus**	**Nux**
Aversion to cold drinks	**Caladium**	**China ars**	**Stramonium**
Aversion to warm/hot drinks	**Phosphorus**	**Pulsatilla**	

Aversion to Beer	**Nux**		
Aversion to Coffee	**Calcarea**	**Nux**	
Aversion to water	**Nyoscyamus** **Stramonium**	**Lyssin** **Staphisagria**	**Nux**
Aversion to Wine	**Ignatia** **Sabadilla**	**Mercurius** **Sulphur**	**Rhus tox** **Zinc**
Desire for Cold Drinks	**Aconite** **China** **Mercurius corr** **Veratrum**	**Arsenicum** **Eupatorium** **Natrum sulph**	**Bryonia** **Mercurius** **Phosphorus**
Desire for warm/hot drinks	**Arsenicum**	**Bryonia**	**Lac can**
Desire for Alcohol	**Arsenicum** **Crotalus** **Sulphur**	**Asarium** **Lachesis**	**Capsicum** **Nux**
Desire for Alcohol before periods	**Selenium**		
Desire for Beer	**Aconite**	**Nux**	**Sulphur**
Desire for Brandy	**Nux**	**Opium**	
Desire for Lemonade	**Nitric ac**	**Sabina**	
Desire for Milk	**Rhus tox**		
Desire for Vinegar	**Hepar sulph**	**Sepia**	
Desire for Whisky	**Lac can**	**Sulphur**	
Milk gives diarrhea	**Mag Mur**		

DRINKING **(see thirst)**

EATING

Eating improves symptoms	**Iodum** **Sepia**	**Natrum carb.** **Spongia**	**Phosphorus**
Fasting makes symptoms worse	**Arsenicum** **Nux**	**Ipecac** **Sulphur**	**Lewdum**
Symptoms worse before eating	**Iodum** **Phosphorus**	**Laurocerasus**	**Natrum carb.**
Symptoms worse after eating	**Aloe** **Bryonia** **Causticum**	**Anacardium** **Calcarea** **Colocynth**	**Arsenicum** **Calcarea phos.** **Conium**

	Kali bichrom	Kali carb	Lachesis
	Lycopodium	Nat mur	Nux
	Phosphorus	Pulsatilla	Rumex
	Sepia	Silicea	Sulphur
	Zinc		
Symptoms improve while eating	Anacardium	Ignatia	Lachesis
	Zinc		
Symptoms get worst while eating	Ammon. carfb.	Carbo an.	Carbo veg.
	Conium	Kali carb	Nitric ac
	Sulphur		
Eating to Satiety Alleviates	Arsenicum	Iodum	Phosphorus
Eating to Satiety makes worse	Calcarea	Lycopodium	Pulsatilla
	Sulphur		

EMOTIONS AND MIND

(see also breathing, facial expression, perspiration, pulse)

Anger	Aconite	Anacardium	Arsenicum
	Aurum	Bryonia	Chamomilla
	Hepar sulph	Ignatia	Kali carb
	Kali sulph	Lycopodium	Nat mur
	Nitric ac	Nux	Petroleum
	Sepia	Staphisagria	Sulphur
Anxiety	Aconite	Argentum nit	Arsenicum
	Arsenicum iod	Aurum	Belladonna
	Bismuth	Bryonia	Cactus
	Calcarea	Calcarea phos	Calcarea sulph
	Camphora	Cannabis ind	Causticum
	China	Conium	Digitalis
	Iodum	Kali carb	Kali iod
	Kali phos	Kali sulph	Lycopodium
	Mezereum	Natrum ars	Natrum carb
	Nitric ac	Phosphorus	Psorinum
	Pulsatilla	Rhus tox	Secale
	Sulphur	Veratrum	
Apprehension	Bryonia	Calcarea	China sulph
	Cicuta	Phosphorus	
Brooding, tendency to dwell on things	Ambra	Benzoic ac	Chamomilla
	China	Cocculus	Conium
	Nat mur	Platinum	Sepia
	Sulphur		
Desire for Company	Argentum nit	Arsenicum	Bismuth
	Hyoscyamus	Kali carb	Lac can
	Lycopodium	Phosphorus	
Not in mood for company	Anacardium	Baryta	Carbo an

	Chamomilla	Cicuta	Gelsemium
	Ignatia	Nat mur	Nux
Criticism makes worse	Staphisagria		
Delusions, Hallucinations, overactive imagination	Argentum nit	Belladonna	Cannabis ind.
	Cocculus	Hyoscyamus	Ignatia
	lachesis	Petroleum	Phosphoric ac.
	Sabadilla	Stramonium	Sulphur
Depression	Aconite	Arsenicum	Arsenicum iod.
	Aurum	Aurum mur	Calcarea
	Calcarea ars	Calcarea sulph	Carbo an
	Carbon sulph	Causticum	Chamomilla
	China	Cimicifuga	Ferrum
	Ferrum iod.	Gelsemium	Graphites
	Helleborus	Ignatia	Iodum
	Kali brom.	Kali phos	Lac can
	Lachesis	Lilum	Lycopodium
	Mercurius	Mezereum	Murex
	Natrum ars	Natrum mur	Natrum sulph
	Nitric ac	Platinum	Psorinum
	Pulsatilla	Rhus tox	Sepia
	Stannum	Sulphur	Thuja
	Veratrum	Zinc	
Despair	Arsenicum	Aurum	Calcarea
	Coffea	Helleborus	Ignatia
	Psorinum		
Discontentl, dissatisfaction	Anacardium	Calcarea phos	Mercurius
	Nat mur	Sulphur	
Disappointment makes worse	Ignatia		
Dullness, Sluggishness, difficulty understanding what is going on	Argentum nit	Baptisia	Baryta
	Baryta mur	Belladonna	Bryonia
	Carcarea	Calcarea phos	Calcarea sulph
	Carbo veg	Gelsemium	Graphites
	Guaiacum	Helleborus	Hyoscyamus
	Kali brom	Kali carb	Lachesis
	Laurocerasus	Lycopodium	Natrum ars
	Natrum carb	Natrum mur	Nux mosch
	Opium	Phosphoric ac	Phosphorus
	Picric ac	Plumbum	Pulsatilla
	Senega	Silicea	Staphisagria
	Sulphur	Tuberculinum	Zinc
Embarrassment or shame makes worse	Colocynth	Ignatia	Lycopodium
	Nat mur	Palladium	Phosphoric ac
	Staphisagria		
Emotional Exhaustion, Apathy, and Indifference due to grief	Phosphoric ac.		
Enthusiasm makes worse	Phosphorus		

Excitement, excitability	**Aconite**	**Argentum nit**	**Aurum**
	Belladonna	**Chamomilla**	**Coffea**
	Graphites	**Hyoscyamus**	**Kali brom**
	Kali iod	**Lac can**	**lachesis**
	Moschus	**Nat mur**	**Nitric ac**
	Nux	**Opium**	**Phosphoric ac**
	Phosphorus	**Pulsatilla**	
Ailments brought on by too much excitement or joy	**Aconite**	**Coffea**	**Opium**
	Pulsatilla		
Fear	**Aconite**	**Aurum**	**Belladonna**
	Borax	**Calcarea**	**Calcarea phos**
	Carbon sulph	**Cicuta**	**Digitalis**
	Graphites	**Ignatia**	**Kali ars**
	Lycopodium	**Natrum carb**	**Phosphorus**
	Platinum	**Psorinum**	**Sepia**
	Stramonium		
Ailments brought on fright	**Aconite**	**Ignatia**	**Lycopodium**
	Natrum mur	**Opium**	**Phosphoric ac**
	Phosphorus	**Silicea**	
Easily frightened	**Argentum nit**	**Arsenicum**	**Baryta**
	Borax	**Graphites**	**Lycopodium**
	Natrum ars	**Natrum carb**	**Sepia**
	Stramonium		
Grief	**Aurum**	**Causticum**	**Ignatia**
	Nat mur	**Pulsatilla**	
Ailments brought on by grief	**Aurum**	**Causticum**	**Cocculus**
	Ignatia	**Lachesis**	**Nat mur**
	Phosphoric ac	**Staphisagria**	
Guilt	**Alumina**	**Ammonium carb**	**Arsenicum**
	Aurum	**Carbo veg**	**Causticum**
	Chelidonium	**Cocculus**	**Conium**
	Digitalis	**Ferrum**	**Graphites**
	Hyoscyamus	**Ignatia**	**Medorrhinum**
	Mercurius	**Nat mur**	**Nux**
	Psorinum	**Rhus tox**	**Silicea**
	Sulphur	**Thuja**	**Veratrum**
	Zinc		
Feeling Harassed makes worse	**Anacardium**	**Cina**	**Colocynth**
	Ignatia	**Ipecac**	**Phosphorus**
	Staphisagria		
Hallucinations (see delusions)			
Haste and Hurry	**Lilium**	**Medorrhinum**	**Mercurius**
	Natrum mur	**Sulphur**	**Sulphuric ac**
	Tarentula		
Homesickness	**Capsicum**	**Carbo an.**	**Ignatia**

	Phosphoric ac.		
Impatience	**Chamomilla** **Sepia**	**Ignatia** **Sulphur**	**Nux**
Indifference, lack of interest in people or things	**Apis** **Helleborus** **Natrum carb** **Onosmodium** **Phosphorus** **Sepia**	**Carbo veg** **Lilium** **Nat mur** **Opium** **Platinum** **Staphisagria**	**China** **Mezereum** **Natrum phos** **Phosphoric ac** **Pulsatilla**
Indignation	**Arsenicum** **Staphisagria**	**Calcarea phos**	**Colocynth**
Irritability	**Aconite** **Apis** **Bovista** **Calcarea sulph** **Causticum** **Hepar sulph** **Kali sulph** **Magnesia carb** **Nitric ac** **Posphoric ac** **Pulsatilla** **Sepia** **Sulphur** **Veratrum vir**	**Alumina** **Aurum** **Bryonia** **Carbo veg** **Chamomilla** **Kali carb** **Lilium** **Natrum carb** **Nux** **Phosphorus** **Ranunculus** **Silicea** **Sulphuric ac** **Zinc**	**Antimonium** **Belladonna** **Calcarea** **Carbon sulph** **Graphites** **Kali iod** **Lycopodium** **Natrum mur** **Petroleum** **Platinum** **Rhus tox** **Staphisagria** **Thuja**
Jealousy	**Apis** **Lachesis** **Pulsatilla**	**Calcarea sulph** **Lycopodium**	**Hyoscyamus** **Medorrhinum**
Can't Bear to be looked at	**Antimonium** **Chamomilla** **Iodum**	**Antimonium tart** **China** **Nat mur**	**Arsenicum** **Cina**
Mental Exhaustion, perhaps from Studying too hard	**Picric ac.**		
Mental Exhustion and Memory Problems while Studying for Exams	**Anacardium**		
Can't Bear to be Opposed or Contradicted	**Aurum** **Ferrum** **Nux**	**Bryonia** **Ignatia** **Sepia**	**Cocculus** **Lycopodium** **Silicea**
Oversensitiveness, crying when others are hurt or in trouble	**Causticum** **Natrum mur** **Phosphorus**	**Ignatia** **Nitric ac.**	**Natrum carb** **Nux**
Excessive Pride	**Calcarea** **Platinum**	**Lachesis** **Silicea**	**Palladium** **Sulphur**
Punishment makes worse	**Argentum nit** **China**	**Capsicum** **Ignatia**	**Chamomilla**

Restlessness, nervousness	**Aconite**	**Anacardium**	**Argentum nit**
	Arsenicum	**Arsenicum iod**	**Baptisia**
	Belladonna	**Calcarea**	**Calcarea phos**
	Camphora	**Cimicifuga**	**Colocynth**
	Cuprum	**Ferrum**	**Helleborus**
	Hyoschyamus	**Mercurius**	**Plumbum**
	Pulsatilla	**Rhus tox**	**Sepia**
	Silicea	**Staphisagria**	**Stramonium**
	Sulphur	**Tarentula**	**Zinc**
Rudeness	**Hyoscyamus**	**Lac can**	**Lycopodium**
	Nux	**Stramonium**	**Veratrum**
Rudeness makes worse	**Staphisagria**		
Sympathy relieves symptoms	**Pulsatilla**		
Sympathy makes worse	**Ignatia**	**Nat mur**	**Sepia**
	Silicea		
Can’t bear being spoken to	**Arsenicum**	**Arsenicum iod.**	**Carbon sulph**
	Chamomilla	**Gelsemium**	**Graphites**
	Hyoscyamus	**Iodum**	**Natrum sulph**
	Sulphur	**Tarentula**	
Symptoms worse in presence of strangers	**Ambra**	**Baryta**	**Bryonia**
	Sepia	**Stramonium**	**Thuja**
Suppressed, Bottled Up	**Aconite**	**Bryonia**	**Cuprum**
	Conium	**Graphites**	**Lachesis**
	Nat mur	**Opium**	**Secale**
	Sepia	**Sulphur**	**Zinc**
Tearfulness	**Apis**	**Calcarea**	**Calcarea sulph**
	Carbon sulph	**Causticum**	**cicuta**
	Graphites	**Ignatia**	**Kali brom**
	Lac can	**Lycopodium**	**Nat mur**
	Palladium	**Platinum**	**Pulsatilla**
	Rhus tox	**Sepia**	**Sulphur**
	Veratrum		
Aversion to Thinking	**Baptisia**	**Carbo veg**	**China**
	Gelsemium	**Lycopodium**	**Phosphoric ac.**
	Phosphorus		
Thinking about Ailments tends to make them better	**Camphor**	**Helleborus**	
Thinking about Ailments tends to make them worse	**Alumina**	**Baptisia**	**Baryta**
	Calcarea phos	**Causticum**	**Gelsemium**
	Helleborus	**Lachesis**	**Medorrhinum**
	Nitric ac.	**Nux**	**Oxalic ac.**
	Ranunculus	**Sabadilla**	**Spongia**
Timidity	**Baryta**	**Calcarea**	**Calcarea sulph**
	Gelsemium	**Kali carb**	**Lycopodium**

	Natrum carb	Petroleum	Phosphorus
	Plumbum	Pulsatilla	Sepia
	Sulphur		
Ailments brought on by Unhappy Love Affair	Aurum	Hyoscyamus	Ignatia
	Nat mur	Phosphoric ac.	
Weepy	Pulsatilla	Sulphur	
Upset by Bad News	Apis	Calcarea	Gelsemium
	Ignatia	Medorrhinum	Nat mur
	Palladium	Sulphur	

ENVIRONMENT - COLD

Cold in general makes worse	Arsenicum	Baryta	Calcarea ars
	Calcarea fluor	Calcarea phos	Calcarea sil
	Capsicum	Causticum	China
	Dulcamara	Graphites	Hepar sulph
	Hypericum	Kali ars	Kali carb
	Kali phos	Lycopodium	Magnesia phos
	Moschus	Natrum ars	Nitric ac
	Nux	Phosphorus	Psorinum
	Pyrogenium	Ranunculus	Rhus tox
	Sabadilla	Sepia	Silicea
	Spigelia	Strontium	
Cold air improves	Aloe	Ambra	Amyl nit
	Bryonia	Fluoric ac	Gelsemium
	Glonoinum	Iodum	Nat sulph
	Picric ac	Pulsatilla	Sanguinaria
	Secale		
Cold air makes worse	Agaricus	Allium	Arsenicum
	Aurum	Badiaga	Bartya
	Calcarea	Calcarea phos	Camphora
	Causticum	Cimicifuga	Cistus
	Dulcamara	Helleborus	Hepar sulph
	Hypericum	Kali ars	Kali carb
	Lycopodium	Magnesia phos	Moschus
	Nux	Nux mosch.	Psorinum
	Ranunculus	Rhododendron	Rhus tox
	Rumex	Sabadilla	Sepia
	Silicea	Strontium	
Tendency to catch cold	Aconite	Alumina	Baryta
	Bryonia	Calcarea	Chamomilla
	Dulcamara	Hepar sulph	Kali carb
	Kali iod	Lycopodium	Mercurius
	Natrum ars.	Nat mur	Nitric ac
	Nux	Psorinum	Rumex
	Sepia	Silicea	Tuberculinum
Becoming cold improves	Iodum	Lycopodium	Pulsatilla

