CALCAREA CARBONICA

BONE GROWTH

* note a Schussler salt, but is a Tissue Salt
* stimulation to periosteum and healthy bone growth
* calcium metabolism
* joint health
* management of back pain associated with strains

CALCAREA FLUORICA

STRENGTHENS WALLS OF VEINS, ARTERIES, BONES, TEETH

* cardiovascular, connective tissue, cartilage tissue, musculoskeletal
* alleviating symptoms associated with strains and sprains
* synovial tissue health
* bone, teeth and enamel formation and strength
* elasticity of blood vessels
* vein health
* health of connective tissue in the breast
* constipation
* dental infection/inflam
* hemorrhoids
* labour pains
* skin chapped, cracked, fissures, callouses, psoriasis, skin that is thickened and/or hardened
* toothaches

CALCAREA PHOSPHORICUM

RESTORES BLOOD

* cardiovascular, general wellness, immune, musculo-skeletal, nervousness
* cell wall salt, reinforcing and remineralizing salt promoting healthy cellular activity contributing to solid bones, developing growth of new tissues
* bone, teeth
* for children bone growth
* for osteoporosis
* tonifies nervous cells
* Immune health general well being
* restores quality of blood
*colic
* constipation or diarrhea
* chronic hemorrhoids
* iron deficiency
* labour pains
* leucorrhea
* abscesses
* fatigue, nerve tissue
* Menstrual,uterine weakness
* nervous exhaustion
* rheumatism, muscle problems
* sexual neurasthenia
* sugar controlling
* teething
* tonsillitis

CALCAREA SULFURICA

BLOOD PURIFIER

* mucus membranes, suppuration, skin health
* cutaneous, gastro, mucous membranes, musculoskeletal, ocular, respiratory
* for wound healing esp. suppuration, boils, abscesses, carbuncles, acne and clogged pores
* corneal and ocular health
* gastrointestinal: hepatic and stomach health & musculo-skeletal and conn-ective tissue health
* respiratory health - ENT
* helps eliminate toxins from bone
* dental infection, inflam.
* leucorrhea
* skin diseases: pimples, suppurating scabs, sores, herpetic eruptions, itchy soles of feet, yellow discharges, crusts.

FERRUM PHOSPHORICUM

BLOOD OXYGENATOR

* cardiovascular, general wellness, immune, oxygenation
*ferrum (iron) phos is found in hemoglobin of red blood corpuscles and in hematopoietic organs (spleen, bone marrow, muscles, intestine).
* plays active role in maintaining tonicity and distribution of blood over the body
* oxygenator through blood stream and purification of bloodstream
* supports cardio - arterial, vessel, red blood cells
* oxygenation of blood and body
* immune function
* cytokine balance
* Asthma, Allergies, Intolerance
* Colic during menstruation, with heat, flushing face, quickened pulse
* coryza, sinusitis
* first stage for fever
* colitis, crohn's for inflammation, increased temperatures
* cough, cold, catarrh
* diarrhea

KALIUM MURIATICUM

CLEANSES AND PURIFIES BLOOD

* found in all cells: muscles, nerves, bloodstream
* involved with formation of blood cells
* can help restore normal blood flow through arteries
* vital salt, builds fibrin
* cytokine balance
* ENT and lung health
* potassium chloride
* for sluggishness
* shuts down excess mucus
* immune, muscle cells
* constipation with white coated tongue
* sluggish liver
* coryza, sinusitis - thick white phlegm
* cough, cold, catarrh
* colitis, crohns
* fever with constipation
* hemorrhoids bleeding with clotted blood
* abscess, swelling but no pus yet
* measles,
* tonsillitis
* toothache

KALIUM PHOSPHORICUM

NERVE NUTRIENT

* potassium phosphate
* nerve cells, brain, blood, muscles
* supports mental nerve power and strengthen
* restored nerve fibers
* stress management
* healthy sleep
* asthma, intolerance, allergies
* colic
* colitis, crohn's
* diarrhea
* headache
* labour pains
* leucorrhea - scalding, blistering , yellowish, acrid discharge
* iron def.
* menses scanty, irreg., premature, profuse in nervous patients
* nervous exhaustion
* sexual neurasthenia
* sugar control
* toothache in decay of filled teeth.

KALIUM SULFURICUM

OXYGEN CARRIER

* potassium sulphate
* found in epidermis, mucous membranes, blood, spinal marrow, brain, muscles.
* Present in most cells that contain iron.
* a cellular building blood, helps build new cells
* assists as oxygen carrier
* works well with Ferrum Phos.
* skin health. esp. associated with abundant soft secretions, sticky, yellow skin or mucosal membrane discharge, or scaling and itching
* cytokine balance in skin
* scalp health, scaling in particularly
* healthy hair maintenance
* mucosal membrane health
* oxygenation of body
* ENT health
* coryza, sinusitis

MAGNESIA PHOSPHORICA

ANTI SPASMODIC

* found in blood, bones, teeth, spine, nerves and brain
* acts as principal mineral for nerves, tonic for nerves
*digestive, nervous, urogenital
* supports nerve health, nerve pain relief
* relief of cramps related to digestive and menstrual systems
* mouth sores
* de-acidifier

NATRIUM MURIATICUM

FLUID BALANCER

* for intercellular fluid, regulates passage of fluids in the body
* water distributing mineral salt
*creates and stabilizes osmotic pressure, maintains moisture throughout the body
* cardio, digestive, general wellness, immune, mucous membranes, nerves
* cardiovascular health in relation to arterial blood flow
* immune health in view of its anti-histaminic effect
* production of hydro-chloric acid in the stomach

NATRIUM PHOSPHORICUM

ACID NEUTRALIZER

*constituent of the blood, muscles, nerves, brain cells
* through presence of this salt, lactic acid is decomposed in the muscles into carbonic acid and water -distributor
*in addition to being an antacid, Nat Phos has diuretic effect
*alleviates lactic acid build up
* metabolise of lactic acid-neutralizing
* assimilates fats
* tones nervous system
* digestive, metabolic, nerves

NATRIUM SULPHURICUM

INTERCELLULAR FLUID REGULATOR

* found in intercellular fluids where it regulates excretion of superfluous water -distributor
* attracts the water rising from the metabolism of organic substances; stimulating and supporting the metabolism of excess fluids and elimination of toxins.
* important for detoxification
* acts as a 'sensor' to evaluate and help manage the fluids surrounding the various cells in the body
* regulates the density of intercellular fluids in the body
* hepatic function and healthy bile flow and supply
* elimination of intracellualr fluid in liver and pancreas
* mental/emotional health
* respiratory health
*attracts water to regulate the degree of moisture within cells
*digestive, mental/emotional, metabolic, respiratory

SILICEA

DEEP CLEANSER FOR WHOLE SYSTEM.

* found in connective tissues, bones, hair, teeth, nails, nerve cells, pancreas and heart
* cleanser and eliminator, closely associated with pus formation and fistulous openings
* cellular cleanser
* skin health, hair and nails
* absorption of indurations in connective tissue
* fistulas, abscesses, carbuncles, boils
* conditions associated with suppuration, pus
* sodium oxide
* dominant theme connective tissue, cutaneous

COMBINATION 12 SALTS

Cutaneous, digestive, immune, musculoskeletal