RINGWORM

What is it:

- **Tinea capitis is ringworm of the scalp.**
- **Tinea Cruris is athlete's foot, jock itch and fungus infections under nails.**
- **Tinea versicolor is skin fungus of infection of face, trunk and extremities consisting of light or fawn colored, oval, slightly scaly patches that do not tan.**
- **Children are prone to ringworm of body and scalp.**
- **There may or may not be itching. There are no serious complications. Only moderately contagious. Contact with lesions with lesions or with clothing, personal articles or locker room floors used by infected individuals does spread the fungi . If tinea infection, be careful to avoid spreading germs. If athlete's food, avoid spreading barefoot on locker room floors.**

Fungus infection resulting in rough, dry, slightly raised eruptions that occur in usually circular patches. Infected are slightly reddened. As eruption enlarges, central portion begins to heal and clear while advancing border remains slightly raised and reddened. Pus does not form and if eruption is left alone it does not become raw or scabby.

These do eventually clear up on their own.
Have pets checked for ringworm, destroy all suspect bedding.

Hydrotherapy: take cool, whole baths with 1/2 cup apple cider vinegar added to bathwater. Soak area for ½ hour 2-3 times daily.

Other:

- **Use Crest toothpaste on the infected parts 2-3 times a day until it has cleared. This has even worked on horses.**
- **Dip a penny in vinegar and tape it to the area, or dip a penny in vinegar and then rub it into the area 2-3 times a day. The combination of copper and vinegar creates an interesting compound.**
- **Mix 1 part plain bleach and 6 parts water. Take a cotton ball or piece of Kleenex, dip into the mixture and dab on the area twice a day for 15 seconds at a time. Do for a week. There will some slight burning and drying of tissue.**
- **Some have used Grapefruit seed extract successfully.**
- **Many have used Tea tree oil on the area successfully. Tea tree oil is often effectively used for fungal control**
- **Cinnamon and honey mixed together**
- **Tea Tree Oil**
- **Diluted Black Salve**
- **Garlic – rub oil directly onto skin.**
- **Monistat Cream. Can get at drug store, no prescription, called Monistat 3. a little tube of cream comes with it, very effective for any fungal skin problem.**