Becoming cold makes worse	**Arsenicum**	**Aurum**	**Baryta**
	Hepar sulph	**Kali ars**	**Kali bichrom**
	Kali carb	**Lycopodium**	**Moschus**
	Nux	**Phosphoric ac**	**Pyrogenium**
	Ranunclus	**Rhus tox**	**Sabadilla**
	Sepia	**Silicea**	**Sulphuric ac**
Symptoms come on after catching cold	**Arsenicum**	**Baryta**	**Belladonna**
	Bryonia	**Calcarea**	**Calcarea phos**
	Chamomilla	**China**	**Dulcamara**
	Hepar sulph	**Hyoscyamus**	**Mercurius**
	Nux	**Phosphorus**	**Pulsatilla**
	Pyrogenium	**Ranunculus**	**Rhus tox**
	Sepia	**Silicea**	**Spigelia**
	Sulphuric ac.		
Cold bathing and cold applications improve	**Aloe**	**Amyl nit**	**Apis**
	Argentum nit	**Arnica**	**Aurum**
	Bryonia	**Fluoric ac**	**Glonoinum**
	Iodum	**Ledum**	**Nat mur**
	Picric ac	**Pulsatilla**	**Secale**
Cold bathing and cold applications makes worse	**Actaea**	**Antomonium**	**Antimonium tart**
	Apocynum	**Baryta**	**Belladonna**
	Capsicum	**Causticum**	**Chimaphila**
	Kreosotum	**Lachesis**	**Magnesia phos**
	Muriatic ac	**Nitric ac**	**Phosphorus**
	Rhus tox	**Ruta**	**Sepia**
	Spigelia		
Change from cold to warm air makes worse	**Bryonia**	**Kali sulph**	**Psorinum**
	Sulphur	**Tuberculinum**	
Entering a cold place makes worse	**Arsenicum**	**Kali ars**	**Ranunculus**
	Sepia		

EYES

Pupils dilated	**Belladonna**	**Gelsemium**	**Stramonium**
Pupils contracted	**Aconite**	**Opium**	

EYES, DISCHARGES FROM

Heavily infected	**Argentum nit.**	**Calcarea**	**Hepar sulph**
	Lycopodium	**Mercurius**	**Pulsatilla**
Irritating, itchy discharge	**Carbon sulph**	**Chamomilla**	**Euphrasia**
	Graphites	**Hepar sulph**	**Sulphur**
Mucus or Pus	**Calcarea**	**Calcarea sulph**	**Causticum**
	Mercurius	**Pulsatilla**	**Pyrogeneum**
	Tellurium		

Tears	**Allium**	**Belladonna**	**Calcarea**
	Euphrasia	**Fluoric ac.**	**Lycopodium**
	Mercurius	**Nat mur**	**Nitric ac**
	Opium	**Phosphorus**	**Pulsatilla**
	Rhus tox	**Sulphur**	

FACIAL EXPRESSIONS

Anxious	**Aconite**	**Aethusa**	**Ailanthus**
	Arsenicum	**Borax**	**Camphora**
	China sulph.	**Lac can.**	**Veratrum**
Confused	**Aesculus**	**Arsenicum**	**Lycopodium**
Distressed	**Ailanthus**	**Arsenicum**	**Cactus**
	Croton	**Iodum**	**Nux mosch.**
	Stramonium		
Frightened	**Aconite**	**Apis**	**Baptisia**
	Stramonium		
Haggard	**Arsenicum**	**Camphora**	**Capsicum**
	Carbo veg	**Kali carb**	**Lachesis**
	Nat mur	**Phosphorus**	**Silicea**
Old Looking	**Argentum nit**	**Calcarea**	**Guaiacum**
	Nat mur	**Opium**	
Sickly	**Arsenicum**	**Arsencium iod.**	**China**
	Lachesis	**Lycopodium**	
Stupid, Stupefied	**Apis**	**Argentum nit**	**Arnica**
	Arsenicum	**Belladonna**	**Cannabis ind.**
	Gelsemium	**Hyoscyamus**	**Nux mosch.**
	Stramonium		
Sleepy	**Cannabis ind.**	**Nux mosch.**	**Opium**
Suffering	**Arsenicum**	**Cactus**	**Kali carb.**
	Lyssin	**Manganum**	**Silicea**
	Sulphur		

FECES

Worse before bowel movements	**Kali carb**	**Mercurius**	**Podophyllum**
	Rheum	**Veratrum**	
Worse during bowel movements	**China**	**Podophyllum**	**Rheum**
	Veratrum		
Better after bowel movements	**Bryonia**	**Natrum sulph.**	**Nux**
	Oxalic ac.		

Worse after bowel movements	**Causitcum**	**China**	**Phosphorus**
	Podophyllum	**Rheum**	**Veratrum**
Frequent Bowel Movements	**Arsenicum**	**Capsicum**	**Chamomilla**
	Mercurius	**Mercurius corr.**	**Nux**
	Phosphorus	**Podophyllum**	**Veratrum**
Dry Feces	**Bryonia**	**Lac deflor.**	**Lycopodium**
	Nat mur	**Nitric ac.**	**Nux**
	Opium	**Phosphorus**	**Silicea**
	Zinc		
Foul-Smelling Feces	**Argentum nit.**	**Arsenicum**	**Asafoetida**
	Baptisia	**Benzoic ac.**	**Bryonia**
	Carbo veg.	**Carbon sulph.**	**Crotalus**
	Graphites	**Kali ars.**	**Kali phos.**
	Lachesis	**Mercurius corr.**	**Nat. sulph.**
	Nux mosch.	**Opium**	**Podophyllum**
	Psorinum	**Silicea**	**Squilla**
	Sulphur	**Tuberculinum**	
Greenish Feces	**Argentum nit**	**Calcarea phos.**	**Chamomilla**
	Colocynth	**Croton**	**Gratiola**
	Ipecac	**Magnesium carb.**	**Mercurius**
	Mercurius corr.	**Nat mur**	**Nat. sulph**
	Phosphorus	**Plumbum**	**Podophyllum**
	Pulsatilla	**Secale**	**Sulphur**
	Veratrum		
Hard Feces	**Alum**	**Alumina**	**Ammon. carb.**
	Ammon mur	**Antimonium**	**Bryonia**
	Calcarea	**Carbon suoph.**	**Carduus**
	Collinsonia	**Graphites**	**Kali brom.**
	Lac deflor.	**Lachesis**	**Lycopodium**
	Magnesia mur	**Mezereum**	**Nat mur**
	Nitric ac.	**Nux**	**Opium**
	Phosphorus	**Plumbum**	**Selenium**
	Sepia	**Silicea**	**Sulphur**
	Veratrum	**Verbascum**	**Zinc**
Pale Colored Feces	**Arsenicum**	**Borax**	**Calcarea**
	Carduus	**Chelidonium**	**China**
	Digitalis	**Lycopodium**	**Mercurius**
	Phosphoric ac.	**Sanicula**	**Silicea**
	Tabacum		
Pasty Looking Feces	**Bryonia**	**Chelidonium**	**Colocynth**
	Croton	**Mercurius**	**Mercurius corr.**
	Podophyllum	**Rheum**	**Sulphur**
Feces like Sheep's droppings	**Alum**	**Alumina**	**Chelidonium**
	Magnesia mur	**Mercurius**	**Nat mur**
	Nitric ac.	**Opium**	**Plumbum**
	Sulphur		
Feces Soft and Spattery	**Croton**	**Elaps**	**Gratiola**
	Nat carb	**Nat mur**	**Podophyllum**
	Scale	**Veratrum**	

Feces containing Undigested Food	**Arsenicum** **China** **Graphites** **Phosphorus**	**Bryonia** **China ars.** **Magnesia mur** **Podophyllum**	**Calcarea** **Ferrum** **Phosphoric ac.**
Watery Feces	**Agaricus** **Apocynum** **Benzoic ac.** **Chamomilla** **Dulcamara** **Magnesia carb** **Nat sulph** **Phosphorus** **Psorinum** **Sulphur** **Veratrum vir.**	**Antomonium** **Argentum nit** **Calcarea** **Colchicum** **Iris** **Mercurius** **Nux** **Picric acid** **Pulsatilla** **Thuja**	**Apis** **Asatoetida** **Carbon sulph** **Conium** **Kali bichrom.** **Nat mur** **Opium** **Podophyllum** **Secale** **Veratrum**

FOOD

Cold food makes worse	**Arsenicum** **Lycopodium** **Silicea**	**Dulcamara** **Nux**	**Lachesis** **Rhus tox**
Raw food makes worse	**Pulsatilla**	**Ruta**	**Veratrum**
Farinaceous foods makes worse	**Causticum**	**Natrum carb**	**Nat mur**
Fatty foods makes worse	**Carbo veg** **Pulsatila**	**Cyclamen** **Taraxacum**	**Ferrum**
Flatulent Foods makes worse	**Bryonia** **Petroleum**	**China**	**Lycopodium**
Frozen food makes worse	**Arsenicum** **Ipecac**	**Calcarea phos** **Pulsatilla**	**Carbo veg**
Fruit makes worse	**Arsenicum** **Colocynth** **Veratrum**	**Bryonia** **Natrum sulph**	**China** **Pulsatilla**
Rich food makes worse	**Bryonia** **Natrum sulph**	**Carbo veg** **Pulsatilla**	**Ipecac** **Sepia**
Salty foods makes worse	**Alumina** **Phosphorus**	**Carbo veg** **Selenium**	**Drosera**
Sour foods makes worse	**Antimonium** **Belladonna** **Sepia**	**Argentum nit** **Ferrum** **Sulphur**	**Arsenicum** **Natrum phos**
Sweet foods makes worse	**Antimonium** **Graphites** **Selenium**	**Argentum nit** **Ignatia** **Sulphur**	**Chamomillla** **Mercurius**

Beans, Peas and other pulses makes worse	**Bryonia** **Petroleum**	**Calcarea**	**Lycopodium**
Bread makes worse	**Bryonia** **Nat mur** **Pulsatilla**	**China** **Nitric ac** **Sepia**	**Lycopodium** **Nux** **Sulphur**
Buckwheat makes worse	**Ipecac**	**Pulsatilla**	
Butter makes worse	**Carbo veg**	**Pulsatilla**	
Cabbage makes worse	**Bryonia** **Magnesiua** **Pulsatilla**	**China** **Natrum sulph**	**Lycopodium** **Petroleum**
Meat that is going bad makes worse	**Arsenicum** **Carbo veg** **Pulsatilla**	**Belladonna** **Crotalus** **Pyrogenium**	**Bryonia** **Lachesis**
Milk makes worse	**Aethusa** **China** **Magnesia mur** **Sulphur**	**Calcarea** **Conium** **Nitric ac**	**Calcarea sulph** **Lac defl** **Sepia**
Milk gives diarrhea	**Mag mur**		
Onions makes worse	**Ignatia** **Sulphur**	**Lycopodium** **Thuja**	**Pulsatilla**
Pancakes makes worse	**Bryonia**	**Kali carb**	**Pulsatilla**
Pastry makes worse	**Carbo veg** **Sepia**	**Cyclamen**	**Pulsatilla**
Sauerkraut makes worse	**Bryonia** **Petroleum**	**China** **Phosphorus**	**Lycopodium** **Pulsatilla**
Green vegetables makes worse	**Alumina** **Natrum sulph**	**Bryonia**	**Helleborus**
Sight of food makes worse	**Colchicum** **Sulphur**	**Kali bichrom**	**Lycopodium**
Smell of food makes worse	**Arsenicum** **Digitalis** **Thuja**	**Crocculus** **Ipecac**	**Colchicum** **Sepia**
Aversion to food in general	**Arsenicum** **Colchicum** **Lilium**	**China** **Ferrum** **Nux**	**Cocculus** **Ipecac**
Aversion to food despite being hungry	**Cocculus**	**Nat mur**	**Nux**
Aversion to warm/hot food	**China** **Pulsatilla**	**Graphites**	**Phosphorus**

Aversion to smell of food	**Arsenicum** **Ipecac**	**Cocculus** **Podophyllum**	**Colchicum** **Sepia**
Aversion to food until tasted then ravenous appetite	**Lycopodium**		
Aversion to fatty and rich foods	**China**	**Petroleum**	**Pulsatilla**
Aversion to fish	**Graphites**		
Aversion to fruit	**Arsenicum**	**China**	**Pulsatilla**
Aversion to meat	**Calcarea** **Graphites** **Petroleum** **Sulphur**	**Calcarea sulph** **Muriatic ac** **Pulsatilla** **Silicea**	**Carbon sulph** **Nux** **Sepia**
Aversion to salty foods	**Carbo veg** **Selenium**	**Graphites** **Sepia**	**Nat mur**
Aversion to sweet foods	**Arsenicum** **Mercurius** **Zinc**	**Causticum** **Phosphorus**	**Graphites** **Sulphur**
Aversion to beer	**China**	**Nux**	
Aversion to bread	**China**	**Natrum mur**	
Aversion to butter	**China**	**Pulsatilla**	
Aversion to milk	**Lac defl**	**Natrum carb**	
Desire for Cold Food	**Phosphorus**	**Pulsatilla**	
Desire for raw food	**Sulphur**		
Desire for warm/hot food	**Arsenicum** **Lycopodium**	**Chelidonium** **Phosphoric ac**	**Ferrum** **Sabadilla**
Desire for Fatty foods	**Arsenicum** **Nux**	**Hepar sulph** **Sulphur**	**Nitric ac**
Desire for fish	**Natrum mur**	**Phosphoric ac**	
Desire for fruit	**Phosphoric ac.**	**Veratrum**	
Desire for juicy things	**Phosphoric ac**		
Desire for salty foods	**Argentum nit** **Nat mur**	**Carbo veg** **Phosphorus**	**Lac can** **Veratrum**
Desire for Spicy Foods	**China** **Nux** **Sulphur**	**Hepar sulph** **Phosphorus** **Tarentula**	**Lac can** **Sanguinaria**

Desire for strange foods	**Bryonia** **Chelidonium** **Mancinella**	**Calcarea** **Cyclamen**	**Calcarea phos** **Hepar sulph**
Desire for Sweet foods	**Argentum nit** **Sulphur**	**China**	**Lycopodium**
Desire for bread and butter	**Mercurius**		
Desire for eggs	**Calcarea**		
Desire for Herrings and other oily fish	**Nitric ac**	**Pulsatilla**	**Veratrum**
Desire for Ice cream	**Calcarea**	**Opium**	**Phosphorus**
Desire for lemons	**Arsenicum**	**Belladonna**	
Desire for Lime, Earth, Chalk, Clay etc.	**Allumina**	**Nitric ac**	**Nux**
Desire for Milk	**Apis** **Bryonia** **Lac can** **Nux** **Sabadilla** **Strontia**	**Arsenicum** **Calcarea** **Mercurius** **Phosphoric ac** **Silicea**	**Aurum** **Chelidonium** **Nat mur** **Rhus tox** **Staphisagria**
Desire for smoked meats	**Calcarea phos**	**Causticum**	**Tuberculinum**
Indistinct desires, not knowing what foods one wants	**Bryonia**	**Ignatia**	**Pulsatilla**

GRIEF

Ignatia **Phos. Ac.** **Aurum**	**Causticum** **Nat mur**	**Staphisagria** **Puls (weepy)**

HEARING (see Noise)

HEAT AND COLD (also see Cold; Warmth and Heat)

Extreme heat and Cold makes worse	**Antinomium** **Graphites** **Lycopodium** **Nat mur** **Psorinum** **Sulphur**	**Causticum** **Ipecac** **Mercurius** **Nitric ac** **Sepia**	**Fluoric ac** **Lachesis** **Natrum carb** **Phosphoric ac** **Silicea**

HUMIDITY

Damp air alleviates	**Aconite**	**Belladonna**	**Bryonia**
	Causticum	**Hepar sulph**	**Ipecac**
	Nitric ac	**Nux**	**Platinum**
	Spegelia	**Spongia**	**Zinc**
Damp air makes worse	**Acatea**	**Bryonia**	**Dulcamara**
	Gelsemium	**Hypericum**	**Sanguinaria**
	Thuja	**Urtica**	
Damp house or cellar makes worse	**Arsenicum**	**Dulcamara**	**Nat Sulph**
	Nux mosch	**Rhus tox**	**Terebinthum**
	Thuja	**Veratrum**	
Dry air alleviates	**Ammonium carb**	**Calcarea**	**Dulcamara**
	Lycopodium	**Manganum**	**Mercurius**
	Nat sulph	**Nux mosch**	**Rhododendron**
	Rhus tox	**Ruta**	
Dry air makes worse	**Aconite**	**Belladonna**	**Bryonia**
	Causticum	**Hepar sulph**	**Nux**

ITCHING

Violent itching	**Staphysagria**

JAW

Cracking in jaw when chewing	**Nit-ac**		**Rhus tox**							
Pain, pressing lower jaw	**Sars**		**Spig**	**Verb**						
Pain, pressing upper jaw	**Acon**		**Ars**	**Chel**		**Kali-bi**		**Lach**		
Pain, sore, bruised jaw	**Caust**		**crot-h**	**Phos**	**Plan.**					
Pain, sore, bruised lower jaw	**Aur**	**lach**	**nat mur**							
Pain, maxillary articulation on chewing		**Sil**								
Pain, stitching										
jaws	**acon**	**ambr**	**berb**	**cimx**	**kalm**	**op**	**thuj**	**verat**	**zinc**	
lower jaw	**Mang**	**bell**	**carb-an**		**caust**	**cham**	**coccc.**	**gels**	**sars**	
	thuj.									
“ morning	**Thuj**									
“ evening	**Berb**									
“ night		**Zinc**								
“ while walking	**Euphr**	**zinc**								
Joints of	**cham**	**hep**	**nat-m**	**nit-ac**						
“ on motion	**zinc**									
“ opening mouth	**zinc**									
extending to ear	**Sep.**	**cham.**	**Bell**							
extending to neck	**zinc**									
extending to teeth	**cham.**									
extending to temple	**alum**									
upper jaw	**chel**	**kali-bi**	**merc**	**rhus-v**	**spong**					

