WRINKLES

Around corners of mouth:

1. **Cut a cucumber into 2 halves. Take ½ and peel the skin then take that peeled half and cut it into small pieces. Put in blender, grind into pulp (med. speed for 2 min). Sieve the pulp to obtain juice, then use spoon and press out remaining juice. Mix the cucumber pulp with an egg white, stirring to blend evenly. Rub that mixture on the loose skin, especially in the mouth corner area. Let is remain for 15 minutes. Wash away with clean water. Repeat 1-2 times a week.**
2. **Also use coconut oil thickly on the mouth corner every night.**

For the neck:

1. **Mix 10 ml olive oil, contents of 3 vit. E caps, and 3g of vaseline. Heat bowl over water in pot, cool and pour into clean container. Every night before sleep, use gently rub neck upwardly for 2 minutes. No need to clean before going to bed. Results in 3 months.**

Anti-aging turmeric cream:

Put 1 Tbsp Cornstarch in saucepan.
Add 1 tsp Turmeric and ½ cup water. Mix well.
Add 1 Tbsp honey. Mix.
Add 1 Tbsp Almond oil. Mix to combine until you have a creamy mixture.
Keep mixture in small glass jar.
Add a few drops Vitamin E oil.
Mix well.
Apply to clean skin of face and neck.
Massage for 2 minutes, then leave on skin for 30 minutes before washing off.
Do daily.