POISON IVY POISON OAK POISON SUMAC

There is an oily resin called urushiol in the leaves, stems and roots of poison ivy, oak and sumac. This can and usually does cause an allergic rash, symptoms:
redness, itching, swelling, blisters, may have difficulty brething if you inhale the smoke from burning the plant.
Try not to scratch which can lead to infections.
Calamine lotion is an old remedy that helps dry up that weepy fluid from the skin lesions.

Poison Ivy: (Toxicodendron pubescens or Toxicodendron)radicans





Remedies for Poison Ivy:
First wash the area gently with soap and water.
You can use Rhus tox homeopathically or make your own

Poison Oak: (Rhus Toxicodendron)



First wash the area with cool soap and water, gently
Homeopathic RhusTox (toxicodendron)

Poison Sumac Toxicodendron vernix

First wash the area with warm soap and water, gently
You can often use Rhus Tox for this also. Or make your own (see below)



Other homeopathic remedies for these poisonous reactions:

Anacardium orientale– For swelling and rashes that itch intensely and burn when scratched. Scratching worsens the itching by causing the eruptions to become red and inflamed, but rubbing brings some relief. The symptoms are usually worse on the left side and at night. Warm applications and a warm bed aggravate the itching, but interestingly, the person usually welcomes a warm drink.

Croton tiglium– For a rash with many blisters and much inflammation and itching, often on the scalp or the face in general, near the eyes or on the genitals, buttocks, or lower limbs. This remedy is associated with yellowish bumps that may ooze yellowish liquid and dry to form thick grayish/brownish scabs. Scratching makes it worse and leads to burning and pain. The rash may worsen at night and on the left side of the body. Light pressure alleviates the pain, but the person feels tight all over his body and may be mentally inflexible and rigid. The person is quite miserable.

Graphites – When the rash is scratched, the discharge is sticky, yellowish, and burns. The skin will have a crusty appearance, especially in the joint areas. Relief comes from rough rubbing and scratching that tears the skin. The person may feel better when wrapped up. The person generally feels chilly, thick, and dull.

Sulphur –When scratching causes the bumps to bleed, and this bleeding brings relief.

After scratching, the blisters may produce a yellowish or white discharge, and what remains of them will be crusty and dry. The person feels better in a warm bed but is averse to bathing. Facial swelling may be present. The person requiring this remedy may be irritable and restless at night.

Rhus tox– Unlike Anacardium, hot showers bring relief to the person needing this remedy. Outbreaks may be located on the face, around the eyes, on the genitals, and on the palms. Vesicles may line up along a scratch, making the skin look angry. The person is irritable with a restless mind. Resting provides no relief, but the symptoms improve with movement and with dry, warm air. Rhus tox is made from poison ivy and is most people's go-to for poison ivy relief. However, if we follow the "like cures like"

philosophy of homeopathy, other remedies seem more compelling.

Make your own homeopathic remedy:

Take a leaf (and/or stem) of the plant that you have been infected by. Careful not to touch it.
Grind it up as best you can.
Mix 1 part of the plant (eg. 1 tsp) with 9 parts pure water (eg. 9 tsp). Put into a jar of covered container and pound it 5-10 times against your leg or soft surface (so you don't break the container). This is known as 1x
Now take 1 tsp (1 part) of that formula and mix it with 9 tsp of water (9 parts). Again pound (succuss) the remedy in the bottle 5-10 times. (2x)
Now take 1 tsp of that mixture and mix it with 9 tsp water. Pound it 5-10 times. (3x)
Keep going, another 1 tsp of the last mixture, mix with 9 tsp water. Pound. This is a 4x dilution.
Do another two dilutions to make a 6x dilution.
For an adult take 10 drops of the formula into the mouth, under the tongue on an empty stomach three times a day for a week, or until the rash is gone. If a child, it will be 5 drops 3 times a day. Empty stomach means take it up to 1/2 hour before eating, but once eaten, wait an hour before consuming the remedy.