" afternoon	Indg
" in bed evening	Spong
" extending to ear	Kali-bi phos

LEFT SIDE/RIGHT SIDE (also see Movement and Posture)

Worse on left side	Argentum nit	Arsenicum	Euphrasia
	Graphites	Lachesis	Mercurius
	Phosphorus	Sepia	Spigella
	Sulphur		
Worse on right side	Apis	Arsenicum	Belladonna
	Bryonia	Calcarea	Cantharis
	Carbo veg	Chelidonium	Colocynth
	Conium	Ignatia	Iris versicolor
	Lycopodium	Nux	Pulsatilla
	Sepia		

LIGHT

Bright Lights make Worse	Belladonna	Cantharis	Stramonium

LIGHT AND DARK (see also time of day)

Light makes worse	Calcarea	Colchicum	Glonoinum
	Natrum carb		
Symptoms better in dark	Calcarea	Cicuta	Hepar sulph
	Nux	Sepia	
Symptoms worse in dark	Cannabis ind.	Causticum	Phosphorus
	Pulsatilla	Rhus tox	Stramonium

LUNGS, DISCHARGES FROM (phlegm, sputum)

Clinging, Difficult to cough up	Causticum	Pulsatilla	Senega
Copious	Amonium carb.	Arsenicum	Cactus
	Calcarea	Calcarea phos.	Coccus
	Euphrasia	Hepar sulph.	Lycopodium
	Phosphorus	Pulsatilla	Sepia
	Stannum		
Foul-Smelling	Arsenicum	Borax	Calcarea
	Guaiacum	Lycopodium	Natrum ars.
	Natrum carb.	Phellandrium	Sanguinaria
	Stannum		
Frothy	Arsenicum		

Greenish	**Calcarea**	**Carbo veg.**	**Kali iod.**
	Lycopodium	**Mercurius**	**Nat sulph**
	Paris	**Phosphorus**	**Psorinum**
	Pulsatilla	**Stannum**	**Sulphur**
Heavily infected	**Calcarea**	**China**	**Conium**
	Kali carb.	**Lycopodium**	**Natrum ars.**
	Phosphorus	**Sepia**	**Silica**
Rusty-looking	**Bryonia**	**Lycopodium**	
Scanty	**Phosphorus**	**Stannum**	
Sticky	**Alumina**	**Argentum nit.**	**Coccus**
	Hepar Sulph	**Hydrastis**	**Kali bichrom.**
	Phosphorus	**Pulsatilla**	**Sambucus**
	Senega	**Stannum**	
Stringy, Ropy	**Kali bichrom.**		
Thick	**Argentum nit.**	**Hepar sulph.**	**Hydrastis**
	Kali bichrom.	**Silicea**	**Tuberculinum**
White, Milky-Looking	**Lycopodium**	**Nat mur**	**Phosphorus**
	Senega	**Sepia**	
Yellow	**Calcarea**	**Calcarea phos.**	**Calcearea sulph**
	Hepar sulph	**Hydrastis**	**Lycopodium**
	Phosphorus	**Sepia**	**Silicea**
	Stannum	**Tuberculinum**	

MASTURBATION

	Staphisagria	**Bufo**

MENSTRUATION

Symptoms worse before periods	**Bovista**	**Calcarea**	**Calcarea phos.**
	Cuprum	**Lachesis**	**Lycopodium**
	Nat mur	**Pulsatilla**	**Sepia**
	Sulphur	**Veratrum**	**Zinc**
Symptoms worse after periods	**Borax**	**Graphites**	**Kreosotum**
	Lachesis	**Nux**	**Sepia**
Worse at start of periods	**Calcarea phos**	**Hyoscyamus**	**Kali carb**
Symp. improve during periods	**Lachesis**		
Worse during periods	**Ammon. carb**	**Argentum nit**	**Bovista**
	Carbon sulph	**Chamomilla**	**Graphites**
	Hyoscyamus	**Kali carb**	**Magnesia carb.**
	Nux	**Pulsatilla**	**Sepia**
	Sulphur	**Zinc**	

Worse at Menopause	**Actaea**	**Aloe**	**Argentum nit.**
	China	**Crocus**	**Cocculus**
	Crotalus	**Graphites**	**Ignatia**
	Lachesis	**Lilium**	**Manganum**
	Murex	**Nux mosch.**	**Psorinum**
	Pulsatilla	**Sanguinaria**	**Sepia**
	Sulphur		

MOON

Full Moon makes worse	**Calcarea**	**Crocus**	**Graphites**
	Natrum carb	**Nat mur**	**Spongia**
	Silicea		
New Moon makes worse	**Ammonium carb.**	**Calcarea**	**Causticum**
	Cuprum	**Crocus**	**Sepia**
	Silicea	**Staphisagria**	
Waxing Moon Alleviates	**Clematis**		
Waxing Moon Makes Worse	**Alumina**	**Calcarea**	**China**
	Clematis		

MOUTH

Bad Breath	**Arnica**	**Arsenicum**	**Carbo veg**
	Chamomilla	**Chelidonium**	**Lachesis**
	Mercurius	**Nat mur**	**Sulphur**
Bluish about the mouth	**Cina**		
Discoloration lips	**Ars**	**Carb-v**	**Hyos**
	Phos	**Psor**	**Sul-ac**
	Verat		
Dry Lips	**Antimonium**	**Bryonia**	**Hyoscyamus**
	Pulsatilla	**Rhus tox**	**Sulphur**
Pale Lips	**Apis**	**Calcarea**	**Ferrum phos.**
	Lycopodium	**Opium**	**Pulsatilla**
Red Lips	**Apis**	**Lachesis**	**Sulphur**
Sore, Cracked Lips	**Bryonia**	**Calcarea**	**Carbo veg**
	China	**Graphites**	**Lachesis**
	Nat mur	**Sulphur**	
Mouth feels dry	**Aconite**	**Arsenicum**	**Baryta**
	Belladonna	**Chamomilla**	**China**
	Hyoscyamus	**Ignatia**	**Lachesis**
	Lycopodium	**Mercurius**	**Nat mur**
	Nat sulph	**Nux**	**Phosphoric ac.**
	Phosphorus	**Rhus tox**	**Sepia**
	Silicea	**Sulphur**	**Veratrum**

Lower Lip:	**Sepia**		
Upper Lip	**Nat mur**		
Pain, sore bruised lips	**asaf. graf thuj**		
Pain, stitching lips	**asaf. bell. bov. con., nit-ac. sabad sep. spong. staph zinc.**		
" extending to face on touch	**staph**		
Corners of mouth:	**Aurum-t**	**Cund**	**Graph**
	Sil	**Nit-ac**	
More Saliva than usual	**Kali carb**	**Mercurius**	**Nat mur**
	Nux	**Veratrum**	
Tongue looks black	**Aconite**	**Apis**	**Chamomilla**
Tongue feels dry	**Aconite**	**Apis**	**Arsenicum**
	Belladonna	**Calcarea**	**Causticum**
	Chamomilla	**China**	**Hyoscyamus**
	Lachesis	**Mercurius**	**Pulsatilla**
	Rhus tox	**Sulphur**	
Tongue red all over	**Apis**	**Arsenicum**	**Belladonna**
	Mercurius	**Phosphorus**	**Rhus tox.**
Tongue Red on tip only	**Argentum nit**	**Arsenicum**	**Rhus tox**
	Sulphur		
Tongue red around edges	**Arsenicum**	**Chelidonium**	**Mercurius**
	Sulphur		
Tongue looks swollen	**Aconite**	**Apis**	**Belladonna**
	Mercurius		
Tongue white and coated	**Antimonium**	**Arsenicum**	**Belladonna**
	Bryonia	**Calcarea**	**Hyoscyamus**
	Mercurius	**Pulsatilla**	**Sulphur**
Tongue looks yellow	**Antimonium**	**Chelidonium**	**Mercurius**
	Rhus tox		

MOVEMENT AND POSTURE

Moving around Alleviates	**Agaricus**	**Allium**	**Arsenicum**
	Cedrum	**Conium**	**Dulcamara**
	Iodum	**Iris versicolor**	**Kreosotum**
	Lycopodium	**Magnesia carb.**	**Magnesia mur.**
	Nat sulph	**Phosphoric ac**	**Pulsatilla**
	Rhododendron	**Rhus tox**	**Ruta**
	Stannum		
Moving around Makes Worse	**Aconite**	**Actaea**	**Aesculus**
	Antimonium tart.	**Apis**	**Apocynum**

	Arsenicum	Aurum	Belladonna
	Benzoic ac.	Berberis	Bryonia
	Cactus	Calcarea phos.	Camphora
	Cantharis	Carbo veg.	Chamomilla
	Chelidonium	China	Clematis
	Cocculus	Digitalis	Eupatorium
	Gelsemium	Glonoinum	Hydrastis
	Hypericum	Iodium	Ipecac
	Iris	Kali carb	Kalmia
	Lachesis	Ledum	Magnesia phos.
	Manganum	Mercurius	Mezereum
	Moschus	Naja	Natrum mur
	Nux	Nux mosch	Picric ac
	Phosphorus	Phytolacca	Plumbum
	Rheum	Salicylic ac	Sanguinaria
	Secale	Spigelia	Stannum
	Stramonium	Sulphor	Sulphuric ac
	Tabacum	Veratrum	Veratrum vir
	Zinc		
Constant movement alleviates	Conium	Rhodendrum	Rhus tox
	Ruta		
Starting to move alleviates	Rhododendron		
Starting to move makes worst	Conium	Rhododendron	Rhus tox
	Ruta		
Rapid or Vigorous movement alleviates	Lilium	Sepia	
Rapid or Vigorous movement makes worse	Ferrum	Gelsemium	Pulsatilla
Staying in same position for long periods makes worse	Thuja		
Sudden movement makes worse	Ferrum		
Bending Backward alleviates	Aconite	Bryonia	Calcarea
	Mercurius corr.	Nat mur	Pulsatilla
	Rhus tox		
Bending backwards makes worse	Dulcamara	Manganum	
Bending Forward alleviates	Manganum		
Bending forward makes worse	Antimonium tart.	Belladonna	Spigelia
Bending Double alleviates	Argentum nit		
Being carried alleviates	Antimonium tart.	Belladonna	Chamomilla
	Kali carb	Mercurius	

Being carried makes worse	**Arnica**	**Bryonia**	**Hepar sulph**
Changing position alleviates	**Ignatia** **Valerian**	**Nat sulph** **Zinc**	**Phosphoric ac**
Changing position makes worse	**Apis** **Ferrum** **Pulsatilla**	**Bryonia** **Lycopodium** **Rhus tox**	**Capsicum** **Phosphorus**
Downward movement alleviates	**Aexculus** **Rhododendron** **Spongia**	**Bryonia** **Rhus tox**	**Opium** **Sepia**
Downward movement makes worse	**Borax**	**Stannum**	
Upward movement makes worse	**Arsenicum** **Spongia**	**Bryonia**	**Calcarea**
Exercise makes worse	**Arnica** **Cactus** **Kali bichrom.** **Magnesiua carb** **Veratrum**	**Arsenicum** **Carbo veg.** **Kali carb** **Phosphoric ac**	**Bryonia** **Causticum** **Lycopodium** **Sanguinaria**
Jarring or Vibration makes worse	**Aloe** **Baryta** **Bryonia** **Cina** **Ferrum** **Manganum** **Phosphorus** **Sepia** **Zinc**	**Alumina** **Belladonna** **China** **Cocculus** **Glonoinum** **Nat mur** **Rhus tox** **Silicea**	**Arnica** **Berberis** **Cicuta** **Conium** **Lilum** **Nitric ac** **Sanguinaria** **Spigelia**
Kneeling makes worse	**Cocculus**	**Magnesiua carb**	**Sepia**
Lifting things makes worse	**Ambra** **Calcarea** **Cocculus** **Lycopodium** **Phosphoric ac** **Silicea**	**Arnica** **Calcarea phos** **Conium** **Millefolium** **Rhus tox**	**Bryonia** **Causticum** **Graphites** **Natrum carb** **Secale**
Limbs drawn up alleviates	**Calcarea** **Manganum** **Sulphur**	**Colocynth** **Mercurius corr**	**Hepar sulph** **Sepia**
Limbs drawn up makes worse	**Antimonium tart** **Secale**	**Carbo veg**	**Pulsatilla**
Limbs hanging down alleviates	**Conium**		
Limbs hanging down makes worse	**Calcarea**	**Pulsatilla**	**Thuja**

Raising limbs alleviates	**Calcarea**		
Raising limbs makes worse	**Baryta**	**Conium**	**Phosphorus**
Lying down alleviates	**Antimonium** **Bryonia** **Manganum** **Picric ac** **Silicea**	**Apocynum** **Calcarea phos** **Nitric ac** **Plumbum** **Staphisagria**	**Arsenicum** **Kalmia** **Nux** **Podophyllum** **Veratrum**
Lying down makes worse	**Antimonium tart.** **Cedrum** **Drosera** **Hyoscyamus** **Nat sulph** **Rhus tox** **Stannum**	**Arsenicum** **Chamomilla** **Ferrum** **Lycopodium** **Platinum** **Ruta** **Tabacum**	**Belladonna** **Conium** **Glonoinum** **Murex** **Pulsatilla** **Sanguinaria** **Zinc**
Lying on back alleviates	**Aconite** **Mercurius corr** **Rhus tox**	**Bryonia** **Nat mur**	**Calcarea** **Pulsatilla**
Lying on back makes worse	**Argentum** **Dulcamara** **Sepia**	**Arsenicum** **Nux**	**Colocynth** **Phosphorus**
Lying on left side alleviates	**Ignatia**	**Muriatic ac**	**Stannum**
Lying on left side makes worse	**Argentum nit** **Colchicum** **Lilium** **Phosphorus** **Thuja**	**Arnica** **Croton** **Naja** **Pulsatilla**	**Baryta** **Lachesis** **Nat mur** **Sulphur**
Lying on right side alleviates	**Ammonium carb.** **Sulphur**	**Pulsatilla**	**Spigelia**
Lying on right side makes worse	**Benzoic ac** **Nux** **Spongia**	**Lycopodium** **Phytolacca**	**Mercurius** **Sanguinaria**
Lying on affected side alleviates	**Ambra** **Calcarea** **Pulsatilla**	**Ammonium carb.** **Chamomilla** **Sepia**	**Bryonia** **Colocynth** **Sulphur**
Lying on affected side makes worse	**Aconite** **Baptisia** **Hepar sulph** **Lycopodium** **Phosphoric ac**	**Antimonium tart.** **Baryta** **Iodum** **Nitric ac** **Ruta**	**Arsenicum** **Belladonna** **Kali carb** **Nux** **Silicea**
Lying on unaffected side alleviates	**Baptisia** **Iodum** **Ruta**	**Belladonna** **Kali carb** **Silicea**	**Hepar sulph** **Nux**

Lying on unaffected side makes worse	**Ambra** **Chamomilla** **Kali carb.** **Sepia**	**Argentum** **Colocynth** **Pulsatilla**	**Bryonia** **Ignatia** **Rhus tox**
Lying curled up alleviates	**Rheum**		
Rising from sitting or lying position alleviates	**Kali bichrom**		
Rising from Sitting or Lying position makes worse	**Antimonium** **Spongia** **Veratrum vir.**	**Bryonia** **Sulphur**	**Digitalis** **Tabacum**
Getting out of bed makes worse	**Bryonia**	**Digitalis**	**Nat sulph**
Sitting up in bed alleviates	**Nat mur**		
Sitting alleviates	**Apis** **Iodum**	**Belladonna** **Nux**	**Bryonia** **Staphisagria**
Sitting makes worse	**Agaricus** **Ferrum** **Murex** **Platinum**	**Alumina** **Fluoric ac** **Nat carb** **Rhododendron**	**Antimonium tart** **Kali bichrom** **Phosphoric ac** **Rhus Tox**
Standing alleviates	**Belladonna**	**Cedrum**	
Standing makes worse	**Aloe** **Cocculus** **Digitalis** **Phosphoric ac** **Psorinum** **Sulphur**	**Berberis** **Conium** **Kreosotum** **Phytolacca** **Rheum**	**Cantharis** **Fluoric ac** **Lachesis** **Platinum** **Sepia**
Stooping alleviates	**Conium**		
Stooping makes worse	**Ipecac** **Millefolium** **Spongia**	**Kali bichrom** **Sepia** **Sulphur**	**Lachesis** **Spigelia**
Stretching makes worse	**Colocynth**	**Lycopodium**	
Travelling in cars, trains etc. alleviates	**Bromium** **Nitric ac.**	**Graphites**	**Lycopodium**
Travelling in cars, trains, etc makes worse	**Arnica** **Petroleum** **Thuja**	**Berberis** **Psorinum** **Zinc**	**Cocculus** **Rhus tox**
Walking alleviates	**Ambra** **Drosera** **Natrum sulph**	**Arsenicum** **Fluoric ac** **Opium**	**Chamomilla** **Murex** **Phosphoric ac**
Walking makes worse	**Aconite** **Argentum**	**Aesculus** **Baptisia**	**Aloe** **Berberis**

Bryonia	Camphora	Carbolic ac
Causticum	Conium	Hepar sulph
Kali carb	Ledum	Manganum
Naja	Nat mur	Phytolacca
Picric ac	Podophyllum	Psorinum
Rheum	Ruta	Silicea
Spongia	Thuja	Veratrum vir

MUSCLES

Tired or aching muscles	Arnica

NASAL DISCHARGE (also see discharge from throat or chest)

Bland, nonstinging	Euphrasia	Pulsatilla	
Bloody	Ailanthus	Ailum	Alumina
	Ammonium carb	Arsenicum	Belladonna
	Calcarea sulph	China	China ars
	Hepar sulph	Kali iod.	Mercurius
	Nitric ac.	Psorinum	
Copious	Allium	Arsenicum	Kali iod
	Nat mur	Phosphorus	
Excoriating (highly irritant, causing skin to peel off)	Allium	Ammonium nit	Arsenicum
	Arsenicum iod	Arum	Ferrum iod
	Graphites	Iodum	Kreosotum
	Mercurius	Nitric ac	Nux
Foul-Smelling	Asafoetida	Aurum	Calcarea
	Hepar sulph	Kali bichrom	Mercurius
	Natrum carb	Psorinum	Pulsatilla
	Silicea	Sulphur	
Greenish	Kali bichrom	Kali iod.	Lac can
	Mercurius	Pulsatilla	Sepia
Heavily infected	Aurum	Calcarea	Calcarea sulph
	Conium	Hepar sulph	Kali bichrom
	Kali sulph	Lachesis	Lycopodium
	Mercurius	Silicea	Tuberculinum
Thick	Arsenicum	Calcarea sulph	Hydrastis
	Kali bichrom	Kali phos	Lac can
	Natrum sulph	Pulsatilla	Tuberculinum
Watery	Allium	Arsenicum	Aurum
	Chamomilla	Euphrasia	Graphites
	Iodum	Merc urius	Natrum ars
	Nitric ac.	Nux	
Yellowish	Arum	Aurum	Calcarea

Calcarea sulph	Hepar sulph	Hydrastis
Kali bichrom	Kali iod	Kali phos
Kali sulph	Lycopodium	Nitric ac
Pulsatilla	Sepia	Sulphur
Tuberculinum		

NERVOUS SYSTEM

Dread of downward motion, extremely sensitive to noise and fearful	Borax
Furious delirium, terrors, high fevers with spasms and convulsions	Belladonna
Good during day, restless, screaming and troublesome at night	Jalapa
Moaning mood until gets what wants, only quiet when carried (child)	Chamomilla
Impatient, vehement, desires many things, then refuses them	Rheum

NOISE

Sensitivity to Noise	Aconite	Asarum	Belladonna
	Borax	China	Coffea
	Conium	Kali carb.	Nitrix ac.
	Nux	Opium	Sepia
	Silicea	Theridon	Zinc
Sensitivity to Music	Aconite	Arnica	Belladonna
	Cannabis ind.	China	Cicuta
	Coffea	Conium	Ipecac
	Ignatia	Kali carb	Natrum carb.
	Natrum mur	Nux	Phosphoric ac
	Phosphorus	Picric ac	Silicea
	Spigelia	Stramonium	Zinc

OPEN AIR

Being Out of Doors Improves	Alumina	Argentum nit	Arsenicum
	Cannabis ind	Crocus	Kali iod
	Magnesia carb	Magnesia mur	Natrum sulph
	Pulsatilla	Rhus tox	Sabadilla
	Sabina		
Being Out of Doors Makes Worse	China	Cocculus	Guaiacum
	Hepar sulph	Kali carb	Mercurius
	Nitric ac	Nux	Nux mosch.
	Rumex	Silicea	Sulphur

Desire to be in Open Air	**Aurum**	**Aurum mur**	**Calcarea iod.**
	Carbo veg	**Crocus**	**Iodum**
	Kali iod	**Kali sulph**	**Lycopodium**
	Pulsatilla	**Sulphur**	
Dislike of Open Air	**Ammonium carb**	**Baptisia**	**Calcarea**
	Calcarea phos	**Chamomilla**	**Cocculus**
	Coffea	**Ignatia**	**Kali carb**
	Natrum carb	**Nux**	**Petroleum**
	Rumex	**Silicea**	**Sulphur**
Becoming Warm in Open Air Makes Worse	**Bryonia**	**Iodum**	**Lycopodium**
	Pulsatilla		

PAIN

Pain that comes on suddenly	**Belladonna**	**Nitric ac**	
Pain disappears as suddenly as it comes on	**Belladonna**	**Kali bichrom**	**Nitric ac**
Pain that comes on and wears off gradually	**Platinum**	**Stannum**	
Biting Pain	**Carbo veg**	**Nux vom.**	**Petroselinum**
	Sulphur	**Zinc**	
Boring, penetrating pain	**Argentum nit**	**Aurum**	**Belladonna**
	Bismuth	**Pulsatilla**	**Spigelia**
Burning Pain, External	**Apis**	**Arsenicum**	**Aurum**
	Bryonia	**Carbo veg**	**Carbon sulph**
	Causticum	**Euphrasia**	**Iris**
	Mercurius	**Nat Mur**	**Nux**
	Phosphoric ac	**Phosphorus**	**Ratanhia**
	Secale	**Sepia**	**Silicea**
	Stannum	**Sulphur**	
Burning Pain, Internal	**Aconite**	**Arsenicum**	**Aurum**
	Belladonna	**Berberis**	**Bryonia**
	Cannabis	**Cantharis**	**Carbon sulph**
	Graphites	**Kali bichrom**	**Mercurius**
	Mercurius corr	**Mezereum**	**Nitric ac**
	Nux	**Phosphorus**	**Prunus**
	Pulsatilla	**Sabadilla**	**Sanguinaria**
	Secale	**Sepia**	**Spigelia**
	Spongia	**Sulphur**	**Zinc**
Burning Pain on lying down	**Pulsatilla**		
Burning pain in morning	**Kali bi**	**Nat Sulph**	**Zinc**
Burning pain in forenoon	**Carboneum sulph**		

Burning pain at noon	**Niccolum**		
Burning pain in afternoon	**Alumina** **Iris versicolor**	**Ammonium muriat.** **Kali bich**	**Bartya carb** **Lycopodium**
Burning pain after stool	**Fago**		
Burning pain in evening	**Abrot** **Ferr-i** **Veratrum**	**Caladium** **Iris versicolor** **Zinc**	**Discorea** **Sanguinaria**
Burning pain 8 pm	**Calc p**		
Burning pain 9 pm	**Lycopodium**		
Constricting Pain, External	**Belladonna** **Drosera**	**Calcarea** **Natrum carb**	**Conium** **Petroleum**
Constricting Pain, Internal	**Ambra** **Platinum**	**Ignatia**	**Phosphoric ac.**
Cutting Pain, External	**Belladonna** **Drosera**	**Calcarea** **Natrum carb**	**Conium** **Petroleum**
Cutting Pain, Internal	**Belladonna** **Colocynth** **Hyoscyamus** **Mercurius** **Pulsatilla** **Veratrum**	**Calcarea** **Conium** **Kali carb** **Nat mur** **Silicea** **Zinc**	**Cantharis** **Dioscorea** **Lycopodium** **Nux** **Sulphur**
Digging or Gouging Pain	**Dulcamara**	**Rhododendron**	**Spigelia**
Dragging or Pulling Pain	**Carbo veg** **Nitric ac.**	**Chelidonium** **Valerian**	**Graphites**
Flitting, Shifting Pain	**Kali bichrom** **Ledum**	**Kali sulph** **Pulsatilla**	**Lac can**
Gnawing Pain	**Arsenicum** **Silicea**	**Causticum** **Staphisagria**	**Mercurius** **Sulphur**
Headache during burning pain	**Sanguinaria**		
Heat makes better	**Arsenicum**		
Heat makes worse	**Bryonia (ex. Headache)**		
Lying on back improves	**Ruta**		
Motion makes better	**Aurum**	**Rhus tox**	**Ruta**
Motion makes worse	**Bryonia**		
Nerve pain	**Hypericum**	**Ledum**	
Nightime worse	**Arsenicum**	**Aurum**	

Moves from one area to another	**Apis**		
Sudden Cramping pain, External	**Asafoetida**	**Calcarea**	**Causticum**
	Menyanthes	**Nat mur**	**Nux**
	Pulsatilla	**Rhus tox**	**Taraxacum**
	Valerian		
Sudden Cramping Pain, Internal	**Belladonna**	**China**	**Ignatia**
	Kali carb	**Nitric ac**	**Pulsatilla**
	Silicea	**Sulphur**	**Thuja**
Numbing Pain	**Chamomilla**	**Oleander**	**Platinum**
	Sabadilla	**Verbasum**	
Paralyzing Pain	**Belladonna**	**Cina**	**Cocculus**
	Colchicum	**Cyclamen**	**Nux**
	Sabina		
Pinching Pain	**Arnica**	**Belladonna**	**Nux**
Pressing, Persistent Pain, External	**Agaricus**	**Apocynum**	**Cannabis ind.**
	Causticum	**China sulph.**	**Drosera**
	Eupatorium	**Ferrum**	**Kali bichrom**
	Moschus	**Nitric ac**	**Nux**
	Phosphorus	**Podophyllum**	**Pulsatilla**
	Rhododendron	**Rhus tox**	**Ruta**
	Sepia	**Silicea**	**Spigelia**
	Stannum	**Staphisagria**	**Sulphur**
Pressing, Persistent pain, Internal	**Argentum nit**	**Arnica**	**Arsenicum**
	Asafoetida	**Belladonna**	**Bromium**
	Calcarea	**Cantharis**	**Carbo veg**
	China	**Cimifuga**	**Colocynth**
	Cuprum	**Hamamelis**	**Lachesis**
	Lilium	**Lycopodium**	**Menyanthes**
	Nat Mur	**Nux**	**Opium**
	Petroleum	**Phosphorus**	**Pulsatilla**
	Ranunculus	**Rhus tox**	**Ruta**
	Sanguinaria	**Secale**	**Sepia**
	Silicea	**Spigelia**	**Spongia**
	Stannum	**Sulphur**	**Valerian**
	Veratrum	**Zinc**	
Heavy, Pressing Pain	**Aconite**	**Belladonna**	**Bromium**
	Bryonia	**Ipecac**	**Lilium**
	Menyanthes	**Nux**	**Pareira**
	Phosphorus	**Ranunculus**	**Rhus tox**
	Sepia	**Sticta**	**Sulphur**
Inward-pressing Pain	**Anacardium**	**Platinum**	**Stannum**
Outward-pressing Pain	**Asafoetida**	**Bryonia**	**Cimifuga**
	Pulsatilla	**Sulphur**	**Valerian**
Scraping Pain	**Bryonia**	**Drosera**	**Nux**
	Pulsatilla	**Sulphur**	**Veratrum**

Sore, Bruised Feeling	**Argentum**	**Arnica**	**Cicuta**
	Cimifuga	**China**	**Drosera**
	Hamamelis	**Platinum**	**Pyrogenium**
	Rhus tox	**Ruta**	**Silicea**
Splinter like pain	**Agaricus**	**Argentum nit**	**Hepar sulph**
	Nitric ac		
Squeezing pain	**Alumina**	**Asarum**	**Cocculus**
	Nux	**Platinum**	**Sulphur**
Stabbing pain	**Spigelia**		
Stitch-like Pain, External	**Asafoetida**	**Belladonna**	**Bryonia**
	Calcarea	**Carbon sulph**	**Cicuta**
	Conium	**Kali carb**	**Kali sulph**
	Ledum	**Mercurius**	**Nitric ac**
	Pulsatilla	**Ranunculus**	**Rhus tox**
	Spigelia	**Staphisagria**	**Sulphur**
	Taraxacum	**Thuja**	**Zinc**
Stitch-like pain, internal	**Asafoetida**	**Berberis**	**Borax**
	Bryonia	**Cannabis ind.**	**Cantharis**
	Carbon sulph	**Chelidonium**	**China**
	Ignatia	**Kali carb**	**Kali sulph**
	Lachesis	**Ledum**	**Mercurius**
	Mercurius corr	**Nitric ac.**	**Phosphorus**
	Plumbum	**Pulsatilla**	**Ranunculus**
	Sepia	**Silicea**	**Spigelia**
	Squilla		
Tearing Pain, external	**Aconite**	**Arnica**	**Belladonna**
	Berberis	**Bryonia**	**Carbon sulph**
	China	**Colochicum**	**Hypericum**
	Kali carb	**Kali phos**	**Kali sulph**
	Ledum	**Lycopodium**	**Natrum mur**
	Natrum sulph	**Nitric ac**	**Pulsatilla**
	Sepia	**Sulphur**	**Zinc**
Tearing Pain, Internal	**Belladonna**	**Berberis**	**Bryonia**
	Carbo veg	**Conium**	**Kali sulph**
	Ledum	**Lycopodium**	**Mercurius**
	Pulsatilla	**Nux**	**Sepia**
	Silicea	**Spigelia**	**Sulphur**
Absence of pain in conditions usually painful	**Heleborus**	**Opium**	**Stramonium**
Pain begins on left side extends to right-sided	**Lachesis**		
Pain sudden, moves from one part to another	**Apis**		

Throbbing pain, moves from right to left	**Pulsatilla**		
Pain alternating sides	**Lac-c**		
Nerve pain	**Hypericum**	**Ledum**	
Pain under scapula	**Apis**	**Calc**	**Chel**
Weakness	**Chel**		

PARALYSIS

FACE	**Causticum**		
right sided	**Arnica**	**Causticum**	**Phosphorus**
left sided	**Cur**	**Nux**	
from bathing	**Graph**		
from cold	**Causticum**	**Cadmium**	**Dulc.**
corners mouth drop, saliva runs out	**Agar**	**Op**	**Zinc**
after pain	**Kali-chl**		
with profuse urine	**All-c**		
after getting wet	**Causticum**		
upper lip	**Cadmium**	**Graph**	
Lower jaw	**Nux vom.**		
Gradual paralysis on physical, emotional, and mental levels	**Causticum**	**Lachesis**	

PERSPIRATION (see also body odor)

Breaking into Cold Sweats	**Ammon carb**	**Antimonium tart**	**Arsenicum**
	Camphora	**Carbo veg**	**China**
	China ars.	**Cocculus**	**Ferrum**
	Hepar sulph	**Ipecac**	**Lycopodium**
	Mercurius corr	**Secale**	**Sepia**
	Veratrum	**Veratrum vir**	
Breaking into hot sweats	**Aconite**	**Chamomilla**	**Conium**
	Ignatia	**Ipecac**	**Nux**
	Opium	**Psorinum**	**Sepia**
Sweat Smells Offensive	**Arnica**	**Baryta mur**	**Carbo an**
	Carbon sulph	**Graphites**	**Hepar sulph**
	Lycopodium	**Mercurius**	**Nitric ac.**
	Nux	**Petroleum**	**Pulsatilla**
	Sepia	**Silicea**	**Sulphur**
	Thuja		
Profuse Sweating	**Antimonium tart**	**Arsenicum**	**Belladonna**
	Bryonia	**Calcarea**	**Carbo an**

	Carbo veg	Carbon sulph	China
	China ars	China sulph	Ferrum
	Hepar sulph	Kali ars	Kali bichrom
	Kali carb	Kali phos	Lycopodium
	Mercurius	Nat mur	Phosphoric ac
	Psorinum	Sambucus	Sepia
	Silicea	Tuberculinum	Veratrum
Smells like Urine	Nitric acid		
Smells like vinegar	Iris Versicolor		

PHLEGM (see discharges from Throat and Chest)

PULSE

Full	Aconite	Ant-t	Bell.
	Berb.	Bry	Chel.
	Digitalis	Gels	Hyos
	Kali-n		
Hard	Aconitw	Belladonna	Berberis
	Bryonia	Chel.	Hyos.
Imperceptible	Aconite	Carb-v	Colch
	Cuprum	Sil	Veratrum
Intermitent	China	Digitalis	Merc.
	Nat mur	Phos.ac	Secale
Irregular Pulse	Aconite	Agar.	Ant-c
	Arsenicum	Chin.	Digitalis
	Lachesis	Nat mur	Phosphoric ac
	Secale	Stramonium	Veratrum vir
Rapid Pulse	Aconite	Apis	Arnica
	Arsenicum	Arsenicum iod	Aurum
	Belladonna	Berberis	Bryonia
	Collinsonia	Conium	Digitalis
	Ferrum phos	Gelsemium	Glonoinum
	Iodum	Mercurius	Nat mur
	Nux	Opium	Phosphoric ac
	Phosphorus	Pyrogenium	Rhus tox
	Secale	Sepia	Spigelia
	Stannum	Stramonium	Sulphur
	Veratrum vir	Zinc	
Small	Aconite	Arsenicum	Camph.
	Carb-v.	Cupr.	Dig.
	Guaj.	Laur.	Sec.
	Sil.	Stram.	Verat.
Slow Pulse	Berberis	Cannabis ind	Digitalis
	Kalmia	Opium	Sepia

	Stramonium		
Strong Pulse	**Aconite**	**Antimonium tart**	**Belladonna**
	Berberis	**Bryonia**	**Chelidonium**
	Digitalis	**Gelsemium**	**Hyoscyamus**
	Kali nit	**Stramonium**	
Weak Pulse	**Antimonium tart**	**Arsenicum**	**Aurum**
	Berberis	**Camphora**	**Carbo veg**
	Crotalus	**Gelsemium**	**Lachesis**
	Laurocerasus	**Naja**	**Phosphoric ac**

REST

Rest alleviates	**Antimonium**	**Arnica**	**Belladonna**
	Bryonia	**Calcarea phos**	**Chelidonium**
	China	**Cicuta**	**Cocculus**
	Colocynth	**Digitalis**	**Gelsemium**
	Glonoinum	**Graphites**	**Hypericum**
	Ipecac	**Kalmia**	**Magnesia phos**
	Manganum	**Mercurius**	**Nux**
	Picric ac	**Plumbum**	**Psorinum**
	Sepia	**Silicea**	**Spigelia**
	Staphisagria	**Sulphuric ac**	**Thuja**
Rest makes Worse	**Agaricus**	**Allium**	**Anacardium**
	Cedrum	**Conium**	**Drosera**
	Ferrum	**Kali bichrom**	**Kreosotum**
	Lilium	**Lycopodium**	**Magnesia carb**
	Muriatic ac	**Natrum carb**	**Natrum sulph**
	Pulsatilla	**Rhododendron**	**Rhus tox**
	Stannum	**Zinc**	
Being in Bed Alleviates	**Bryonia**	**Cocculus**	**Hepar sulph**
	Lachesis	**Lycopodium**	**Nux**
	Psorinum	**Silicea**	
Being in Bed makes Worse	**Arnica**	**Belladonna**	**Chamomilla**
	Euphrasia	**Ferrum**	**Hyoscyamus**
	Kali carb	**Magnesia carb**	**Mercurius**
	Nat mur	**Nux**	**Opium**
	Phytolacca	**Pulsatilla**	**Rhus tox**
	Sulphur		

RIGHT SIDE

Worse on right side	**Apis**	**Arsenicum**	**Belladonna**
	Bryonia	**Calcarea**	**Cantharis**
	Chelidonium	**Colocynth**	**Conium**
	Lycopodium	**Nux**	**Pulsatilla**
Worse on left side	**Argentum nit**	**Euphrasia**	**Graphites**
	Lachesis	**Phosphorus**	**Sepia**
	Sulphur		

SALIVA/SPUTUM (also see discharges from throat and chest)

Drooling	**Ipecacuanha**	**Mercurius**	
Profuse	**Iris versicolor**	**Ipecacuanha**	
Sour	**Iris versicolor**		

SEA

Seaside air makes Worse	**Arsenicum** **Nat mur**	**Kali iod.** **Natrum sulph**	**Magnesia mur** **Sepia**
Air at Sea Improves	**Bromium**	**Medorrhinum**	**Nat mur**
Swimming in Sea Makes Worse	**Arsenicum** **Sepia**	**Magnesia mur** **Zinc**	**Rhus tox**

SEASONS

Symptoms worse in Spring	**Ambra** **Iris** **Lycopodium**	**Bromium** **Kali bichrom** **Pulsatilla**	**Crotalus** **Lachesis**
Symptoms better in Summer	**Aesculus**	**Causticum**	**Silicea**
Symptoms worse in Summer	**Antimonium** **Gelsemium** **Lachesis** **Nux**	**Argentum nit** **Gloninum** **Natrum carb** **Podophyllum**	**Bromium** **Kali brom** **Nat mur**
Symptoms worse in Autumn	**Baptisia** **Kali bichrom**	**Dulcamara** **Mercurius**	**Iris** **Rhus tox**
Symptoms worse in Winter	**Aesculus** **Mezereum** **Silicea**	**Causticum** **Nux mosch**	**Ipecac** **Rhus tox**

SENSATIONS

Crawling sensations	**Staphysagria**		
Seems muscles/tendons too short	**Causticum**		

SEX - LIBIDO

Desire for sex unsatisfied	**Apis** **Lyssin**	**Camphora** **Pulsatilla**	**Conium**

Diminished Libido	**Agnus** **Lycopodium**	**Baryta** **Silicea**	**Graphites** **Staphisagria**
Excessive Libido	**Phosphorus**	**Stramonium**	**Zinc**
Increased Libido	**Baryta mur** **Cannabis** **Lycopodium** **Picric ac.** **Silicea** **Zinc**	**Calcarea** **Cantharis** **Lyssin** **Platinum** **Staphisagria**	**Calcarea phos** **Conium** **Nux** **Pulsatilla** **Tuberculinum**
Intercourse Alleviates	**Mercurius**		
Intercourse makes Worse	**Agaricus** **Calcarea** **Kreosotum** **Silicea**	**Alumina** **Kali carb** **Nat mur** **Staphisagria**	**Ambra** **Kali phos** **Sepia** **Thuja**
Worse during Intercourse	**Cantharis** **Selenium**	**Graphites**	**Kali carb**
Worse after Ejaculation	**Kali carb** **Selenium**	**Natrum phos** **Sepia**	**Nux**

SIGHT

Bright Lights make Worse	**Belladonna**	**Cantharis**	**Stramonium**
Reading and sewing makes worse	**Nat mur**		
Sight of Blood makes worse	**Nux**		
Sight of Needles makes worse	**Silicea**		

SKIN

Clammy Skin	**Arsenicum** **Lycopodium** **Phosphorus**	**Chamomilla** **Mercurius** **Veratrum**	**Ferrum phos** **Phosphoric ac**
Cold skin	**Arsenicum** **Rhus tox** **Veratrum**	**Calcarea phos** **Sepia**	**Ipecac** **Sulphur**
Cracking Skin	**Calcarea** **Petroleum** **Sepia**	**Carbon sulph** **Pulsatilla** **Sulphur**	**Graphites** **Sarsaparilla**
Skin cracks after washing	**Antimonium** **Pulsatilla**	**Calcarea** **Sepia**	**Calcarea sulph** **Sulphur**

Skin cracks in Winter	**Calcarea**	**Calcarea sulph**	**Petroleum**
	Psorinum	**Sepia**	**Sulphur**
Dry Skin	**Arsenicum**	**Belladonna**	**Bryonia**
	Calcarea	**Chamomilla**	**China**
	Dulcamara	**Kali carb**	**Ledum**
	Lycopodium	**Opium**	**Phosphorus**
	Silicea	**Sulphur**	
Itchy Skin	**Agaricus**	**Apis**	**Arsenicum**
	Bovista	**Carbo veg**	**Carbon sulph**
	Causticum	**Chelidonium**	**Graphites**
	Lycopodium	**Magnesia carb**	**Mercurius**
	Mezereum	**Nat mur**	**Psorinum**
	Pulsatilla	**Sepia**	**Silicea**
	Spongia	**Staphisagria**	**Sulphur**
	Tarentula	**Urtica**	
Itchiness relieved by Scratching	**Asafoetida**	**Calcarea**	**Cyclamen**
	Muriatic ac	**Nat mur**	**Phosphorus**
Itchiness made worse by Scratching	**Anacardium**	**Arsenicum**	**Capsicum**
	Pulsatilla	**Rhus tox**	
Pale Skin	**Belladonna**	**Calcarea**	**Ferrum phos**
	Lycopodium	**Pulsatilla**	**Sulphur**
	Veratrum		
Red Skin	**Aconite**	**Apis**	**Belladonna**
	Graphites	**Mercurius**	**Rhus tox**
Sensitive Skin	**Apis**	**Belladonna**	**China**
	Hepar sulph	**Lachesis**	**Lyssin**
	Mercurius	**Petroleum**	**Phosphoric ac**
	Plumbum	**Silicea**	**Sulphur**

SLEEP

Sleep alleviates	**Phosphoric ac**	**Phosphorus**	
Sleep Makes Worse	**Lachesis**	**Selenium**	**Spongia**
	Stramonium	**Sulphur**	
Worse before sleeping	**Arsenicum**	**Bryonia**	**Calcarea**
	Carbo veg	**Mercurius**	**Phosphorus**
	Pulsatilla	**Rhus tox**	**Sepia**
	Sulphur		
Worse during sleep	**Arnica**	**Arsenicum**	**Belladonna**
	Borax	**Bryonia**	**Chamomilla**
	Hepar sulph	**Hyoscyamus**	**Mercurius**
	Opium	**Pulsatilla**	**Silicea**
	Stramonium	**Sulphur**	**Zinc**

Worse in 1st stages of sleep	**Arsenicum**	**Belladonna**	**Bryonia**
	Kali carb	**Lachesis**	**Pulsatilla**
	Sepia		
Worse upon waking	**Alumina**	**Ambra**	**Ammon. carb**
	Baptisia	**China**	**Crotalus**
	Iris	**Kali bichrom**	**Kali brom**
	Lachesis	**Lycopodium**	**Muriatic ac**
	Nux	**Rheum**	**Silicea**
	Spongia	**Staphisagria**	**Stramonium**
	Veratrum vir		
Loss of sleep makes worse	**Causticum**	**Cimifuga**	**Cocculus**
	Colchicum	**Cuprum**	**Lac deflor**
	Nitric ac	**Nux**	**Selenium**
	Sulphur		
Overpowering desire to sleep	**Nux mosch**	**Opium**	**Pulsatilla**
Sleeplessness before midnight	**Ambra**	**Arsenicum**	**Calcarea**
	Calcarea phos	**Carbo veg**	**Coffea**
	Conium	**Kali carb**	**Lycopodium**
	Magnesia mur	**Mercurius**	**Natrum ars**
	Natrum carb	**Phosphorus**	**Picric ac**
	Pulsatilla	**Rhus tox**	**Sepia**
	Silicea	**Sulphur**	
Sleeplessness after midnight	**Arsenicum**	**Capsicum**	**Coffea**
	Hepar sulph	**Kali ars**	**Kali carb**
	Nux	**Phosphoric ac**	**Silicea**
Sleeplessness between 1-2 am	**Kali carb**		
Sleeplessness around 3 am	**Magnesia carb**	**Sepia**	**Sulphur**
Sleeplessness around 4 am	**Sulphur**		
Sleeplessness due to anxiety	**Arsenicum**	**Cocculus**	
Sleeplessness due to grief	**Nat mur**		
Sleeplessness due to Homesickness	**Capsicum**		
Sleeplessness due to joy or overexcitement	**Coffea**		
Sleeplessness due to overwork	**Nux**		
Sleeplessness due to racing thoughts	**Arsenicum**	**Calcarea**	**Coffea**
	Hepar sulph	**Hyoscyamus**	**Nux**
	Pulsatilla		
Inability to get back to sleep once woken	**Arsenicum**	**Lachesis**	**Nat mur**
	Silicea		

Talking in sleep	**Arnica**	**Belladonna**	**Chamomilla**
	Hyoscyamus	**Kali carb**	**Nat mur**
	Nux	**Opium**	**Pulsatilla**
	Rhus tox		
Unusual sleepiness in morning	**Calcarea**	**Calcarea phos**	**Graphites**
	Nux	**Sepia**	**Sulphur**
Unusual sleepiness around noon	**Antimonium**	**Sabadilla**	
Unusual Sleepiness in afternoon	**China**	**Nux**	**Rhus tox**
	Sulphur		
Unusual Sleepiness after meals	**Agaricus**	**Calcarea**	**Nux**
Unusual sleepiness after evening meal	**Agaricus**	**Calcarea**	**Lycopodium**
	Nux		
Unusual Sleepiness While Eating	**Kali carb**		
Unusual sleepiness in hot weather	**Caladium**	**Eupatorium**	**Lachesis**
	Mezereum	**Nat mur**	**Opium**
	Podophyllum	**Robina**	**Sambucus**
Unusual Sleepiness during Periods	**Nux mosch.**		
Unusual Sleepiness after mental exertion	**Arsenicum**		

SMOKING

Cravings	**Vitex (2 caps TID) plus 1 Plaintain cap TID to moisture lungs. Add 1 Marshmallow root TID also.**		
	Arsenicum alb	**Caladium**	**Medorrhinum**
	Nicotine	**Staphysagria**	**Thuja**
Nervousness when quitting	**Avena sativa fresh oat extract 20drops TID in little juice**		

STOMACH

Feels like it is hanging down and flabby	**Staphysagria**		
Feels like stone in stomach	**Arsenic**	**Bryonia**	**Bar-c**
	Calc	**Nux-v**	

STOOLS

Shreddy	**Cantharis**
Watery	**Arsenicum**

Watery and burning	**Iris Versicolor**		
Large stools	**Nat sulph**		
Greenish mucus laden	**Mercurius**		
Thin green stools	**Magnesia carbonica**		
Golden yellow	**Cardus marianus**		
Chalky white	**Calc Carb**		
Dry bowel	**Nat Mur**		
Dry stools, hard to push out	**Bryonia**	**Sepia**	
Gas, bloating, indigest.	**Lycopodium**		
Feels more stable when constipated, discomfort.	**Calc carb**		
Hard, difficult stools alternating with diarrhea	**Cardus marianus**		
Stools acrid, burn anus	**Arsenicum**	**Cantharis**	**Sulphur**
Aggravated from eating, drinking	**Arsenicum**	**Podophyllum**	
Gurgling in abdomen, then sudden urge to have stool	**Podophyllum**		
Stools profuse, offtensive smelly	**Chamomilla**	**Podophyllum**	
Don’t feel completely done	**Mercurius**		
Urge to stool results only in rectum prolapsing	**Ruta**		
Offensive, green, slimy (like chopped grass)	**Chamomilla**		
Sudden explosion of diarrhea (may think it is just gas)	**Sulphur**		
Smells like rotten eggs	**Chamomilla**	**Sulphur**	
Difficult to pass	**Causticum**	**Sepia**	
Large stools look like sheep dung or little balls stuck together with mucus	**Graphites**		
Much straining with only little results	**Silicea**		
Too hurried to take time for bowel movement, can’t pass it	**Nux**		

Heavy sensation in rectum remains after BM	**Sepia**

SWEATING

Visibly hypersensitive, foot sweats with foul odor	**Silicea**
Excess sweating palms, feet	**Acidum Hydrofluoricum**
Profuse sweating, overweight	**Calcarea Carb.**
General excessive sweating	**Salvia Off.**
Sweating in humid conditions	**Iodum**
Copious sweating	**Jaborandi**
Perspiration, profuse, day and night without relief	**Help Sulph**
Smells like urine	**Nitric acid**

SWELLINGS

Swelling generally	**Apis** **Bryonia** **Nux**	**Arsenicum** **Kali bichrom** **Pulsatilla**	**Belladonna** **Mercurius** **Rhus tox**
Swelling of affected part only	**Aconite** **Crotalus** **Mercurius corr** **Rhus tox** **Sulphur**	**Belladonna** **Euphrasia** **Pulsatilla** **Sepia**	**Bryonia** **Gelsemium** **Rhododendron** **Spongia**

TALKING

Talking very fast	**Hepar sulph** **Mercurius**	**Hyoscyamus**	**Lachesis**
Talking incoherently	**Bryonia** **Lachesis** **Stramonium**	**Cannabis ind.** **Phosphorus**	**Hyoscyamus** **Rhus tox**
Talking Obscenely	**Belladonna** **Nux**	**Hyoscyamus** **Stramonium**	**Lilium**
Talk to themselves	**Staphisagria**		
Talks loudly in bed	**Belladonna**		

Extremely Talkativeness	**Anacardium** **Stramonium**	**Bryonia**	**Hyoscyamus**
Talking very slowly	**Argentum nit** **Lachesis** **Phosphoric ac** **Sepia**	**Helleborus** **Opium** **Plumbum** **Thuja**	**Kali brom** **Phosphorus** **Secale**
Taking Unintelligibly	**Belladonna** **Phosphoric ac.**	**Hyoscyamus** **Secale**	**Mercurius** **Stramonium**
Straying from the point, losing the thread	**Belladonna** **Lycopodium**	**Hyoscyamus** **Nux**	**Lachesis** **Stramonium**
No desire to talk	**Aurum** **Glonoinum** **Platinum** **Veratrum**	**Carbo an.** **Phosphoric ac** **Pulsatilla** **Zinc**	**Cocculus** **Phosphorus** **Sulphur**

TASTE

Rotten eggs	**Arnica**	**Chamomilla**	**Ferrum phos**

TEETHING

Teething Problems	**Calcarea Phos** **Silicea**	**Chamomilla**	**Rheum**
Delayed, thin child	**Calcarea Fluorica**	**Calcarea Phos.**	**Silicea**
Delayed, Heavy child	**Calcarea Carb.**	**Silicea**	
Caries, rapid, difficult, delayed dentition, bleeding gums, pale face	**Calcarea Carbonica**		
Caries, rapid, teeth develop slowly with rapid decay, decalcification	**Calcarea Phos**		
Caries, rapid, gums retracted and bleeding, pyorrhea, old people.	**Carbo Veg.**		
Caries, rapid, dental fistula, upper jaw bones and teeth, hair falling out, veins	**Fluoric ac**		
Caries, rapid, old looking child, yellow complexion, wrinkles, pregnancy	**Sepia**		
Premature, as soon as tooth appears	**Calcarea Carb** **Fluor ac**	**Calcarea Fluor**	**Calcarea Phos.**

Premature, as soon as tooth appears, teeth dark and crumbly; spongy, bleeding gums, putrid odor:	**Kreosotum**
Premature, as soon as tooth appears, teeth black and crumbling; spongy, bleeding gums, pyorrhea	**Staphysagria**

TEMPERATURE

Warmth makes worse	**Alumina**	**Apis**	**Arsenicum iod.**
	Glonoinum	**Iodum**	**Kali sulph**
	Lachesis	**Ledum**	**Mercurius**
	Pulsatilla	**Secale**	
Warm rooms make worse	**Apis**	**Calcarea sulph**	**Carbon sulph**
	Crocus	**Graphites**	**Iodum**
	Kali iod	**Kali Sulph**	**Lycopodium**
	Pulsatilla	**Sabina**	**Secale**
	Senega	**Sulphur**	
Warmth of bed improves	**Arsenicum**	**Bryonia**	**Hepar sulph**
	Kali carb	**Lycopodium**	**Nux**
	Nux mosch	**Rhus tox**	**Silicea**
	Tuberculin		
Warmth of bed makes worse	**Apis**	**Chamomilla**	**Drosera**
	Ledum	**Mercurius**	**Opium**
	Pulsatilla	**Sabina**	**Secale**
	Sulphur		
Warm applications make worse	**Apis**	**Iodum**	**Kali sulph**
	Ledum	**Lycopodium**	**Pulsatilla**
	Secale	**Sulphur**	
Radiant heat improves	**Arsenicum**	**Hepar sulph**	**Ignatia**
	Kali carb	**Magnesia phos**	**Nux**
	Rhododendron	**Rhus tox**	**Silicea**
Radiant heat makes worse	**Antimonium**	**Apis**	**Argentum nit**
	Bryonia	**Cocculus**	**Glonoinum**
	Iodum	**Kali iod**	**Ledum**
	Nat mur	**Pulsatilla**	**Secale**
Becoming overheated improves	**Aurum**	**Phosphoric ac**	**Sepia**
Becoming Overheated makes worse	**Antinonium**	**Bromium**	**Bryonia**
	Colchicum	**Graphites**	**Kali sulph**
	Lycopodium	**Pulsatilla**	**Thuja**

Stuffy rooms makes worse	**Apis**	**Argentum nit**	**Bryonia**
	Bromium	**Lachesis**	**Lilium**
	Lycopodium	**Magnesiua carb**	**Nat mur**
	Pulsatilla	**Sepia**	**Sulphur**

THIRST

Thirst makes worse	**Mercurius**	**Nat mur**	**Opium**
	Phosphorus	**Rhus tox**	**Secale**
	Silicea	**Stramonium**	**Sulphur**
	Tarentula	**Veratrum**	
Lack of thirst	**Antimonium**	**Apis**	**China**
	Colchicum	**Gelsemium**	**Helleborus**
	Nux mosch	**Phosphoric ac**	**Pulsatilla**
	Sabadilla		
Wants to drink small amounts at frequent intervals	**Arsenicum**	**China**	**Helleborus**
	Lachesis	**Lycopodium**	**Rhus tox**
	Sulphur		
Wants to drink large amounts	**Aconite**	**Arsenicum**	**Bryonia**
	China	**Cocculus**	**Eupatorium**
	Ferrum phos	**Lac deflor**	**Mercurius corr**
	Nat mur	**Stramonium**	**Sulphur**
	Veratrum		
Wants to drink large amounts at infrequent intervals	**Bryonia**		

THROAT, DISCHARGES FROM (phlegm, sputum)

Clinging, Difficult to cough up	**Causticum**	**Pulsatilla**	**Senega**
Copious	**Amonium carb.**	**Arsenicum**	**Cactus**
	Calcarea	**Calcarea phos.**	**Coccus**
	Euphrasia	**Hepar sulph.**	**Lycopodium**
	Phosphorus	**Pulsatilla**	**Sepia**
	Stannum		
Foul-Smelling	**Arsenicum**	**Borax**	**Calcarea**
	Guaiacum	**Lycopodium**	**Natrum ars.**
	Natrum carb.	**Phellandrium**	**Sanguinaria**
	Stannum		
Frothy	**Arsenicum**		
Greenish	**Calcarea**	**Carbo veg.**	**Kali iod.**
	Lycopodium	**Mercurius**	**Nat sulph**
	Paris	**Phosphorus**	**Psorinum**
	Pulsatilla	**Stannum**	**Sulphur**

Heavily infected	**Calcarea** **Kali carb.** **Phosphorus**	**China** **Lycopodium** **Sepia**	**Conium** **Natrum ars.** **Silica**
Rusty-looking	**Bryonia**	**Lycopodium**	
Scanty	**Phosphorus**	**Stannum**	
Sticky	**Alumina** **Hepar Sulph** **Phosphorus** **Senega**	**Argentum nit.** **Hydrastis** **Pulsatilla** **Stannum**	**Coccus** **Kali bichrom.** **Sambucus**
Stringy, Ropy	**Kali bichrom.**		
Thick	**Argentum nit.** **Kali bichrom.**	**Hepar sulph.** **Silicea**	**Hydrastis** **Tuberculinum**
White, Milky-Looking	**Lycopodium** **Senega**	**Nat mur** **Sepia**	**Phosphorus**
Yellow	**Calcarea** **Hepar sulph** **Phosphorus** **Stannum**	**Calcarea phos.** **Hydrastis** **Sepia** **Tuberculinum**	**Calcearea sulph** **Lycopodium** **Silicea**

THROAT, SORE

Splinter like pain that may spread to the ears	**Apis**	**Lachesis**	**Hepar sulph**
Feels constricted,	**Aconite**		
Swelling	**Aconite**	**Lachesis**	
Thirsty	**Aconite**		
Voice hoarse	**Aconite**		
Pain, sore right sided, feels like lump in it, neck glands swollen, thirsty, no hunger, dry	**Baryta Mur**		
Worse with swallowing	**Baryta Mur**		
Weak, shaky, exhausted	**Gelsemium**		
Sore throat due to allergy	**Calc sulph**		
Back of throat yellowish, coated	**Calc suph**		
Horrible taste in mouth	**Gelsemium**		
Bad breath	**Mercurius**		

Bright red, swollen, shiny with uvula also swollen	**Apis**	**Mercurius**		
Burning pain and stinging	**Aconite**	**Apis**	**Arsenicum**	
Red	**Aconite**	**Belladonna**		
Tongue has 'strawberry' colour	**Belladonna**			
Swallowing liquids makes worse	**Belladonna**	**Arsenicum**		
Better with warm drinks	**Arsenicum**	**Hepar sulph**		
Warmth makes worse	**Lachesis**	**Phytolacca**		
Worse on right side, may go to left	**Lycopodium**			
Worse on left side, may to go right	**Lachesis**			
Pain shooting up to ears esp. when swallowing	**Phytolacca**			
Incessant desire to swallow even though painful	**Phytolacca**			
Relieved by warm or cold drinks	**Lycopodium**			
Cold air makes worse	**Lycopodium**	**Hepar sulph**		
Severe sore throat, with fever and weakness	**Mercurius**			
Tonsils swollen	**Hepar sulph**			
Pus formed	**Hepar sulph**			
Tonsilitis	**Aconite**	**Apis**		**Belladonna**
Aching in the body along with the fever and when sore throat is worse with warm drinks. Appearance of throat may be dark red or even purplish or bluish and glands are swollen.				
Feel cold and want to be covered but still may feel chilly.	**Phytolacca**			
Acute pain felt at base of tongue when protruded. (give every 2 hr for up to 10 doses)	**Phytolacca**			
Sore throat lingers or when indicated medicine not working.	**Sulphur**			

Much burning pain in throat with dryness of mucous membranes, diminished appetite, increased thirst.	**Sulphur**
Despite burning, pain is better with warm liquids. Pain in throat can be stitching, pressing or cutting.	**Sulphur**
Sensation like lump, splinter or hair in throat may be experienced.	**Sulphur**
Discomfort from warmth, general lethargy, offensive breath, sweat, discharges.	**Sulphur**

THYROID - HYPER

Organotherapy	**Thyroidinum**	
Satellites	**Conium**	**Lapis Albus**
Polycrests	**Bromum**	**Nat mur**

THYROID - HYPO

Organotherapy	**Hypothalamus**	**Thyroidinum**
Polycrest	**Baryta Carb.**	

TONSILLITIS (bacterial or viral) can be stopped in its evolution with the right homeopathic remedy:
Note: In addition to the following remedies: spend 1-2 days in bed, lots of fluids, extra Vit. C, B complex, zinc and iron.

Red throat, sudden high fever, anxious, restless, swollen dry tongue, intense thirst: 3 granules as needed.	**ACONITUM 5c**
Red throat, pale and translucid edema; constriction feeling; no thirst, no urination. 3 granules as needed	**APIS 5c**
Red throat, swollen, shining, red dry tongue; spasmodic constriction of throat; throbbing in head, throat, abscess. 3 granules as needed.	**BELLADONNA 5c**
Dark red covered with ash-coloured membranes (tonsils, uvula and back of throat); pain radiates to ears and neck; burning spasmodic constriction; periodical (menses); mononucleosis; sinks to chronicity: 3 granules as needed.	**PHYTOLACCA 5c**
High fever with intense thirst, profuse sticky sweat, less during night; thick grayish membranes; abundant saliva; fetid metallic	

taste; teeth print on napped thick moist tongue; lymph nodes always swollen, slow to suppurate. 3 granules every 6 hours as needed. — **MERCURIS SOLUBILIS 5C**

Same as above, if intense redness of fauces with necrotic destruction, albumin, nephritis, 3 granules every 6 hours as needed. — **MERCURIS CYANATUS 5C**

Same as above, if with severe acute tonsillitus with hoarseness and many little swollen lymph nodes on sides of neck; subacute states; recurrences; difficult acute cases. 3 granules 1-3 times a day as needed. — **DIPHTEROTOXINUM 7C**

Extremely severe. Much swelling, adynamic fever, mononucleosis, scarlet fever. 3 granules as needed. — **AILANTHUS GLANDULOSA 5c**

Extremely severe. Much burning, swelling along the entire respiratory tract. Hoarseness. 3 granules as needed. — **ARUM TRIPHYLLUM 5C**

Extremely severe. Dry and wrinkled membranes, all swollen, unable to swallow. 3 granules as needed. — **ARSENICUM ALBUM 7C**

Extremely severe. Ulcerative tonsillitis. Use the acids, 3 granules as needed. High fever, great edema, prostration. — **MURIATIC ACID 5C**
Same: ulcers in soft palate, splinter like pains. — **NITRIC ACID 5C**
Same: in children, canker sores, bleeding; stomatitis. — **SULFURIC ACID 5C**

Throat very sore, tender to touch, fiery pains that shoot up into head and occur in spasms whenever person moves, pains tend to be right-sided and associated with stiff tender neck, pupils dilated, strawberry tongue with coated center. Take every 2 hr up to 10 doses. — **BELLADONNA 30C**

Throat feels as if fishbone caught in it, pain alleviated by warm drinks. Yellow pus coughed up, foul-smelling breath, person oversensitive physically and emotionally, unreasonable, feels chilly and shivery, esp. in drafts, abscess developing on tonsils. Take every 2 hr up to 10 doses. — **HEPAR SULPH. 6C**

Throat dark red, swollen, sore. Worse on right side. More painful at night, aggravated by speaking. Tongue yellow and coated, breath offensive, hot sweats that make throat feel worse. Excessive saliva that burns throat when swallowed.

Take every 2 hr up to 10 doses. **MERCURIUS 6C**

Sores at corner of mouth, stringy saliva, tonsils thickly coated in slimy film, prickling sensation in throat, person not thirsty. Take every 2 hr up to 10 doses. **NITRIC AC. 6C**

Throat sore on right side, assoc. with toothache or flatulence. Tongue dry and puffy but not coated. Throat feels more sore after cold drinks and food. Worse between 4-8a.m. or 4-8 pm. Take every 2 hr up to 10 doses. **LYCOPODIUM 6C**

Throat sore on left side, swallowing causes pain in left ear, back of throat looks reddish purple; sleep, heat, liquids and anything tight around neck make throat feel worse, but swallowing food seems to alleviate soreness. Take every 2 hr up to 10 doses. **LACHESIS 6C**

Pain affects left and right side of throat alternately, back of throat covered in white, silvery film, saliva viscous and sticky, symptoms may coincide with a period. Take every 2 hr up to 10 doses **LAC CAN 6C**

Throat feels rough and constricted, tonsils look hot, dark red, swollen, pain extends to ears and root of tongue is more marked on right side and gets worse with heat, neck glands enlarged. Person exhausted, unresponsive and feels extremely ill. Complains of cobweb sansation on face. Take every 2 hour up to 10 doses. **PHYTOLACCA 6C**

OTHER FOR THROAT/TONSILITIS:

trace elements: 1 dose daily of Copper Gold Silver in the morning and Bismuth in the evening.

Phytogemmotherapy: 20-50 drops daily. Ribes Nigrum Buds 1X in the morning and Rose Canina Young Shoots 1X in the evening.

Organotherapy: alternate in the evening 20-40 drops. On the even days take tonsilla/meduloss/ splenine/a.a.p.4C and on the odd days take gallbladder/hepatine/pancreine/a.a.p.4C. Every 2 weeks take one dose Thymuline 9C

Satellites: take 3 granules in the morning if heavy and slow of Baryta Carbonica 9C. If thin and nervous take Baryta Iodata 9C. If you are thin and sad take Baryta Muriatica 9C. Every other evening alternate with Hydrastit/Kalium Bichromicum/a.a.p.4C or Kalium Muriticum 4C.

Usual treatment: take 1 dose weekly in the following order:
1st Dulcamara 15C
2nd Thuya 9C
3rd Kalium Muriaticum 15C
4th Medorrhinum 9C

Modalities:

hepatic congestion, alternates with hemorrhoids, lumbago: 3 granules as needed	**AESCULUS 5C**
Herpetic, burning, violet constriction, very tenacious mucus: 3 granules as needed:	**CANTHARIS 5c**
burning pains extend to ear, eustachian tube blocked, dryness and constriction, sore throat of smokers and drinkers. 3 granules as needed	**CAPSICUM 5C**

Menstrual periodicity:

before menses; vesicular eruption, toothaches, worse every 3 weeks. 3 granules as needed	**MAGNESIA CARBONICA 5C**
during menses, silvery-white membranes all over mouth; symptoms change from side to side; neck and tongue stiffness; mastitis. 3 granules as needed	**LAC CANINUM 5C**
before and during menses; chronic mastitis, rheumatism. 3 granules as needed	**PHYTOLACCA 7C**

Side:

Left side:	
starts left, progresses to right side; blackish membranes, extremely dry and swollen, pain, lessen with warmth, slightest pressure. 3 granules as needed	**LACHESIS 5C**
dark red fauces; lymph nodes very swollen, conjunctivitis. 3 granules as needed	**MERCURIUS BIODATUS 5C**
Right side:	
starts right, progresses to left. Worse with cold drinks. Better with warm drinks. 3 granules as needed.	**LYCOPODIUM 5C**
Maxillar, sinusitis, posterior nares discharge, teething. 3 granules as needed.	**MERCURIUS PROTOIODATUS 5C**

Also see abscess, adenitis, adenoids, air, bronchitis, cold, fever, hemorrhoid, heat, herpes, infections, lumbago, menses, nodes, otitis, pains, rhinopharyngiti, since, sinusitis, sweat, thirst, tongue, vaccination, wind.

SORE THROATS

ACONITE 30c every 2 hr up to 10 doses.
Acute, painful; sudden onset of sore throat and its severity cause extreme anxiety even to the point of fear of death; skin dry/hot; great thirst; swollen tonsils; throat looks red, feels dry, rough, constricted, burning, tingling; hoarse voice may accompany sore throat.
Cause/Onset: exposure to cold winds; severe fright

Dulcamara
Raw, burning; acute with thick saliva, hoarse voice; may have mouth cold sores; possible hives; thirst forcold drink; may have mucus dripping drown throat from nose, lumbar, or earache. Cause/Onset: Exposure to cold, damp weather; cooling down rapidly after sweating DULCAMARA 6c every 2 hr up to 10 doses.

Gelsemium 6c every 2 hr up to 10 doses
Pain extends to neck and ears; bad taste in mouth; swallowing hurts making drinking difficult; alternately hot and cold due to fever; heavy, exhausted, weak, shaky, with dullness and drowsiness; heavy head, feels like tight band around it. Cause/Onset: viral infection, esp. in summer GELSEMIUM 6c every 2 hr up to 10 doses.

Apis 30c every 2 hr up to 10 doses
Back of Throat bright red, shiny, severely swollen; burning, stinging pain; depression, irritability Cause/Onset: allergy APIS 30c every 2 hr up to 10 doses.

TONSILLITIS

Belladonna 30c every 2 hr up to 10 doses.
With burning pain that shoots into the head; throat very sore and tender; spasms of pain upon moving; often right tonsil most affected; neck tender/stiff; face red; pupils dilated; tongue strawberry like; high fever Cause/Onset: infection; head chilled eg. after washing hair

Hepar Sulf 6c every 2 hr up to 10 doses.
Stabbing Pain in Throat; feels as if fish bone is stuck in throat; bad breath may accompany hoarseness or voice loss; yellow pus may be coughed up; neck glands often swollen; possible pain in ear on swallowing; chills and shivering; emotional sensitivity and unreasonableness. Cause/Onset: infection

Merc Sol 6c every 2 hr up to 10 doses
With bad breath; dark red, sore, swollen throat; saliva burns on swallowing; tongue may feel swollen and appear yellow coated with teeth imprints on it; possible tendency to dribble excess saliva during sleep; swallowing hurts. Cause/Onset: infection

LARYNGITIS

Aconite

With high fever; hoarseness, loss of voice; sudden onset causes anxiety, even fear of death; restless; may be associated with an acute onset of croup in children. Cause-Onset: ACONITE 30c 4 times a day up to 7 days.

Phosphorus

With dry, tickly cough; throat feels dry, sore; talking is painful, hoarse, or total loss of voice; thirst for ice cold drinks which are vomited up as soon as they become warm in stomach; strong desire for company and sympathy. Cause/Onset: changes in temperature PHOSPHORUS 6c 4 times a day for up to 7 days.

Causticum

Dry, raw Throat with Violent Cough; cough due to mucous dripping down back of throat, copious, making speaking difficult; cough can be violent enough to cause accidental leakage of

urine; often associated with depression and extreme sensitivity to the suffering of others; drinking cold water may stop a cough from developing; occasionally loss of voice with laryngitis may be painless. Cause/Onset: exposure to cold, dry, windy weather; after grief or scare CAUSTICUM 6c 4 times a day up to 7 days.

Loss of voice from too much Singing or Shouting; tickly larynx; voice weak, trembles, tends to break; hoarseness. Cause/Onset: overuse of voice from too much

TIME OF DAY

Symptoms worse during Day	**Sepia**	**Stannum**	**Sulphur**
Symptoms worse in Morning	**Agaricus**	**Ammonium mur**	**Argentum**
	Arsenicum iod	**Aurum**	**Bryonia**
	Calcarea	**Calcarea phos**	**Carbo an**
	Carbo veg	**Carbon sulph**	**Chamomilla**
	Chelidonium	**Cina**	**Crocus**
	Kali bichrom	**Kali nit**	**Lachesis**
	Natrum ars	**Nat mur**	**Natrum sulph**
	Nitric ac	**Nux**	**Onosmodium**
	Petroleum	**Phosphoric ac**	**Phosphorus**
	Podophyllum	**Pulsatilla**	**Rhododendron**
	Rhus tox	**Rumex**	**Sepia**
	Spigelia	**Squilla**	**Sulphur**
	Sulphuric ac.	**Valerian**	
Symptoms worse just before noon	**Natrum carb.**	**Natrum mur**	**Podophyllum**
	Sabadilla	**Sepia**	**Stannum**
	Sulphur	**Sulphuric ac**	
Symptoms better in late morning	**Lycopodium**		
Symptoms worse around 10 am	**Nat mur**		
Symptoms worse around 11 am	**Sulphur**		
Symptoms worse at noon	**Argentum**		
Symptoms worse in afternoon	**Belladonna**	**Kali nit**	**Lycopodium**
	Pulsatilla	**Rhus rox**	**Sepia**
	Silicea	**Thuja**	**Zinc**
Symptoms worse around 3 pm	**Belladonna**		
Symptoms worse around 4 pm	**Lycopodium**		
Symptoms worse between 4-8 pm	**Alumina**	**Aurum**	**Medorrhinum**
	Sepia		
Symptoms worse in evening	**Alumina**	**Ambra**	**Ammonium carb**
	Antimonium	**Antimonium tart**	**Arnica**
	Belladonna	**Bryonia**	**Calcarea**

	Capsicum	Carbo an	Carbo veg
	Carbon sulph	Causticum	Chamomilla
	Colchicum	Cyclamen	Euphrasia
	Helleborus	Hyoscyamus	Kali nit
	Lachesis	Lycopodium	Magnesia carb
	Menyanthes	Mercurius	Mezereum
	Natrum phos	Nitric ac	Phosphoric ac.
	Phosphorus	Platinum	Plumbum
	Pulsatilla	Rumex	Ruta
	Sepia	Silicea	Stannum
	Strontium	Sulphur	Sulphuric ac
	Valerian	Zinc	
Symptoms worse at Twilight	Pulsatilla		
Symptoms worse around 9 pm	Bryonia		
Symptoms worse at night	Aconite	Argentum nit	Arnica
	Arsenicum	Arsenicum iod	Calcarea
	Calcarea iod	Calcarea phos	Calcarea sulph
	Carbo an	Carbon sulph	Chamomilla
	China	Cinnabar	Coffea
	Colchicum	Conium	Cyclamen
	Dulcamara	Ferrum	Graphites
	Hepar sulph	Hyoscyamus	Iodum
	Ipecac	Kali ars	Kali bichrom
	Kali carb	Kali iod	Lachesis
	Lilium	Magnesia carb	Magnesia mur
	Manganum	Mercurius	Nitric ac
	Phosphorus	Plumbum	Psorinum
	Pulsatilla	Rhus tox	Rumex
	Sepia	Silicea	Strontium
	Sulphur	Zinc	
Symptoms worse before midnight	Argentum nit	Arsenicum	Carbo veg
	Chamomilla	Coffea	Kali ars
	Ledum	Lycopodium	Phosphorus
	Pulsatilla	Rumex	Sabadilla
	Stannum		
Symptoms better after midnight	Lycopodium		
Symptoms worse after midnight	Arsenicum	Drosera	Kali carb
	Kali nit	Natrum ars	Nux
	Phosphorus	Podophyllum	Rhus tox
	Silicea Thuja		
Symptoms worse around 1 am	Arsenicum		
Symptoms worse between 2-4/5 am	Kali carb	Kali Bich	

TIRED

Head	Apis	Iris	Lachesis
	Nat mur	nux-m	Phos

Eyes	**Am--m**	**Ars**	**Graph**
	Iod	**Nat a**	**Nat mur**
	Phos	**Ruta**	**Sepia**
	Stann	**Stram**	**Sulph**
	Zinc		
Expression	**Aconite**	**Ars**	**Cimic**
	Stram		
Tired feeling in jaw	**Alum**	**Cham**	**Iod**
	Nit ac	**Tarent**	**Vip**
Weakness in spine	**Calc**	**Ars**	**Graph**
	Nat m	**Nux v**	**Ph-ac**
	Sel	**Sep**	**Sil**
	Sulph	**Zinc (all highlighted in Rep)**	
From manual labour	**Lachesis**	**Natmur**	**Sil**
From sexual excesses	**Agar**	**Calc**	**Nat mur**
	Nux v	**Phos ac**	**Sel**
While sitting	**Agar**	**Calc**	**Cic**
	Graph	**Lyc**	**Sulph**
	Zinc		
Standing almost impossible	**Sul-ac**		
While walking	**Graph**	**Sabad**	**Sepia**
	Sulph		
Cervical region	**Acon**	**Agar**	**Aloe**
	Ars m	**Cimic**	**Cocc**
	Gels	**Glon**	**Kali c**
	Lach	**Nit ac**	**Petr**
	Phos	**Pic ac**	**Plat**
	Sil	**Stann**	**Staph**
	Verat	**Zinc**	
Lumbar region:	**Ars.**	**Calc**	**Calc s**
	Cocc	**Nat M**	**Pic ac**
	Puls	**Rhus tx**	**Sel**
	Sepia	**Sulph (all highligted in rep.)**	
When urinating	**Puls**		
When walking	**Cocc**		
On motion	**Pic ac**	**Sulph**	

TOBACCO

Aversion to Tobacco	**Calcarea**	**Ignatia**	**Nux**
Tobacco makes worse	**Arsenicum**	**Ignatia**	**Nux**
	Pulsatilla	**Spigelia**	**Spongia**
	Staphisagria		

TONGUE

COLOUR:

Black	**Aconite** **Carbo veg**	**Apis** **Chamomilla**	**Arsenicum alb.**
Black at center	**Phosphorus**		
Blue	**Antim. tart**	**Arsenicum alb**	
If lips also blue:	**Digitalis**	**Convalleria**	**Crataegus mother tinct.**
Red all over	**Apis** **Mercurius**	**Arsenicum** **Phosphorus**	**Belladonna** **Rhus tox.**
Red on tip only	**Argentum nit** **Sulphur**	**Arsenicum**	**Rhus tox**
Red around edges	**Arsenicum** **Mercurius**	**Chelidonium** **Sulphur**	**Lycopodium**
Red, pale edges	**Nat sulph** **Solidago**	**Chelidonium**	**Ber beris**
White and coated	**Antimonium** **Bryonia** **Mercurius**	**Arsenicum** **Calcarea** **Pulsatilla**	**Belladonna** **Hyoscyamus** **Sulphur**
Yellow	**Antimonium** **Rhus tox**	**Chelidonium** **Gelsemium**	**Mercurius**
Red, shiny	**Pyrogenium**	**Staphysagria**	**Terebinth**
Greyish white mapped	**Kali mur**	**Nat mur**	
Grey or greyish yellow	**Ambrosia**		
Grey green	**Nat Sulph**	**Nat Phos**	**Senna**
Purple	**Lchesis**	**Petroleum**	
Brown	**Arsenicum Alb**	**Baptisia**	**Rhus tox**
Multi coloured	**Lachesis**		

MOISTURE- TONGUE

Dry	**Aconite** **Belladonna** **Chamomilla** **Lachesis** **Rhus tox**	**Apis** **Calcarea** **China** **Mercurius** **Sulphur**	**Arsenicum** **Causticum** **Hyoscyamus** **Pulsatilla**
Dry, thick, white	**Berberis** **Taxacum**	**Chelidonium** **Bryonia**	**Kli Sulph**

TEMPERATURE of TONGUE

Coldness	Camph	carb-v	verat
" right half	Gels		
" like after peppermint	Lyss		
" tip	bell	cupru	
" sensation of cold air	acon		
Cold	camph	carb-v	verat
" morning	zinc		
" icy	ars.	zinc	

CRACKS ETC IN TONGUE

Tongue shiny, cracked, dry, red or yellow	Kali bichromicum		
Mapped	Nat mur		
Fissured	Ars	Aurum t	Fl-ac
	Hyos	Nit ac.	Phos
	Rhus	Spig	

SWELLING TONGUE

Swollen	Aconite	Apis	Belladonna
	Mercurius sol		
Flabby, shows imprint of teeth	Mercurius		

MOVING TONGUE

Can't stick our tongue because it trembles	Lachesis		
Twitching	Lachesis	Merc Sol.	
Stammering	Stramonium	Arg nit	
Tremor	Kli phos		
Constant motion	Phytolacca	Hyoscyamus	Lachesis
	Phosphorus		

DAMAGED TONGUE

Bites/Bitten Tongue with teeth imprints	Ledum		
Cut	Hydrastis	Ledum	Merc sol
	Rhus tox		

OTHER - TONGUE

Smooth, pale	Kali phos		
Tongue clean	Ipecacuanha		
Itchy	Apis	Dulcamara	Sulphur
Prickling/crawling	Plat		

TOUCH AND PRESSURE

Touching alleviates	Calcarea	Nat mur

Touching makes worse	**Acatea**	**Antimonium tart**	**Apis**
	Argentum	**Argentum nit**	**Arnica**
	Belladonna	**Bryonia**	**Camphora**
	Cantharis	**Capsicum**	**Causticum**
	Chamomilla	**China**	**Cicuta**
	Clematis	**Cocculus**	**Coffea**
	Colchicum	**Cronium**	**Crotalus**
	Croton	**Cuprum**	**Ferrum**
	Hamamelis	**Hepar sulph**	**Hydrasstis**
	Hyoscyamus	**Hypericum**	**Ignatia**
	Ipecac	**Kali carb**	**Kreosotum**
	Lachesis	**Lilium**	**Lycopodium**
	Manganum	**Mercurius**	**Mezereum**
	Murex	**Muriatic ac.**	**Nitric ac.**
	Nux	**Nux mosch**	**Phosphoric ac**
	Phosphorus	**Phytolacca**	**Platinum**
	Plumbum	**Podophyllum**	**Psorinum**
	Pulsatilla	**Rhododendron**	**Rhus tox**
	Ruta	**Sanguinaria**	**Secale**
	Sepia	**Silicea**	**Spigelia**
	Sp[ongia	**Staphisagria**	**Stramonium**
	Sulphur	**Sulphuric ac**	**Terebinthus**
	Thuja	**Urtica**	
Firm pressure alleviates	**Ammon carb**	**Bryonia**	**Colocynth**
	Ipecac	**Kali bichrom**	**Kreosotum**
	Magnesia carb	**Magnesia phos**	**Murex**
	Natrum carb	**Nat mur**	**Nux**
	Plumbum	**Podyphyllum**	**Pulsatilla**
	Sabina	**Stannum**	**Thuja**
Firm pressure makes worse	**Aconite**	**Apis**	**Argentum nit**
	Baptisia	**Belladonna**	**Berberis**
	Bromium	**Calcarea phos**	**Cantharis**
	Cicuta	**Cocculus**	**Crotalus**
	Croton	**Cuprum**	**Eupatorium**
	Glonoinum	**Hamamelis**	**Hepar sulph**
	Kalmia	**Lachesis**	**Lilium**
	Lycopodium	**Magnesia carb.**	**Mercurius**
	Mezereum	**Moschus**	**Nat sulph**
	Silicea	**Spongia**	**Staphisagria**
	Stramonium	**Sulphur**	**Sulphuric ac**
	Tabacum	**Terebinthum**	**Zinc**
Rubbing alleviates	**Calcarea**	**Cantharis**	**Natrum carb**
	Nat mur	**Nux**	**Phosphorus**
	Plumbum	**Podophyllum**	**Pulsatilla**
	Rhus tox	**Ruta**	**Tarentula**
	Thuja	**Veratrum vir**	**zinc**
Rubbing makes worse	**Psorinum**	**Sulphuric ac.**	

URINE (see also discharge from Urethra or Urinary, Discharge from

Urethra)

Cloudy Urine	**Apis**	**Berberis**	**Bryonia**
	Cantharis	**Carbon sulph**	**Carbo veg**
	Chamomilla	**Chelidonium**	**Cina**
	China	**Conium**	**Graphites**
	Mercurius	**Myristica**	**Phosphoric ac**
	Phosphorus	**Sabadilla**	**Sepia**
	Sulphur		
Dark Urine	**Aconite**	**Antimonium tart.**	**Apis**
	Belladonna	**Benzoic ac**	**Bryonia**
	Calcarea	**Chelidonium**	**Colchicum**
	Crotalus	**Equisetum**	**Helleborus**
	Lachesis	**Lactic ac**	**Mercurius**
	Mercurius corr	**Nat sulph**	**Plumbum**
	Selenium	**Sepia**	**Terebinthum**
	Veratrum		
Pale, almost colorless	**Conium**	**Kali nit**	**Ledum**
	Mercurius corr	**Nat mur**	**Phosphoric ac**
	Sarsaparilla		
Strong or Offensive-smelling	**Apis**	**Arnica**	**Arsenicum**
	Baptisia	**Benzoic ac.**	**Calcarea**
	Carbo veg	**Dulcamara**	**Hepar**
	Nitric ac	**Sepia**	**Sulphur**
	Viola		
Pain on urination	**Cantharis**		
Pain causes to urinate	**Terebinthina ol.**		
Urinating very frequently	**Ammonium carb**	**Apis**	**Argentum**
	Argentum nit	**Baryta carb**	**Calcarea**
	Calcarea ars.	**Cantharis**	**Causticum**
	Euphrasia	**Gelsemium**	**Graphites**
	Ignatia	**Lachesis**	**Lactic ac**
	Lycopodium	**Mercurius**	**Mercurius corr.**
	Natrum sulph	**Nux**	**Phosphoric ac**
	Pulsatilla	**Rhus tox.**	**Squilla**
	Staphisagria	**Sulphur**	
Feeble Stream of Urine (scant)	**Alumina**	**Apis**	**Argentum nit.**
	Arnica	**Clematis**	**Helleborus**
	Hepar sulph	**Mercurius**	**Mercurius corr.**
	Muriatic ac.	**Opium**	**Sarsaparilla**
	Sulphur		
Stream of Urine Slow to Start	**Arnica**	**Causticum**	**Lycopodium**
	Rhus tox	**Sepia**	
Intense urge to urinate	**Cantharis**		
Burning when urinating	**Cantharis**		

Comes out a drop at a time	**Cantharis**		
Dull pain, bladder too full, once empty, urgency increases	**Equisetum**	**Sarsaparilla**	
Pain in right kidney area	**Equisetum**		
Bedwetting, urine watery may have nightmares worse sitting, right side	**Equisetum**		
Acute, burning urine, urgency, intense pain at end of urinating, pain increases on right side at end of urinating, children may scream, dribbles at end of flow	**Sarsaparilla**		
May have stench of genitals, cracks hands, soles of feet	**Sarsaparilla**		

URINARY, DISCHARGE FROM URETHRA

Burning, scalding	**Argentum nit.**	**Mercurius**	
Greenish	**Mercurius**		
Jelly-like	**Agnus** **Benzoic ac.** **Petroselinum** **Sulphur**	**Alum** **Kali iod.** **Selenium** **Thuja**	**Alumina** **Nat mur** **Sepia**
Contains pus	**Calcarea sulph**	**Nitric ac**	
White, Milky-l.ooking	**Natrum mur**	**Sepia**	
Yellowish	**Mercurius**	**Nat sulph**	**Pulsatilla**
Smells like violets	**Terebinthina ol.**		
Smoke colored	**Terebinthina oleum**		
Slimy, thick	**Terebinthina col.**		
Bloody	**Phosphorus**	**Terebinthina ol.**	
Coffee grounds in urine	**Helleborus nig.**		

VAGINAL DISCHARGE

Burning, scalding	**Borax** **Kreosotum** **Sulphur**	**Calcarea** **Pulsatilla**	**Calcarea sulph** **Sepia**

Creamy	**Pulsatilla**		
Excoriating, Causing skin to Blister	**Alumina** **Chamomilla** **Fluoric ac.** **Lycopodium** **Phosphorus** **Silicea**	**Borax** **Ferrum** **Graphites** **Mercurius** **Pulsatilla**	**Carbon sulph** **Ferrum ars.** **Kreosotum** **Nitric ac.** **Sepia**
Greenish	**Carbo veg** **Natrum sulph**	**Mercurius** **Nitric ac**	**Nat mur** **Sepia**
Profuse	**Calcarea** **Sepia**	**Graphites** **Silicea**	**Lycopodium** **Stannum**
Stringy or Ropy	**Hydrastis** **Sabina**	**Kali bichrom**	**Nitric ac**
Thick	**Arsenicum** **Kali bichrom**	**Calcarea**	**Hydrastis**
Transparent, like egg white	**Borax**	**Nat mur**	**Sepia**
Watery	**Graphites**	**Nitric ac.**	**Pulsatilla**
Unpleasant smelling	**Kali ars** **Nux**	**Kali phos.** **Psorinum**	**Nitric ac** **Sepia**
Yellowish	**Arsenicum** **Hydrastis** **Sulphur**	**Calcarea** **Kreosotum**	**Chamomilla** **Sepia**
Discharge more marked before periods	**Bovista** **Kreosotum**	**Calcarea** **Sepia**	**Graphites**

VOICE

Hoarse voice	**Aconite** **Arum** **Bryonia** **Carbo veg.** **Drosera** **Kali bichrom** **Mercurius** **Selenium** **Stramonium**	**Alium** **Belladonna** **Calcarea** **Causticum** **Hepar sulph** **Lachesis** **Nat mur** **Spongia**	**Argentum nit** **Bromium** **Capsicum** **Chamomilla** **Iodum** **Manganum** **Phosphorus** **Stannum**
Losing voice	**Alum** **Argentum nit** **Causticum** **Stramonium**	**Antimonium** **Bromium** **Lachesis**	**Argentum** **Carbo veg** **Phosphorus**
Nasal Sounding Voice	**Kali bichrom**		

Weak voice	**Antimonium tart** **Stannum**	**Cantharis** **Veratrum**	**Hepar sulph**
Singing makes worse	**Phosphorus**	**Spongia**	**Stannum**
Talking makes worse	**Cannabis ind.** **Magnesia mur** **Spongia** **Sulphur**	**Cocculus** **Nat mur** **Stannum**	**Magnesia carb.** **Phosphorus** **Silicea**

VOMIT

Vomiting is main symptom	**Aconite** **Antimonium tart.** **Arsenicum** **Chamomilla** **Cuprum** **Iris** **Nux** **Pulsatilla** **Tabacum**	**Aethusa** **Apis** **Bryonia** **China** **Ferrum** **Kreosotum** **Phosphorus** **Silicea** **Veratrum**	**Antimonium** **Argentum nit** **Cadmium** **Colchicum** **Ipecac** **Lobelia** **Plumbum** **Sulphur** **Veratrum vir**
Vomiting brought on by coughing	**Alumina** **Drosera** **Kali carb**	**Antimonium tart** **Hepar sulph**	**Bryonia** **Ipecac**
Vomit mainly bile	**Arsenicum** **Chelidonium** **Mercurius** **Nux** **Pulsatilla** **Veratrum**	**Bryonia** **Eupatorium** **Mercurius corr** **Opium** **Sanguinaria** **Colchicum**	**Chamomilla** **Ipecac** **Natrum sulph** **Phosphorus** **Sepia**
Vomit contains undigested food	**Arsenicum** **Eupatorium** **Kreosotum** **Phosphorus** **Veratrum**	**Bryonia** **Ferrum** **Lycopodium** **Pulsatilla**	**China** **Ignatia** **Nux** **Sanguinara**
Mucus in Vomit	**Argentum nit** **Nux** **Veratrum**	**Drosera** **Phosphorus**	**Kali bichrom** **Pulsatilla**
Vomit tastes sour	**Calcarea** **Iris** **Natrum phos** **Phosphorus** **Sulphur** **Veratrum**	**Causticum** **Lycopodium** **Nat sulph** **Psorinum** **Sulphuric ac**	**China** **Magnesia carb** **Nux** **Pulsatilla** **Tabacum**
Watery vomit	**Arsenicum** **Veratrum**	**Bryonia**	**Causticum**
Vomiting with diarrhea	**Veratrum alb.**		

Persistent vomiting	**Ipecacuanha**
Right after eating	**Ferrum phos.**

WARMTH & HEAT

Warmth makes worse	**Alumina**	**Apis**	**Arsenicum iod.**
	Glonoinum	**Iodum**	**Kali sulph**
	Lachesis	**Ledum**	**Mercurius**
	Pulsatilla	**Secale**	
Warm rooms make worse	**Apis**	**Calcarea sulph**	**Carbon sulph**
	Crocus	**Graphites**	**Iodum**
	Kali iod	**Kali Sulph**	**Lycopodium**
	Pulsatilla	**Sabina**	**Secale**
	Senega	**Sulphur**	
Warmth of bed improves	**Arsenicum**	**Bryonia**	**Hepar sulph**
	Kali carb	**Lycopodium**	**Nux**
	Nux mosch	**Rhus tox**	**Silicea**
	Tuberculin		
Warmth of bed makes worse	**Apis**	**Chamomilla**	**Drosera**
	Ledum	**Mercurius**	**Opium**
	Pulsatilla	**Sabina**	**Secale**
	Sulphur		
Warm applications make worse	**Apis**	**Iodum**	**Kali sulph**
	Ledum	**Lycopodium**	**Pulsatilla**
	Secale	**Sulphur**	
Radiant heat improves	**Arsenicum**	**Hepar sulph**	**Ignatia**
	Kali carb	**Magnesia phos**	**Nux**
	Rhododendron	**Rhus tox**	**Silicea**
Radiant heat makes worse	**Antimonium**	**Apis**	**Argentum nit**
	Bryonia	**Cocculus**	**Glonoinum**
	Iodum	**Kali iod**	**Ledum**
	Nat mur	**Pulsatilla**	**Secale**
Becoming overheated improves	**Aurum**	**Phosphoric ac**	**Sepia**
Becoming Overheated makes worse	**Antinonium**	**Bromium**	**Bryonia**
	Colchicum	**Graphites**	**Kali sulph**
	Lycopodium	**Pulsatilla**	**Thuja**
Stuffy rooms makes worse	**Apis**	**Argentum nit**	**Bryonia**
	Bromium	**Lachesis**	**Lilium**
	Lycopodium	**Magnesiua carb**	**Nat mur**
	Pulsatilla	**Sepia**	**Sulphur**

WARTS

Warts on nails, eyelids, face, nose	**Causticum**
Warts in general	**Thuja**

WASHING, GETTING WET (see also cold; warmth and heat)

Symptoms alleviated by washing or bathing	**Aurum**	**Fluoric ac**	**Pulsatilla**
Symptoms Aggravated by washing or bathing	**Aesculus** **Calcarea** **Dulcamara** **Nux** **Sepia**	**Allium** **Causticum** **Graphites** **Petroleum** **Silicea**	**Ammonium carb** **Colchicum** **Mezereum** **Phytolacca** **Sulphur**
Cold Baths alleviate	**Aloe** **Fluoric ac**	**Apis** **Nat mur**	**Argentum nit** **Pulsatilla**
Cold baths make worse	**Antimonium** **Magnesia phos**	**Baryta** **Rhus tox**	**China**
Wet applications makes worse	**Ammonium carb** **Chamomilla** **Sulphur**	**Antimonium** **Clematis**	**Calcarea** **Rhus tox**
Getting wet makes worse	**Calcarea** **Rhus tox**	**Causticum** **Sepia**	**Pulsatilla**
Wet feet makes worse	**Allium** **Rhus tox**	**Dulcamara** **Sepia**	**Pulsatilla** **Silicea**

WEATHER

Changes in weather make worse	**Dulcamara** **Psorinum** **Silicea**	**Nux mosch** **Ranunculus** **Tuberculinum**	**Phosphorus** **Rhus tox**
Cold, dry weather makes worse	**Aconite** **Hepar sulph**	**Asarum** **Kali carb**	**Causticum** **Nux**
Cold, wet weather makes worse	**Ammonium** **Calcarea** **Dulcamara** **Nux mosch** **Rhus tox**	**Arsenicum** **Calcarea phos** **Medorrhinum** **Pyrogenium** **Silicea**	**Badiaga** **Colchicum** **Natrum Sulph** **Rhododendron** **Tuberculinum**
Sun makes worse	**Antinomium** **Nat mur**	**Glonoinum** **Pulsatilla**	**Natrum Carb**
Worse before Thunderstorm	**Agaricus** **Manganum** **Nat mur**	**Calcarea** **Medorrhinum** **Petroleum**	**Gelsemium** **Natrum carb** **Phosphorus**

	Pulsatilla	Rhododendron	Rhus tox
	Sepia	Sulphur	Syphilinum
Worse during Thunderstorm	Gelsemium	Natrum carb	Petroleum
	Phosphorus	Psorinium	Rhododendron
	Silicea	Syphilinum	
Wind makes worse	Chamomilla	Lycopodium	Nux
	Pulsatilla	Rhododendron	Phosphorus
Cold wind makes worse	Belladonna	Hepar sulph	Nux
	Spongia		
Windy & stormy weather makes worse	Aconite	Badiaga	Chamomilla
Both cold & hot weather makes worse	Fluoric ac		
Warm, wet weather makes worse	Carbo veg	Gelsemium	Iodum
	Kali bichrom	Lachesis	Natrum sulph
	Silicea		
Wet weather makes worse	Ammonium carb	Arsenicum	Badiaga
	Calcarea	Dulcamara	Natrum sulph
	Nux mosch	Pulsatilla	Rhododendron
	Rhus tox		
Cloudy weather makes worse	Rhus tox		
Foggy weather makes worse	Bryonia	Gelsemium	Hypericum
	Manganum	Nux mosch	Plumbum
	Rhododendron	Rhus tox	Sabina
	Silicea		
Snow makes worse	Calcarea	Conium	Lycopodium
	Phosphoric ac	Phosphorus	Pulsatilla
	Rhus tox	Sepia	Silicea
	Sulphur	China	Hepar Sulph
	Lachesis	Magnesia phos	Muriatic ac
	Nux	Nux mosch	Phosphorus
	Psorinum	Pulsatilla	Rhododendron
	Sepia		
Ailment occurs after getting wet	Dulcamara	Rhus tox	
Ailment occurs after exposure to cold, dry wind	Aconite		

YAWNING

Yawning alleviates	Guiacum		
Yawning makes worse	Cina	Ignatia	Nux

STRANGE, RARE & PECULIAR

ARNICA
- **the head is hot but the body is cold**
- **They can taste rotten eggs in the mouth**

ARSENICUM
- **face is hot, but body is chilled**
- **burning pains relieved by heat**

ACONITE
- **thinks thoughts are coming from the stomach.**
- **thinks parts of the body are thick**
- **sweating only on uncovered parts**
- **thinks what just happened was in a dream, not real**
- **face is not, red, flushed, but becomes pale when sits up.**
- **occur after exposure to cold, dry wind**

BAPTISIA
- **sensation that the body is scattered in pieces**

BELLADONNA
- **normally a pleasant child, but turns into a raging, kicking, biting monster with desire to escape**
- **can become very strong even though he might be small**
- **can break into fits of laughter even though very sick.**

CALCAREA CARBONICA
- **craving for indigestible things like chalk, lime, plaster**
- **puts out lots of energy and imagination but inept on practical level**
- **has desire or is repulsed by milk**

CHAMOMILLA
- **one cheek is red and hot; the other is pale (esp. when teething)**
- **worse lying on the painless side (usually it is better lying on the pain)**
- **in teething, child will have diarrhea which is grass green like chopped spinach and it will be hot**
- **sour and smell like spoiled eggs**
- **aversion to open air, but worse in warm bed**

DULCAMARA
- **ailments occur after getting wet**

HELEBORUS
- **Absence of pain in conditions**

IGNATIA
- **lump sensation in throat even though there isn't one, causes to sigh and gulp**
- **headaches can often terminate with a profuse flow of urine**
- **contractory: perceives by act differently. eg. indigestion relieved by eating; sore throat better for swallowing food**
- **can be better with coffee, or worse with coffee**

LYCOPODIUM
- **bossy, irritable at home, but well behaved outside home**
- **worse with warmth and warm room, but better with warm drinks and warm food**

- one foot is cold, the other is hot. Wants one foot out of the bed.

NAT MUR

- **laughs over serious matters**
- **dry, but oily skin**
- **dreams of robbers**
- **Seaside can make better or worse**

OPIUM

- **Absence of pain in conditions**

PHOSPHORUS

- A very cold person but his stomach is better for cold drinks. When sick, he craves cold water which is vomited as soon as it is warmed in the stomach.
- craves salt/spice, but is worse for it.
- worse with cold air, but better with cold food.
- chest, throat and neck symptoms are worse with cold air BUT their head and face symptoms are better with cold air.
- sensation as if anus remains open
- difficulty hearing human voice
- small wounds bleed a lot
- painless laryngitis

PULSATILLA and LEDUM

- **better with feet in ice water**

RHUS TOX

- ailments occur after getting wet

SEPIA

- **better with warmth, but also cold drinks**

STRAMONIUM

- Absence of pain in conditions

SULPHUR

- warm, yet sensitive to drafts of air
- burns at both ends
- either rotund, jolly looking or just the opposite: lean and lanky

TARENTULA

- rolling from side to side
- Erratic behaviour violent one minute, laughing and apologizing the next minute

VERATRUM ALBUM

- they are chilly but thirsty for cold drinks

When patient refers to himself as MY instead of I, use Puls. eg. My headache is awful in the house, It drives me out of bed... When they use "I" as in I just can't stand it, or I can't move my leg - it comes under General and not Peculiar.

AFFINITIES:

Head & Circulation	**Belladonna**
Liver & digestion	**Lycopodium**
Nervous System	**Chamomilla**